



The Delaware Valley

Dance Spotlight



Published by the Ballroom, Latin, & Swing Dance Center for Greater Philadelphia Area Dancers - October/November, 2014

Dancing with *The Gift of Dance Stars!*

By Vivian Beiswenger

It's not unusual for dancers to give back. Just take a look at our Special Events pages to see some of the charities that are supported by dancers.

Susanna Smith decided that 2014 was going to be a year where she would make a change. The Gift of Dance, Inc. was inspired by her grandmother, Viola Brogan, who, with her husband, Jack, was a Peabody dance champion in her day. Susanna also grew up around dance. Her mother, Roseanna Smith, owns Miss Roseanna's School of Dance in Bloomfield, NJ and is a founding member and past President of the Association of Dance Teachers of New Jersey. Susanna knew that her mother often let underprivileged children attend classes for free. This is not unusual. Many dance teachers and studios have provided free lessons to those who could not afford to pay. Despite this generosity, when it came to recitals and competitions, many students had to stand aside as their classmates took the stage. The cost of costumes, shoes and fees associated with these events prohibited participation. Imagine being one of these children.

Susanna shared her idea of creating a non-profit organization to provide scholarships to underprivileged children to purchase dance shoes, required practice clothing, and costumes/fees associated with recitals and competitions ... and the community responded with donations of money, products and services. The Gift of Dance, Inc. is now a 501(c)(3) corporation with business and individual sponsors. Check out www.thegiftofdance.org.

The Gift of Dance, Inc. has awarded its first scholarship to a student at Hochessin Dance Center in Newark, DE. A requirement for receiving a



Viola & Jack Brogan.



Susanna Smith

scholarship is that the dance teacher/studio with which it partners provides free lessons to the student. The Gift of Dance, Inc. then provides scholarships for practice clothing, shoes, costumes and fees associated with recitals and

competitions.

However, this organization needs help. It is running a fundraiser on **Friday, November 14** at the Phoenix Ballroom in Boothwyn, PA. See the flyer on page 9 for details on this event.

How can you help? First, attend this event and bring your friends. Donate goods and services for the silent auction. Volunteer to help, become a business or individual sponsor or just send a check to: The Gift of Dance, Inc., 236 E. Delaware Ave., Suite 201, Newark, DE 19711. Call 610-656-4927 or email thegiftofdanceinc@aol.com to volunteer.

In This Issue

Dancing with <i>The Gift of Dance Stars!</i>	1
American DanceWheels Foundation Fundraiser	3
Dance Meets Science in a Promenade to Health	5
Healthy Living: Beware of Deadly Health Scams	7
Dance Organizer Contact Information	11
Delaware Valley Dance Calendar	12-13
Special Events & Competitions	15, 17
Kadel's Korner: Getting CBM Straight	19
Bits & Pieces	19
Advertising Rates	23

DANCE CAMP LAS VEGAS

June 14TH - 19TH, 2015



20 YEARS

There is something for everyone!

- STUDENTS
- TEACHERS
- CERTIFICATION
- PRIVATE LESSONS

The best dance camp in the world!

call 1-800-851-2813 or visit www.Masterycamps.com

CRUISE SALES AND LAST-MINUTE DEALS!!

We have a great group of dancers on the **October 16-28 12-night NEW ENGLAND/CANADA cruise roundtrip New York on the Queen Mary 2**. I will be on the this sailing. While on the ship, I can book cruises with the best deals for my customers. The combination of booking on the ship, my group rates and cruise sales and promotions will get you the best deal in price, onboard credits and deposit. Call me today to put in your requests. All bookings can be canceled before final payment date without penalty.

I will be doing the **December 6-13 7-night Dancing with the Stars at Sea Western CARIBBEAN** cruise on HAL's ms Westerdam along with a great group of dancers. Meet DWTS celebrities and pros and see Grand Turk, San Juan, St. Thomas & Half Moon Cay. We have a gentleman looking for a cabin mate.

We still have availability and a lady looking for a cabin mate for the **December 22-January 3 CHRISTMAS/NYE Caribbean Cruise on the Queen Mary 2 roundtrip New York**. Don't spend the holidays alone! Party onboard!

TOKYO TO SINGAPORE 16-night March 18 Queen Elizabeth dance cruise is sold out, but we have one cabin available in our group and a lady looking for a cabin mate. Get on the waiting list now to have an option for this cruise. We have a really great group of dancers going! I will be on this cruise and continuing on from **SINGAPORE TO DUBAI with a 3-day land tour to see the Taj Mahal**.

Call 215.855.2711 or email info@blsdc.com ASAP to get quotes or book. Check out our new website www.blsdc.com. See our ads in this newsletter for lots more 2014/2015 cruises.



Happy Cruising & Dancing, Vivian Beiswenger

American DanceWheels Foundation Fundraiser at BLSDC's Eleventh Anniversary Dinner Dance

Almost 100 dancers gathered at Williamson's Banquet Center in Horsham, PA on August 2 to celebrate the Ballroom, Latin & Swing Dance Center's eleventh anniversary and raise money for a great cause - American DanceWheels Foundation (ADF). At the end of the evening, over \$1500 was raised and presented to ADF. Here's a photo review of a fun-filled evening of Delaware Valley dancers paying it forward and having a ball!





Dancing with the Stars: At Sea classes and competition on every Holland America Line cruise*

Glamour. Enchantment. Thrilling dancing. It's all part of the incredible entertainment on board.

On every cruise* guests will have the opportunity to:

- Participate in complimentary dance classes based on dance routines from the ABC smash hit show "Dancing with the Stars." This is a chance to learn the basics or new steps.
- Compete in the *Dancing with the Stars: At Sea* competition. Following an early elimination process, finalists will have the opportunity to take to the main stage with the ship's dance professionals. One Cruise Champion will emerge, based on the highest combined point total from our panel of three judges, as well as audience participation.
- At the end of October 2014, the Cruise Champion with the highest score from each ship will have an opportunity to perform as a finalist on the Champions Cruise in December 2014. Finalists, plus a guest, will be invited on a complimentary 7-day Champions Cruise to the Caribbean, where the 15 finalists will dance for the coveted mirror ball trophy and the title Holland America Line *Dancing with the Stars: At Sea* Grand Champion.

2014 theme cruises just announced!

In addition to classes and competition, select cruises will also feature "Dancing with the Stars" celebrities and famed dance professionals**. Guests will enjoy a chance to meet the dancers, ask questions and take photos; and see a dazzling production starring the celebrities and dance professionals, including Kym Johnson, Tristan MacManus, Sabrina Bryan and Carson Kressley.

June 14 & 21, 2014

ms Zuiderdam, 7-Day Alaska

July 26; August 2, 2014

ms Westerdam, 7-Day Alaska

November 29, 2014

ms Westerdam, 7-Day Eastern Caribbean

Champions Cruise — December 6, 2014

ms Westerdam, 7-Day Eastern Caribbean

* Please see eligible cruise dates and complete terms and conditions at hollandamerica.com/DWTSrules
 ** Professionals and celebrities are subject to change.

Join Vivian
 December 6-13
 Eastern Caribbean
DWTS at Sea!

We have a gent
 looking for a cabin
 mate on the Dec. 6
 cruise.

DANCING AROUND THE WORLD

with Vivian Beiswenger

215-855-2711 or info@blsdc.com

Ask about our group rates and amenities.



Holland America Line

A Signature of Excellence

Step by Step: Dance Meets Science in a Promenade to Health

by Renata Maslowski

People take up dancing for a myriad of reasons: social, emotional, mental and physical. Health experts have noticed that dance is a form of physical activity with great staying power. Researchers are joining in, step by step, where dance meets science in a promenade to health.



Photo: Sabine Felidae, <http://pixabay.com/en/lechner-sculpture-arts-couple-50115/>

Early evidence is uplifting for dancers and scientists alike; there are over 55 clinical studies published and at least 60 new research studies to evaluate the health benefits of dancing. The latest research focuses on the benefits for dancing for mental stability, prevention of falls and emotional health.

The people that participated in studies strongly agreed that dancing contributes positively to their emotional well-being. Dancing helps to develop positive self-esteem and body image and the accomplishments that are part of learning to dance reinforces self-confidence and is an important predictor of well-being.¹

There is relatively strong scientific evidence showing that dancing can significantly improve the aerobic capacity, muscle endurance, strength and flexibility of the lower body; static and dynamic balance/agility; and gait speed of older adults.² These researchers concluded that, if the accessibility of such dance classes for older adults were to increase, many older adults would dance more. The variety of dance styles available and the perception to older adults that dancing may be less intimidating than other exercise modes can be an important promoter of successful aging and socializing.

~ "If you're happy and you know, stomp your feet." ~
Pinkie Patti, 85-year old with Alzheimer's disease

One ambitious study on the benefits of dancing is underway at Sydney University in Australia, by

researcher Dafna Merom, who is determining whether participation in social dancing at least twice per week reduces the number of falls and improves cognitive functions associated with fall risk in older people.³ The results could have a great impact on health advice for people who are at high risk for falls. At least 25% adults over 65 years of age fall annually, significantly affecting healthcare cost and having negative consequences on overall well-being in the elderly. According to Dr. Merom, "We know from pilot studies that, first of all, when we compare older people that dance, their gait and speed is far better than in another person, even if he exercises at the same age."⁴

Evidence continues to mount, step by step, as dance meets science in a promenade to health. Dancing twice a week could soon replace apples as a prescription for good health that keeps the doctors away.

References:

¹ Shall we dance? An exploration of the perceived benefits of dancing on well-being <http://www.tandfonline.com/doi/abs/10.1080/17533010903488582#.UNqj4BdUis>

² Physical benefits of dancing for healthy older adults: a review <http://www.ncbi.nlm.nih.gov/pubmed/19940326>

³ Can social dancing prevent falls in older adults? A protocol of the Dance, Aging, Cognition, Economics (DAnCE) fall prevention randomized controlled trial <http://www.biomedcentral.com/1471-2458/13/477>

⁴ Dancing could help the elderly keep their feet (Video) <http://www.abc.net.au/7.30/content/2012/s3402235.htm>

About Renata J. Maslowski: Renata dances with Starliters Dance Studio. She is a News Journal blogger who writes on topics of local entertainment, health and wellness. The author gratefully acknowledges Brian L. Wells, Jack Pollock, Diane J. Weinberg and Vivian Beiswenger for editorial review.

Brian L. Wells and Starliters Dance Studio, Inc.

Presents

**1st Fabulous Fall Festival
Showcase & Dinner Dance**



DUPONT COUNTRY CLUB

(Map finder address: 1001 Rockland Road, Wilmington, DE 19803)

New Date!

Saturday November 15, 2014

New Date!

\$65/ Person Includes:

*Cocktail Hour with General Dancing (Cash Bar)

*Sit down dinner chicken entrée

Vegetarian dish Pasta Primavera available upon request

Any special food needs, please contact Brian directly by email

***Fabulous Showcase with over 3 HOURS of General Dancing**

Event times are as follows:

4:30 – 5:30 pm/ Cocktail Hour and General Dancing to DJ

5:30 – 7:30 pm/ Showcase Presentation and General Dancing to DJ

7:30 – 8:30 pm/ Elegant Sit-down Dinner

8:30 – 11:00 pm/ General Dancing to Fabulous Music from our DJ

DEADLINE FOR RESERVATIONS IS SATURDAY November 1, 2014!!!!

For reservations simply fill in form below,
make checks out to "Starliters" and mail to Brian at address below.

Please make check out to "STARLITERS" and mail with form to:

Brian Wells
3125 Wilmont Drive
Wilmington, DE 19810

NAME _____ DATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Email address (if not already on list) _____

Phone number () - _____

Seating Request _____

Amount Enclosed _____

Healthy Living: Beware of Deadly Health Scams, Stay away from Drugs

By Dr. Veronica Collings, D.C.

Awake
Open your eyes.
Clear your brain.
Reason clearly!
An enemy is at your door.
He has already entered nearly every home!
Is he in your home?
Are you struggling for life as he slowly “strangles” you in his “grip of poison”?
Are your sons, your daughters, your father
Or your mother fighting this fearful enemy?
If you love life, if the lives of your loved ones
Are of any value, begin at once to free yourself
And your hoe from this horrible enemy.

DRUGS

Bernarr Macfadden and Felix Oswald, M.D from the introduction to their book about natural healing practices written in 1900!

What prompted this topic was the plethora of drug recommendation reversals that, although affecting millions, received little to no media coverage. So much of the research that the day-to-day practice of medicine is based on turns out to be false, incorrect and misleading. So much research suffers from bias or prejudice due to financial conflicts of interest. Researchers, who are often in the employ of drug companies, tend to ignore non-medical, natural approaches and never study them.

Recently, the FDA recanted the claims made by Bayer (which did the original research), more than 20 years ago, that an aspirin a day prevents heart attacks. It has withdrawn the recommendation to take a low dose aspirin daily. Of course, if you are taking the study done by the company



that most benefits from the results as fact, then what do you expect? Forty million Americans have been taking daily aspirin, which has a bunch of “side effects” for no good reason – unless you consider the \$1.7 billion in yearly Bayer profits from this one product alone to be a good reason. I’m sure Bayer thinks so.

Unfortunately, in the last 35 years, most of the research has been done by the same pharmaceutical companies that benefit from the outcome. Know who you are listening to is my best advice.

CDC whistleblower, William Thompson, PhD, revealed that the 2001 report released by the CDC exonerating vaccines as causative in autism was fraudulent. Statistics that demonstrated that as much as a 334% correlation of the MMR vaccine and autism, with the highest group affected being black males, was kept out of the report intentionally, according to Thompson. He signed off on the report, knowing it was fraud. When you think that, today, 1 in 52 children (as opposed to 1 in 20,000, when I was in school) is affected by this horrible condition, this revelation is nothing short of criminal. You can

get the full story on AMC’s documentary video entitled “CDC Whistleblower revealed” on YouTube.

Beta blockers, used in non- cardiac patients prior to surgery, have caused an estimated greater than 800,000 deaths in Europe and the research by Dr. Poldermans that established the guidelines was reported by Forbes, that “the full extent of the misconduct is almost impossible to ascertain, although it appears to be extensive.”

Vioxx is another example of what can happen when a drug is manufactured and marketed under false pretenses. It killed more than 60,000 people in just a few years’ time before it was removed from the market. The list goes on.

I know this article sounds alarmist, but the alarm is exactly what I want to sound. Please don’t ignore the warnings of over 100 years ago. Educate yourself before you accept drugs blindly. I highly recommend Dr. Mendelsohn’s book, *Confessions of a Medical Heretic*. In it, he teaches you how to protect yourself from the profiteering of a medical industrial complex out of control. If you have children, his book, *How to Raise a Healthy Child in Spite of Your Doctor*, is the best guide to child rearing that I know. Drugs are not the answer. Americans spend more money on drugs than the next ten leading countries combined and we are sicker than all of them and the following 35. Learn about natural health alternatives.

Editor’s Note: The opinions expressed here are Dr. Collings’ and not those of the Dance Spotlight. All readers are encouraged to do their own research.

NEW YEAR'S EVE DINNER DANCE

with Vivian Beiswenger and the

BALLROOM, LATIN AND SWING DANCE CENTER

WHEN:

Wednesday

December 31, 2014

8:30 PM - 12:30 AM

Fabulous Gourmet Dinner

From \$80 Per Person

by December 1

add \$10 pp after December 1

\$40 Without Dinner

Champagne Toast

Favors

Cash Bar

Dress: Cocktail Formal

or Black Tie



WHERE:

Williamson's

Banquet & Event Center

500 Blair Mill Road

Horsham, PA 19044

(at the intersection of

Route 611 and

Blair Mill Road)

Singles Tables

Male and Female Silver

Level+ Dance Hosts

Beginners: ask about

our NYE Quickstart

Dance Lessons

Dance to a great selection of music by Larry Silverman

Attendance limited to allow plenty of room to dance on our large floor!

Name(s):

Phone(s):

Address:

Email Address:

Seat with: _____ or with Singles ____ or Couples ____

Entrée: ____ # Filet Mignon \$95 per person ____ # Chicken Maryland \$80 per person

____ # Baked Flounder \$90 per person ____ # Vegetarian Pasta \$80 per person

Add \$10 per person to above prices after December 1

Total # of Dinners _____ W/O Dinner \$40 per person _____ Total \$ _____

Send check payable to "BLSDC Special Projects" and send to BLSDC, c/o Vivian Beiswenger, 255 Hawthorne Circle, North Wales, PA 19454

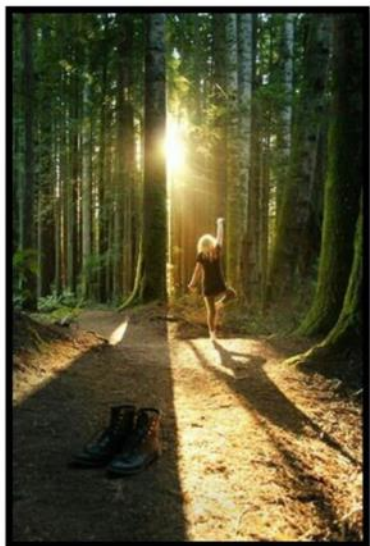
Credit Card Payment: Card Type: ____ CC Number: _____

Expiration Date: _____ Security Code: _____ Name on Card: _____

Billing address: _____ Phone Number: _____

Call 215.855.2711 or email info@blsdc.com or visit www.blsdc.com

Dancing with The Gift of Dance Stars!



The Phoenix Ballroom
1661 Mill Road, Boothwyn, PA 19061

Friday, November 14, 2014
6:30 pm – 10:30 pm

***Tickets are \$50.00 per person
and include:***

Hors D'oeuvres	Door Prizes	Dinner
General Dancing	Donation Raffle	
50 / 50 Raffle	Show	Logo Items for Sale

Dancing with Stars Event
(vote for your favorite dance couple!)

For more information contact **Susanna Smith** at **610-656-4927** or
visit our website at: **thegiftofdance.org**

(advanced sales only, seating is limited)

All proceeds will benefit The Gift of Dance, Inc. a 501(c)(3) corporation



Don't miss our
**HALLOWEEN
PARTY**

**FRIDAY OCTOBER 31
8:30-11:00pm**



HALLOWEEN TREATS & LOTS OF DANCING
COSTUMES ARE OPTIONAL. \$15 COVER

Main Line Ballroom www.TheMainLineBallroom.com
49E. Lancaster ave. Ardmore, PA 19003 Tel: 610.909.7718



MAIN LINE BALLROOM
—DANCE STUDIO—



New Classes

All Levels

Different Dance Styles

Special Events and Workshops

Social Dance Parties

Party starts with 7:30pm group lesson. General dancing 8:30-11pm

Sat. October 11th - WALTZ Lesson with Jean Paul & Lana Rossi

Sat. October 18th - CHACHA Lesson with Sandra Dee

Sat. October 25th - HUSTLE Lesson with Donna Boyle

Fri. October 31st - HALLOWEEN PARTY @ 8:30pm, no lesson

Sat. November 1st - FOXTROT Lesson with Mary Lynn Penier

Sat. November 8th - TANGO Lesson with John Larson

Sat. November 15th - NIGHT CLUB 2 STEP Lesson with Sandra Dee

Sat. November 22nd - WEST COAST SWING Lesson with Donna Boyle

Join us for Dance Parties & Ballroom Mix Music. All levels are welcome. Light refreshments. Cover: \$15 (Lesson+Party)

for class schedule and more info please visit our website www.TheMainLineBallroom.com
49 E. Lancaster Ave. Ardmore, PA 19003 2nd floor Tel: 610-909-7718 mainlineballroom@gmail.com

Delaware Valley Dance Organizer Contact Information

Adelphia Nightclub, Deptford, NJ, 856.686.0700
 American Ballroom Company, Ewing, NJ,
 mark@americanballroomco.com, 609.931.0409
 Atrium Dance Studio, Pennsauken, NJ,
 barbara@atriumdance.com, 856.661.9166
 Ballroom, Latin & Swing Dance Center, Lansdale, PA,
 www.blstdc.com, 215.855.2711
 Ballroom Dance Venue, 610.967.4897
 Bella Rosa Ballroom, Broomall, PA,
 bellarosaballroom@comcast.net, 215.258.5587
 Bill Sapp, billsappiphone@gmail.com, 302.897.5228
 BlueBallRoom, Wilmington, DE, ken@blueballroom.net,
 302.290.2583
 Brasil's, Philadelphia, PA, 215.413.1700
 Brian Gallagher, g11brian@aol.com, 215.292.3340
 Carousel Ballroom, West Chester, PA,
 dance@carouselballroom.com, 610.701.0600
 Central Jersey Dance Society, Princeton, NJ,
 www.centraljerseydance.org, 609.945.1883
 Coastline Bar & Grill, Cherry Hill, NJ, 856.795.1773
 Damian Lobato & Sarah Chung, Marlton, NJ, 503.729.2362
 Dance Haddonfield, Haddonfield, NJ,
 www.dancehaddonfield.org, 856.429.9154
 Dance Time of NJ, Marlton, NJ,
 info@dancetimeofnewjersey.com, 856.574.4018
 Dancers Unlimited, Broomall, PA, 610.352.1996
 Dances by Diane, Westville, NJ, info@dancesbydiane.com,
 856.456.3900
 DanceSport Academy, Ardmore, PA, 610.642.2525
 Delaware Valley Swing Club, Collingswood, NJ,
 delvalswing@yahoo.com, 856.858.6753
 Donna Boyle, Plymouth Meeting, PA,
 donnaboyledisco@aol.com, 215.740.3472
 DuPont Country Club, Wilmington, DE, annrave@verizon.net,
 302.421.1747
 Estilo Dance Studio, Philadelphia, PA,
 info@estilodancestudio.com, 215.336.0170
 Flaco's Dance Factory, Chestnut Hill, PA,
 maestroflaco@gmail.com, 267.972.3672
 Guys & Dolls Ballroom Dance Club, Lansdale, PA,
 guysandolls@comcast.net, 215.666.2535
 Jersey Dance, Princeton Junction, NJ,
 go.dancing@jerseydance.com
 Juan Carlos & Teresa Figueroa, Marlton, NJ,
 pilofl@aol.com, 302.475.5446
 Kimberton Dance Society, Kimberton, PA,
 kimberton.dance.society@gmail.com, 610.935.2721
 La Luna Dance Studio, Bensalem, PA,
 info@lalunadancestudio.com, 215.638.0418
 Lesley Mitchell & Kelly Ray, Philadelphia, PA,
 lesleymitchell2x4@gmail.com, 215.574.9555
 Lindy and Blues, Philadelphia, PA, lab@lindyandblues.com
 Lucha Cartel Bar & Restaurant, Philadelphia, PA,
 267.761.9209
 Lynne Stevens, lasdance13@comcast.net
 Main Line Ballroom, Ardmore, PA,
 mainlineballroom@gmail.com, 610-909-7718
 Mambodelphia Ent., Phila., PA, info@mambodelphia.com,
 609.330.6804
 Medalist DC, Bellmawr, NJ, sgrussenmeyer@gmail.com

Michael's Café, Bensalem, PA, 215.633.7171
 Milonga La Pausa, Philadelphia, PA,
 laparisienne23@yahoo.com
 Monday Blues Jazz Orchestra, info@mondaybluesjazz.com,
 609.910.3434
 Mostly Waltz, Broomall, PA, info@mostlywaltz.com,
 215.643.4397
 Peppermint Dance Club, various locations,
 bettykrout@verizon.net, 610.558.4556
 Philadelphia Argentine Tango School, Philadelphia, PA,
 meredithklein@gmail.com, 617.291.3798
 Philadelphia Swing Dance Society, Philadelphia, PA,
 215.629.2344, 610.676.0123
 Princeton Tango, Princeton, NJ, tango@princeton.edu
 Reef Restaurant & Lounge, Philadelphia, PA, 215.629.0102
 Rob Baen & Sheila Purkey, robandsheiladance@yahoo.com,
 609.519.0793
 Rumbero Entertainment, Philadelphia, PA,
 info@rumberoentertainment.com
 Salsa in the Suburbs, Media, PA,
 info@salsainthesuburbs.com, 610.800.8182
 Sangha Space, Media, PA, info@sanghaspace.com,
 610.864.2323
 Society Hill Dance Academy, Philadelphia, PA,
 info@societyhilldance.com, 215.574.3574
 Sparklage Productions, Ardmore, PA, sparklage@gmail.com,
 610.662.0404
 Stardust Ballroom, Bellmawr, NJ, stardustbellmawr.com,
 856.931.4000
 Starlites Dance Studio, Inc., www.starlitesdance.com,
 various DE locations, 302.798.6330
 Star Seguinot, various PA locations,
 star@salsavenuestudio.com, 215.920.4511
 Sweeneys, Bala Cynwyd, PA, 610.896.5221
 Swing Kat Entertainment, Pottstown, PA, faryl@swingkat.com,
 610.348.6727
 Swingalongs, Doylestown, PA, 215.675.3914 or 215.858.2922
 Take the Lead Dance Studio, Hockessin, DE, 302.234.0909
 Tango Café, Philadelphia, PA, davidwalterp@verizon.net,
 215.629.2344
 Tango South and North, Ardmore, PA,
 tangosouthandnorth@hotmail.com, 267.320.5210
 The Studio at Take the Lead on Pine, Philadelphia, PA,
 215.471.3215
 Top Hat Dance Studio, Philadelphia, PA,
 info@tophatdancestudio.com, 215.676.3100
 Universal Ballroom Dance Center, Collingswood, NJ,
 sandrafortuna@comcast.net, 856.869.0010
 Viva Ballroom Dance Studio, info@vivadancestudio.net,
 Lawrenceville, NJ, 609.392.3930
 Viva Tango!, Princeton, NJ, princeton.vivatango@gmail.com

Calendar of Places to Dance: OCTOBER/NOVEMBER 2014

Contact information for events listed here is on the previous page.

MONDAYS

LINDY AND BLUES @ The Adrienne
8:30 PM-12 AM Blues Lesson & Dance

MAMBODELPHIA ENT. @ Encore
8:30 PM-1:30 AM Salsa Lesson & Dance

PRINCETON TANGO CLUB
10:30 PM-12:30 AM Argentine Tango Practica

ROB B. & SHEILA P. @ Haddonfield School of Dance
9:15 PM West Coast Swing Practica

TUESDAYS

ADELPHIA NIGHTCLUB
8:30 PM Hustle Dance

LESLEY MITCHELL & KELLY RAY
8:30-11:30 PM Argentine Tango Practica

LINDY AND BLUES @ Ethical Society
8 PM-12 AM Lindy/Blues Lesson & Dance

LUCHA CARTEL BAR & RESTAURANT
8 PM Salsa Lesson & Dance

PEPPERMINT DANCE CLUB @ Prospector's
7-10:30 PM Lesson & Dance

REEF RESTAURANT & LOUNGE
9 PM-2 AM Salsa Lesson & Latin Dance

ROB B. & SHEILA P. @ Sangha Space
9:30-11 PM West Coast Swing Practica

SWEENEYS
7:30-10 PM Lesson & Dance 11/25

WEDNESDAYS

AMERICAN BALLROOM COMPANY
7-9 PM Newcomers' Lesson & Practice Party

BRASIL'S w/La Luna Dance Studio
9 PM-2 AM Salsa Lesson & Dance

DANCERS UNLIMITED
7:30-11 PM Lesson & Dance

JERSEY DANCE @ Enterprise Ballroom
8-11 PM WC Swing Lesson & Dance

JUAN CARLOS & TERESA FIGUORA
8-11 PM Argentine Tango Practica

MICHAEL'S CAFE
8:30 PM-11 AM Hustle Lesson & Dance

PHILADELPHIA ARGENTINE TANGO SCHOOL
9 PM-12 AM Argentine Tango Lesson & Practica

THURSDAYS

BRASIL'S w/La Luna & Estilo Dance Studios
9 PM-2 AM Salsa Lesson & Dance 1st Thur.

DANCE TIME OF NJ
8-10 PM Dance

DONNA BOYLE @ Church on the Mall
7-11 PM Lesson & Dance 3rd Thurs.

LINDY AND BLUES @ Univ. City Arts League
8-11 PM Lindy Hop/Balboa Lessons & Dance

STAR SEGUINOT @ Club 212
8:30 PM-12:30 AM Salsa Lesson & Latin Dance

UNIVERSAL BALLROOM DANCE CENTER
7:15-9:30 PM Over-55 Dance 2nd, 4th Thurs.

VIVA TANGO
8-11:45 PM Argentine Tango Practica

FRIDAYS

AMERICAN BALLROOM COMPANY
8-10 PM Practice Party

BALLROOM DANCE VENUE @ Ballroom on High
7:30-10:30 PM Arg. Tango Lesson & Milonga 2nd Fri.

BRASIL'S w/La Luna Dance Studio
9 PM-1:30 AM Salsa Lesson & Dance

BRIAN GALLAGHER @ Rhythm DanceSport Center
8 PM-12 AM Hustle & West Coast Swing Lessons & Dance 2nd Fri.

CAROUSEL BALLROOM
8-11 PM Lesson & Dance 10/31

DONNA BOYLE @ Church on the Mall
7:30 PM 12 AM Lesson & Dance

GUYS & DOLLS BALLROOM DANCE CLUB
7:15-9:45 PM Lesson & Dance Party 10/3, 10/24, 11/7, 11/21

LA LUNA DANCE STUDIO
8:30 PM-2 AM Salsa Lesson & Dance 10/31, 11/14

LESLEY MITCHELL & KELLY RAY
8:30 PM-2 AM Arg. Tango Lessons & Milonga

LINDY AND BLUES @ Adrienne Theater
8 PM-12 AM Balboa Lesson & Dance 3rd Fri.

LYNNE STEVENS
8 PM-12 AM CA Mix Lesson & Dance 1st Fri.

MAIN LINE BALLROOM
7:30-11 PM Lessons & Dance Halloween Party 10/31 (see ad)

ROB B. & SHEILA P. @ Collingswood Cloud Masonic Lodge
8 PM WCS Lesson & Dance 4th Fri.

FRIDAYS (continued)

SOCIETY HILL DANCE ACADEMY Center City
8:30-10 PM Dance

STAR SEGUINOT
8 PM-1 AM Salsa Lesson & Dance @ Sunnybrook Ballroom 3rd Fri.
9 PM-2 AM Latin Lesson & Dance @ Other Farm Brewing Co. 4th Fri.

STARDUST BALLROOM
7:30 PM Lesson & Dance

STARLITERS DANCE STUDIO @ DuPont CC
7:30-11:00 PM Lesson & Dance 10/10, 11/7, 12/12

SWEENEYS
7:30-10 PM Lesson & Dance 10/10, 11/7

SWING KAT ENTERTAINMENT @ Ballroom on High
7:30-11 PM Lindy/Charleston Lesson & Dance 2nd Sat.
7:30-11 PM Balboa/Shag Lesson & Dance 4th Sat.

THE STUDIO AT TAKE THE LEAD ON PINE
9 PM-1 AM Salsa Lesson & Dance 2nd, 4th Fri.

UNIVERSAL BALLROOM DANCE CENTER
8-10:30 PM Dance 4th Fri.

SATURDAYS

ATRIUM DANCE STUDIO
8:30 PM-2 AM Salsa Lesson & Latin Dance

BELLA ROSA BALLROOM
8-11 PM Dance 10/18, 11/1, 12/6, 1/17

BILL SAPP @ Phoenix Ballroom
7:30-11 PM Lesson & Dance 3rd Sat.

BLUEBALLROOM
8 PM-1 AM Argentine Tango Lesson & Milonga 10/18
8-11 PM Ballroom & Swing/Hustle Dances 10/25, 11/15

BRASIL'S w/Estilo Dance Studio
9 PM-2 AM Salsa Lesson & Dance

CAROUSEL BALLROOM
8-11 PM Lesson & Dance Party 10/4, 10/18, 10/25

CENTRAL JERSEY DANCE SOCIETY
7-11:30 PM Latin Lesson & Dance 1st Sat.
7-11:30 PM Lesson & Dance 2nd Sat.
7-11:30 PM CA Mix Lesson & Dance 3rd Sat.
7-11:30 PM Swing Lesson & Dance 5th Sat.

DAMIAN LOBATO & SARAH CHUNG
8 PM-1 AM Argentine Tango Lessons & Milonga 3rd Sat.

DANCES BY DIANE
8-10:30 PM Lesson & Dance 10/4

Calendar of Places to Dance: OCTOBER/NOVEMBER, 2014

SATURDAYS (continued)	SUNDAYS	FREE ADVERTISING
<p>DELAWARE VALLEY SWING CLUB 7 PM-12:30 AM WCS Lesson & Dance 3rd Sat.</p> <p>FLACO'S DANCE FACTORY @ St. Paul's Episcopal Church 8 PM-12 AM Salsa Lesson & Dance 10/11</p> <p>MAIN LINE BALLROOM 7:30-11 PM Lessons & Dance 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22 (see ad)</p> <p>MILONGA LA PAUSA 9 PM-1 AM Milonga 1st Sat.</p> <p>PEPPERMINT DANCE CLUB @ Ch. on the Mall 7:15 PM-12 AM Lessons & Dance</p> <p>PHILA. ARGENTINE TANGO SCHOOL 9 PM-2 AM Milonga 4th Sat.</p> <p>PHILA. SWING DANCE SOCIETY 7 PM-12 AM Swing Lessons & Dance 10/11, 10/25, 11/8, 11/22, 12/13, 1/3</p> <p>ROB B. & SHEILA P. @ Sangha Space 8 PM-12 AM CA Mix Lesson & Dance 4th Sat.</p> <p>SALSA IN THE SUBURBS 8 PM-12 AM Salsa Lesson & Dance 11/1, 11/22, 12/20, 1/24</p> <p>SANGHA SPACE 9 PM-4 AM Argentine Tango Lesson & Milonga 2nd Sat.</p> <p>SPARKLAGE PRODUCTIONS 7 PM-1 AM Hustle & WCS Lessons & Dance 2nd Sat. @ North Penn Elks</p> <p>STARLITERS @ Take the Lead DS 8-11:30 PM Lesson & Dance 10/18, 11/29, 12/20</p> <p>SWINGALONGS DANCE CLUB 7:30-10:30 PM Couples' Dance 2nd Sat.</p> <p>SWING KAT ENTERTAINMENT 8-11:30 PM Swing Lesson & Dance @ Ballroom on High Exc. 12/6 8-11:30 PM Swing Lesson & Dance @ North End Fire Co. 12/6</p> <p>TAKE THE LEAD DANCE STUDIO 7:30-11 PM Lesson & Dance</p> <p>TOP HAT DANCE STUDIO 8 PM Lesson & CA Mix Dance 4th Sat.</p> <p>UNIVERSAL BALLROOM DANCE CENTER 8-10:30 PM Dance 2nd Sat.</p>	<p>ATRIUM DANCE STUDIO 12-3 Milonga 1st Sun. 3-7 PM Lesson & Dance</p> <p>BRIAN GALLAGHER @ Michael's Café 6-9 PM Lesson & Dance</p> <p>COASTLINE w/Atrium Dance Studio 8 PM-2 AM Salsa Lesson & Dance</p> <p>DANCE HADDONFIELD 6-10:30 PM Lessons & Dance (see ad)</p> <p>DANCES BY DIANE 3-5:30 PM Dance 10/19</p> <p>GUYS & DOLLS BALLROOM DANCE CLUB 2:15-5 PM Lesson & Dance 10/5, 10/26, 11/9, 11/23</p> <p>LESLEY MITCHELL & KELLY RAY 9-11:30 PM Milonga 3rd Sun.</p> <p>LINDY AND BLUES 12-2 PM Swing Dance (outdoor) 8-11 PM Swing Dance w/Band 3rd Sun.</p> <p>MEDALIST DC @ Stardust Ballroom 2:30-5:30 PM Lesson & Dance 1st, 3rd Sun.</p> <p>MONDAY BLUES JAZZ ORCHESTRA @ Cannstatter Volksfest-Verein 3-7 PM Dance w/Big Band 10/5, 11/19, 12/14 @ German-Amer. Soc. of Trenton 3-7 PM Dance w/Big Band 10/19, 11/30</p> <p>MOSTLY WALTZ 2:30-6 PM Waltz Lesson & Dance 10/26, 11/30, 12/28</p> <p>ROB B. & SHEILA P. @ Sangha Space 5:30-9:30 PM WCS Lesson & Dance 1st Sun.</p> <p>STARDUST BALLROOM 7-10:30 PM Over-55 Dance w/Band</p> <p>TANGO CAFÉ @ Society Hill Dance Acad. 3:30-7 PM Milonga 4th Sun.</p> <p>TANGO SOUTH AND NORTH 4-9 PM Argentine Tango Lesson & Milonga 1st Sun.</p>	<p>FREE ADVERTISING If you run a dance that is open to the public, email your event information to dancespotlight@blsdc.com or send it to Vivian Beiswenger, <i>The Delaware Valley Dance Spotlight</i> Editor, 255 Hawthorne Circle, North Wales, PA 19454 or call 215.855.2711. We reserve the right to limit inclusion due to space and time constraints. Preference will be given to advertisers and submissions received before the deadline.</p> <p>Our next deadline for ads, news and calendar and special events will be November 15 for the December/January issue.</p> <p>Did you know that most of the <i>Dance Spotlight</i> advertisers, advertise year round and have been doing so for years? It must be working for them. Reach over 3100 PA, NJ, and DE dance households for pennies each.</p> <p>See advertising rates on page 23.</p>

DANCING AROUND THE WORLD

with Vivian Beiswenger and **CUNARD**® 



EUROPE & BLACKPOOL 2015

QUEEN MARY 2® Transatlantic Crossings to/from the **90th Blackpool Dance Festival** (5/21/15-5/29/15)
NYC to Southampton 5/10/15-5/17/15 and/or
Southampton to NYC 5/27/15-6/3/15

5/17/15 10-day **British Isles** w/overnight in Liverpool for Cunard 175th Anniversary Celebration & Blackpool

MEDITERRANEAN MIX AND MATCH

QUEEN VICTORIA®

Combine 7-, 14-, 16-Day Cruises to Spain, Italy, France, Greece and the Black Sea (May-Nov. 2015/16)

ROUND TRIP NEW YORK CRUISES

QUEEN MARY 2®

12-Day Caribbean Holiday Fiesta 12/22/15

7- or 14-day Canada/New England 9/27/15

(Double overnight in Quebec)

NORTHERN EUROPE

QUEEN ELIZABETH®

Baltics 14-days 6/30/15 or 8/9/15

Iceland 12-day 7/14/15

SNOWBIRDS - SKIP THE WINTER 2015 or 2016

Full or Partial World Cruises on the Three Queens

Up to 121 days. January-April 2015 or 2016 include:

16-day **Yokohama (Tokyo) to Singapore** 3/18/15

10-day **Singapore to Dubai** 4/3/15

25-day **Cape Town to Sydney** 1/27/16

10-day **Hong Kong to Yokohama** 3/10/16

10-day **Yokohama to Hong Kong** 3/20/16

18-day **Cape Town to Southampton** 4/22/16

13-day **Australia/New Zealand** 3/12/15

South Pacific **QUEEN VICTORIA**®

19-Day San Francisco to Sydney 2/19/15

48-day roundtrip Los Angeles 2/17/15

South America **QUEEN MARY 2**®

15-day Rio de Janeiro to Valparaiso 2/2/16

PANAMA CANAL (book early; some options wait-listed)

QUEEN ELIZABETH® 1/18/15 18-day (or 15-day)

New York (or Fort Lauderdale) to Los Angeles (or San Francisco)

QUEEN VICTORIA® 2/2/15 15-day (or 17-day) Fort

Lauderdale to LA (or San Francisco) or 4/6/15 15-day (or 19-day)

LA to Fort Lauderdale (or New York) or 1/22/16 16-day Fort Lauderdale to San Francisco

Luxury cruises for adults who enjoy dancing and dressing up. Real ballroom music, dance teachers and dance hosts on EVERY cruise. Largest dance floors at sea. Not all cruises are escorted. We will help you find a cabin mate. Visit www.cunard.com for a complete list of voyages, but call us for our group rates and special offers.

CONTACT INFORMATION: Vivian Beiswenger 215.855.2711 or (toll free US and Canada) 844.921.2144, info@blsdc.com, www.blsdc.com. Join our mailing list for updates at www.blsdc.com.

© 2014 Cunard Lines. Ships' Registry: Bermuda

SPECIAL EVENTS & UPCOMING COMPETITIONS

Oct. 3-5, Fri.-Sun. - USA Bachata Kizomba Festival, Hotel ML & CoCo Key Water Resort, Mount Laurel, NJ, www.usabachatakizomba.com

Oct. 10-12, Fri.-Sun. - Constitution State Challenge Dancesport Championships, Marriott, Stamford, CT, www.cscdancesport.com, 860.529.5222

Oct. 11, Sat. - That's Entertainment Dancesport Academy Show, Bryn Mawr Auditorium, Bryn Mawr, PA, 610.642.2525

Oct. 11, Sat. - Fantasy Ball Dancesport Competition, Doubletree Hilton, Virginia Beach, VA, fantasyballdancesport.com

Oct. 16-28 - BLSDC New England/Canada Autumn Colors Cruise w/Vivian Beiswenger on the Queen Mary 2, roundtrip New York, www.blsrc.com, 215.855.2711 (see ad)

Oct. 17-19, Fri.-Sun. - Blues Muse Workshops & Dance, Philadelphia, PA, www.lindyandblues.com

Oct. 17-19, Fri.-Sun. - Swustlicious, Hilton Garden Inn Valley Forge, PA, www.sparklage.com

Oct. 18, Sat. - Princeton Ballroom Competition, Dillon Gym, Princeton University, Princeton, NJ, www.princeton.edu/~pbdc/competition.html

Oct. 19, Sun. - NJ DanceSport Classic Fall Frolic, Rogers DanceSport Center, Hackensack, NJ, www.njdancesportclassis.com, 973.449.7654

Oct. 20-Nov. 1, Thur. - North American Imperial Star Dancesport Championships, Sheraton Indianapolis at Keystone Crossing, Indianapolis, IN, www.northamericandancesport.com, 615.712.6419

Oct. 23-26, Thur.-Sun. - New Jersey State Open Championships, Bally's Resort & Casino, Atlantic City, NJ, www.njstateopen.com, 856.334.5950

Oct. 26, Sun. - Breast Cancer Benefit CA Mix Dance, Norristown, PA, brendapetaccio@yahoo.com

Oct. 31-Nov. 2, Fri.-Sun. - Halloween in Harrisburg & SwingZing, Best Western Premier Central Hotel, Harrisburg, PA, www.halloweeninharrisburg.com

Oct 31-Nov. 2, Fri.-Sun. - Chicago DanceSport Challenge, Hyatt O'Hare Hotel, Chicago, IL, qualifying event for USA Dance Nationals, www.usadancechicago.org, 847.426.7978

Nov. 8, Sat. - Amethyst Ball Fundraiser for Limen House, show by Izabella Jundzill & Mazen Hamza & Florin Vlad & Natalia O'Connor Kornychkova, BlueBallRoom, Wilmington, DE, www.blueballroom.net

Nov. 13-16, Thur.-Sun. - DC Swing Experience, Dulles Hyatt, Herndon, VA, www.dcswingexperience.com

Nov. 14, Fri. - Dancing with the Gift of Dance Stars Fundraiser, Phoenix Ballroom, Boothwyn, PA, www.thegiftofdance.org, 610.656.4927

Nov. 15, Sat. - Starliters 1st Fabulous Fall Festival & Dinner Dance, DuPont Country Club, Wilmington, DE, www.starlitersdance.com (see ad)

Nov. 18-23 - Ohio Star Ball Championships & USA Dance Collegiate Championships (qualifying event for USA Dance Nationals), Hyatt Regency Convention Center, Columbus, OH, www.ohiostarball.com, www.usadance.org

Nov. 21-23, Fri.-Sun. - Stardust Dance Weekend, Honor's Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800.794.4982 (see ad)

Nov. 21 - 7-day Rome to Venice Cruise on Queen Elizabeth, www.blsrc.com, 215.855.2711 (see ad)

Nov. 22, Sat. - Bella Rosa Dinner Dance, Indian Valley Country Club, Telford, PA, resv. by 10/20, www.bellarosaballroom.com

Nov. 22, Sat. - German Society of Pennsylvania 250 Anniversary Stiftungsfest Gala Dinner Dance, German Society of PA, Philadelphia, PA, www.germansociety.org

Nov. 23, Sun. - Society Hill Dance Academy Showcase & Dinner Dance, Cescaphe, Philadelphia, PA, www.societyhilldance.com

Nov. 28-29, Fri-Sat - Kings Ball Dancesport Competition, Westchester Marriott, Tarrytown, NY, www.kingsball.com, 443.838.1024

Nov. 28 - 7-day Venice to Rome Cruise on Queen Elizabeth, www.blsrc.com, 215.855.2711 (see ad)

Nov. 29 - 7-day Dancing with the Stars at Sea Eastern Caribbean Cruise, Holland America ms Westerdam, www.blsrc.com, 215.855.2711, info@blsrc.com (see ad)

Dec. 5, Fri. - Big Band Society Dinner Dance, Cavaliers Country Club, Newark, DE, 302.239.5159

Dec. 6, Sat. - Dances By Diane Christmas Show & Dance Party, Westville, NJ, www.dancesbydiane.com, 856.456.3900

Dec. 6 - 7-day Dancing with the Stars at Sea Eastern Caribbean Cruise w/Vivian Beiswenger, Holland America ms Westerdam, www.blsrc.com, 215.855.2711, info@blsrc.com (see ad)

Dec. 14, Sun. - BlueBallRoom Showcase, BlueBallRoom, Wilmington, DE, www.blueballroom.net

Dec. 19, Fri. - Donna Boyle & Ron Bess Holiday Spectacular, Stardust Ballroom, Bellmawr, NJ, ron.bess@comcast.net, 856.938.4490

Dec. 22-Jan. 3 Christmas/NYE Caribbean Cruise on the Queen Mary 2, 12-day roundtrip New York, www.blsrc.com, 215.855.2765 (see ad)

Dec. 31, Wed. - Ballroom, Latin & Swing Dance Center's New Year's Eve Dinner Dance, Williamson Restaurant, Horsham, PA, www.blsrc.com, 215.855.2711 (see ad)

Dec. 31, Wed. - GFT Charity, Inc. Benefit Dinner Dance, Nottingham Ballroom, Hamilton, NJ, lilli.gober@gmail.com

Dec. 31, Wed. - Stardust Ballroom New Year's Eve Dinner Dance, Bellmawr, NJ, www.stardustbellmawr.com

(Continued on page 17)

14-NIGHT ALASKA LAND & SEA VACATION

Cruisetour MA7/MB7 — Off the Beaten Path Kenai Peninsula

By Land: Spend 7 nights exploring the Great Land

- 2 nights in Fairbanks
- Gold Dredge 8 Tour & Sternwheeler Riverboat Cruise
- 2 nights at Denali Princess Wilderness Lodge®
- Natural History Tour into Denali National Park
- 1 night at Mt. McKinley Princess Wilderness Lodge®
- 2 nights at Kenai Princess Wilderness Lodge®
- Princess® rail service

By Sea: Enjoy a 7-day Voyage of the Glaciers cruise

- Cruise features 2 glacier-viewing experiences — Glacier Bay National Park and Hubbard Glacier or College Fjord (depending on direction)
- Charming frontier ports offer a glimpse into Alaska's history
- Add exciting excursions to discover more of Alaska
- Special Alaska programming, such as park rangers, naturalists, storytellers, Alaska cuisine and more

Join us in 2015 to celebrate our 50th Anniversary with special events, commemorative menus, and other fun surprises onboard a magnificent Alaska cruise.



*Fares are per person, based on double occupancy, subject to availability and capacity controlled. Taxes, Fees and Port Expenses of up to (call) are additional and subject to change. Please refer to the applicable Princess Cruises brochures or princess.com for terms, conditions and definitions that apply to all bookings. Offer available to residents of the U.S. and Canada. Other restrictions may apply. This promotional piece is created and distributed by an independent travel agency, not by Princess.

©2014 Princess Cruises. Ships of Bermudan and British registry.



Day-by-day highlights

Day 1 Alaska's "Golden Heart City" of Fairbanks is a great introduction to the heart of this unique state.

Day 2 Enjoy a Gold Dredge 8 Tour in the morning, and then a Sternwheeler Riverboat Cruise in the afternoon. Then you have the rest of the day to further explore the town.

Day 3 Take a scenic motorcoach journey to the Denali Princess Wilderness Lodge, with our trademark Princess service. Once there, check out the deck and vistas of the Nenana River Canyon.

Day 4 Your morning begins with a Natural History Tour to learn more about the flora and fauna of the area. Afterwards, drop by the tour desk and ask about other activities.

Day 5 Travel via Princess rail service to Talkeetna today. Mt. McKinley Princess Wilderness Lodge awaits you, where the mountain is visible from nearly anywhere on the property. Relish in the many amenities our lodge has to offer.

Day 6 A gorgeous motorcoach ride takes you across the Kenai Peninsula to Cooper Landing and the Kenai Princess Wilderness Lodge.

Day 7 You have a full day to spend however you choose. Visit the tour desk for ideas about excursions. Or, simply relax and admire the beautiful views from the lodge.

Day 8 Set out by motorcoach for the journey to Whittier, where your cruise ship awaits.

Day 9-15 Embark upon your 7-day Voyage of the Glaciers cruise, highlighted by two glacier-viewing experiences, and calls into the charming ports of Skagway, Juneau and Ketchikan.

See Alaska the best way, by land and sea, including three great wilderness parks, Fairbanks, and a 7-day cruise along the inside passage including Glacier Bay National Park. **Will sell out early!**

Can't afford the time? We have 11-day land/cruise options and 7-day cruise-only options.

**Group rates for 6/27/15-7/11/15
or 8/22/15-9/5/15**

**Call Vivian Beiswenger
215-855-2711 or info@blsdc.com**


PRINCESS CRUISES
come back new™

SPECIAL EVENTS & DANCE COMPETITIONS *(Continued from page 15)*

Jan.-April - World Cruise on Cunard's Queen Mary 2, Queen Elizabeth or Queen Victoria, call for options, www.blsrc.com, 215.855.2711, info@blsrc.com **(see ad)**

Jan. 18, Sun. - Manhattan Amateur Classic, Manhattan Center, NY, NY, date tentative, qualifying event for USA Dance Nationals, www.mac.nyusadance.org

Jan. 18 - 18-day NYC to LA Panama Canal Cruise on Cunard's Queen Elizabeth, www.blsrc.com, 215.855.2711 or info@blsrc.com **(see ad)**

Feb. 2 - 15-day Fort Lauderdale to LA (or 17-day to San Francisco) Panama Canal Cruise on Cunard's Queen Victoria, www.blsrc.com, 215.855.2711 **(see ad)**

Feb. 17 - 48-day LA to LA South Pacific Cruise on Cunard's Queen Victoria, www.blsrc.com, 215.855.2711, info@blsrc.com **(see ad)**

Feb. 19 - 19-day San Francisco to Sydney South Pacific Cruise, www.blsrc.com, 215.855.2711, **(see ad)**

Mar. 9-20 - Stardust Dance Cruise X, Costa Mediterranea roundtrip Miami, FL, www.stardustdance.com, 800.537.2797 **(see ad)**

Mar. 12-25 - Australia/New Zealand Cruise, 13 days on Cunard's Queen Mary 2, www.blsrc.com, 215.855.2711 **(see ad)**

Mar. 18-Apr. 3 - Tokyo (Yokohama) to Singapore Dance Cruise w/Vivian Beiswenger, 16 days on the Queen Elizabeth with stops in Nagasaki (Japan), Busan (South Korea), Shanghai & Hong Kong (China), Nha Trang & Ho Chi Minh City (Vietnam), Bangkok (Thailand), & Sihanoukville (Cambodia), 215.855.2711 **(see ad)**

Mar. 27-29, Fri.-Sun. - USA Dance 2015 National Championships, Baltimore MD, www.usadance.org

Apr. 3-13 - Singapore to Dubai Dance Cruise w/Vivian Beiswenger, 10 days on the Queen Elizabeth with stops in Malaysia, India (optional land tour to Taj Mahal), Abu Dhabi and Dubai, www.blsrc.com, 215.855.2711 **(see ad)**

Apr. 6 - 19-day LA to NYC (or 15-day to Fort Lauderdale) Panama Canal Cruise on Cunard's Queen Victoria, www.blsrc.com, 215.855.2711 **(see ad)**

May 3-10, Pre-Blackpool "Lusitania Remembered" Great Britain & Paris Cruise on Cunard's Queen Victoria roundtrip Southampton, UK with stops in St. Peter Port (Guernsey), LeHavre (Paris), Cork, & Dublin, info@blsrc.com, 215.855-2711 **(see ad)**

May 10-17, Sun.-Sun. - Pre-Blackpool 7-Day Transatlantic Cruise on Cunard's Queen Mary 2, spend a few days in London before Blackpool, www.blsrc.com, 215.855.2711 **(see ad)**

May 11-27 - Baltics Cruise with overnight in St. Petersburg on Cunard's Queen Elizabeth with additional stops in Oslo, Copenhagen, Stockholm, Tallinn, Warnemunde, Kirkwall (Scotland) and Liverpool (for Cunard 175th Anniversary celebration), www.blsrc.com, 215.855.2711 **(see ad)**

May 17-27 - British Isles 10-night Cruise on Cunard's Queen Mary 2 (overlaps with Blackpool) roundtrip Southampton, www.blsrc.com, 215.855.2711 **(see ad)**

May 22-28 - British Isles 6-night cruise on Cunard's Queen Victoria; Cunard's 175 Anniversary Celebration, www.blsrc.com, 215.855.2711

May 22-29, 2015 Fri.-Fri. - 2015 Blackpool Dance Festival, Blackpool, England, www.blackpooldancefestival.com, 44.(0).1253.625252

May 27-Jun. 3 - Post-Blackpool 7-Day Transatlantic Cruise on Cunard's Queen Mary 2, miss the last three nights of Blackpool to sail leisurely back to NY, www.blsrc.com, 215.855.2711 **(see ad)**

May 28-June 6 - 9-day Post-Blackpool Mediterranean Cruise from Southampton to Rome (or 16-day to Venice) on Cunard's Queen Victoria, www.blsrc.com, 215.855.2711 **(see ad)**

May 30-Jun. 11 - Waterways of the Tsars St. Petersburg to Moscow River Cruise 13-days on Viking Truvor, www.blsrc.com, 215.855.2711 **(see ad)**

Jun. 27-Jul. 11 - Princess Alaska Land & Sea Vacation, www.blsrc.com, 215.855.2711 **(see ad)**

Aug. 22-Sep.5 - Princess Alaska Land & Sea Vacation, www.blsrc.com, 215.855.2711 **(see ad)**

Aug. 22-Sep. 7, 2015 - 16-day China/Tibet Roof of the World Tour on Viking Emerald from Beijing to Shanghai, www.blsrc.com, 215.855.2711, **(see ad)**

Aug. 22-29 - 7-day Venice to Athens Mediterranean Cruise on Cunard's Queen Victoria, www.blsrc.com, 215.855.2711 **(see ad)**

Sep. 19-24, 2015 - Bermuda Cruise 5-nights roundtrip Cape Liberty, NJ on Royal Caribbean's Liberty of the Seas, www.blsrc.com, 215.855.2711

Sep 27-Oct.11 - Canada New England Fall Colors 14-night cruise roundtrip New York on Cunard's Queen Mary 2 w/double overnight in Quebec, www.blsrc.com, 215.855.2711 **(see ad)**

Oct. 11-26, 2015 - 15-day Grand European River Cruise Amsterdam to Budapest on Viking Eistla, www.blsrc.com, 215.855.2711, info@blsrc.com **(see ad)**

Oct. 14, 2015 - 8-day Paris & the Heart of Normandy River Cruise roundtrip Paris on Viking Neptune w/ Vivian Beiswenger, www.blsrc.com, 215.855.2711, info@blsrc.com **(see ad)**

Dec. 22, 2015-Jan. 3, 2016 - Christmas/NYE Caribbean Cruise on the Queen Mary 2, 12-day roundtrip New York, 215.855.2765 **(see ad)**

Listings are included here free of charge, space allowing. Preference is given to our advertisers and events that we assess to be of interest to dancers in the tri-state area surrounding Philadelphia. Send event and contact info to dancespotlight@blsrc.com.

The deadline for the December 2014/January 2015 issue is November 15.

DANCING AROUND THE WORLD

with Vivian Beiswenger and

"Best River Cruise Line" 2013 Cruise Critic Editors' Picks Award



VIKING
RIVER CRUISES
Exploring the World in Comfort®

WATERWAYS OF THE TSARS

St. Petersburg to Moscow

13-day cruise with 11 guided tours
4 days St. Petersburg, Mandrogy,
Kizhi Island, Kuzino, Yaroslavl, Uglich,
4 days Moscow



Extensions: 3 nights Helsinki, 2 nights St. Petersburg, 2 nights Moscow

ROOF OF THE WORLD

CHINA & TIBET

on the all-veranda Viking Emerald
16-day cruise with 18 guided tours,
6-day Yangtze River cruise,
3 days Beijing, 2 nights Xian,
3 nights Lhasa, 2 nights Shanghai



Extensions: 2 nights Shanghai, 4 nights Hong Kong & Guilin

GRAND EUROPEAN TOUR

Amsterdam to Budapest

15-day cruise with 13
guided tours Amsterdam,
Kinderdijk, Cologne, Koblenz,
Miltenberg, Würzburg, Rothenburg,
Bamberg, Nuremberg,
Passau, Melk, Krems, Vienna,
Bratislava, Budapest



Extensions: 2 nights Amsterdam, 2 nights Budapest, 3 nights Prague

PARIS & THE HEART OF NORMANDY

8-day cruise with 6 guided tours
Paris, Giverny, Vernon, Seine River,
Rouen, Les Andelys, Conflans, Paris

Extension: 3-nights Paris.



With all four trips: all meals, wine, beer, or soft drinks with lunch & dinner, audio headsets with all tours. We have group rates on the some dates but can book you on any Viking River Cruise dates. Some tours are conducted in reverse order.

Call 215.855.2711 or toll free US and Canada 844.921.2144 or email info@blsdc.com. **Call about 2-for-1 rates and air.**

KADEL'S KORNER: Getting CBM Straight

by Peter Kadel, Fellow & Trainer, Imperial Society (ISTD)

CBM, short for Contra Body Movement, is often used by the teachers as an instructional term to initiate or to continue a turn. Let's define it further and learn how it's use might be achieved for better results.

Basic rules of CBM:

CBM is used on all forward and backward steps of the five ballroom dances, be it on the left or the right foot, on the forward or the backward steps and by the man or the lady. It is used to assist turning steps, such as a Left Turn in the Waltz. Because eventually all basic steps will turn, looking at this technique should be of great importance to the dancer. The amount of CBM used by the dancer will, of course, depend on which pattern is being danced. For example, step 1 of the Reverse Turn with 1/4 turn to the left will take less CBM effort than a Double Reverse Spin with 1/2 turn. The more turn there is, the stronger the application of CBM. The 'contra' here means the left foot and the right hip moving at the same time on the first step of a turning pattern. Note that spins (e.g. Natural Spin Turn) and pivots (e.g. Reverse Pivot) will require the most amount of CBM.

Another place where CBM must be applied to a greater extent is when moving from a left turn to a right turn. For example, dance a Waltz Weave from promenade position into a Natural Turn. Coming out of the Weave, which turns to the left, a strong turning (CBM) action is required by both partners on the first step, the count of 1, of the Natural Turn. It is extremely important for the lady to know to apply this. (Believe me ladies, the man will be most thankful for getting some help from a friend.)



Identically, strong CBM must be applied when moving from a right to a left turn. For example, dance a Hesitation Change in Waltz, followed by a Progressive Chasse to the Right. The first step of the Chasse must receive strong CBM to the left, because you are coming out of a right turn.

Now, the smart dancer will ask, if CBM is used for the purpose of achieving a better turn, why is it applied on the first step of the Feather Step, which has no turn?

The answer is that CBM is also applied to create other functions, such as swinging the side of the body forward or backward to make room for an outside step to occur. Similarly, the last step of the Feather Step has CBM without turn. This type of CBM is called corrective CBM, where after an outside step, which always has one side of the body forward, the body is returned to a neutral position. This 'corrective' CBM also occurs when dancing from a Feather Finish, or Ending into the Three Step.

Wherever a corrective CBM occurs, or there is a Slow count without turn, such as on the first step of a Feather or Back Feather, the CBM should occur late, i.e. on the second beat of the Slow (This point can be argued). Where CBM initiates a turn, i.e. step 1 of a Reverse Turn, the CBM should occur on the first beat of the Slow (This point cannot be argued).

Caution when applying CBM:

Unless one is moving into CBMP, Contra Body Movement Position, the feet in ballroom dancing will always move on two tracks, one for each foot. When CBM is exaggerated, an ugly crossing of the legs, whereby one will interfere with the other, will occur. This will act as an impediment to a free forward and/or backward swinging action of the legs.

Happy dancing! Check with your teacher for further details, applications of CBM and explanations.

BITS AND PIECES of News of Potential Interest to Delaware Valley Dancers

- The **Jersey Shore Ballroom Dance Club** held its annual elections and the new Board, headed by **Pam Trevarthen**, as President, still has two openings.
- **Kizomba** is one of the most popular genres of dance and music, originating in Angola. It was introduced in the US in 2010 in Seattle and is growing in popularity in larger urban areas.
- **Collegeville Tango** has been canceled.
- **Swingkat Entertainment** and **Faryl Codispoti** have started classes in Lansdale on Tuesday nights at the **North Penn YMCA**.
- **USA Dance** has entered into an agreement to add value for members by offering discounts on many products and services, such as travel, insurance, office supplies and more. For more information, go to <http://usadance.org/extra/membership-value/>.
- **Dance Haddonfield** has increased its dance prices, but is still a bargain at \$13 for USA Dance members.
- **Larry & Claudia Silverman** are now running Friday and Sunday dances at the North Penn YMCA. Check our calendar for dates.
- Check out all the great **fundraisers in our Special Events section** and pay it forward by supporting these fun events.

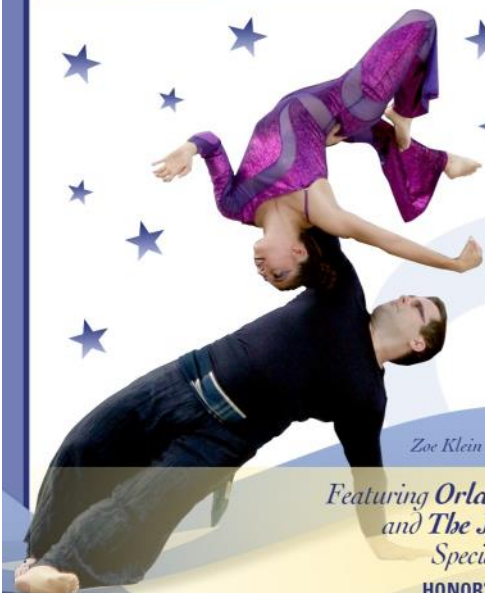


100th Anniversary Weekend

FRIDAY NOV 21st

to SUNDAY NOV 23rd

2014



HONOR'S HAVEN

RESORT & SPA

1195 Arrowhead Road • Ellenville, NY 12428

**HOSTS ARE AVAILABLE
FOR YOUR DANCING PLEASURE!**

RATES INCLUDE:

ALL MEALS, ENTERTAINMENT,
& OVER 50 DANCE WORKSHOPS!

Rates starting at **\$399.00pp**

**DAY PACKAGES
AVAILABLE**

Rates starting at **\$50.00pp**

Zoe Klein & David Paris

*Featuring Orlando Marin & his 10 Piece Latin Band
and The Joey Thomas Big Band Orchestra
Special Guest Instructor John Lindo*

HONOR'S HAVEN RESORT & SPA - ELLENVILLE, NY 12428

Stardust Dance Productions, Ltd. is registered with the State of Florida as a Seller of Travel Fla. Seller of Travel Ref. No. ST37320

**Stardust Dance Cruise X
COSTA MEDITERRANEA**

March 9th - March 20th, 2015



Departs: Miami, Florida
Ports: Nassau, Samana, St. John's,
Tortola Road Harbour, Grand Turk,
Guadeloupe, St. Marten Philipsburg

Call For Complete Brochure: **(800) 537-2797**

Email: info@StardustDance.com

(Outside of US and Canada): **(845) 794-4707**

www.StardustDance.com

THROUGH OUR FRIENDLY KNOWLEDGEABLE STAFF,
DANCELINE PROVIDES SKILLFUL FIT AND
IMPRESSIVE STYLE FROM AN EXCEPTIONAL
SELECTION OF DANCE WEAR AND SHOE SUPPLIERS.

10% off any single item with this ad

DANCE-LINE

30 West Lancaster Avenue * Paoli, PA 19301 * 610-251-2344

www.danceline.com * danceline@comcast.net

Monday to Friday 10-7 * Sat 10-5 * Sun 12-3



Capezio, Freed, Bloch, SoDanca, Sansha, Werner Kern, ECKSE

Dance *with* **Us**



Our DVDs are professionally
produced in an organized,
one-on-one format, just like
a private lesson.

Michael & Toni will also be teaching at the Las Vegas Mastery Camp

We have over 400 titles including every style of dance and levels, bringing the
dance world's most talented certified instructors right into your home.

Preview our DVDs online at www.dancevision.com

Call for a free catalog 800-851-2813

The world's most talented, certified instructors

DANCEVISION

Ballroom, Latin, and Swing Dance Center



BALLROOM & LATIN DANCE CLASSES

with **VIVIAN BEISWENGER**

starting Wednesday, November 5
for six weeks (excluding December 10)

Beginner SALSA 6:30-7:25 PM

Intermediate QUICKSTEP 7:30-8:25 PM

Intermediate RUMBA/CHA CHA 8:30-9:25 PM

*\$104 per person (deduct 10% if registered by October 29)
Complete the registration form on our web site www.blstdc.com or
call 215-855-2711 to register by phone with a credit card.*

Location: Room 8 at the North Penn YMCA
608 E. Main St., Lansdale, PA 19446

YMCA membership not required. No partner required.

Visit www.blstdc.com or call 215-855-2711 or
email info@blstdc.com for more information.



Mediterranean Sale

3 For You

Book now and receive

Free Upgrades[†] + up to \$300 On Board Credit[#] per stateroom + \$150 Reduced Deposit[^]

Oceanview to Balcony, Balcony to Princess Grill, Princess Grill to Queens Grill

Istanbul and Greek Isles

ROUNDRIP ATHENS

7 days • 20 June 2015 • V515A

QUEEN VICTORIA

Balcony Fares from \$1,449*

Greece & Italy

ATHENS TO ROME

7 days • 27 June 2015 • V515C

QUEEN VICTORIA

Balcony Fares from \$1,449*

Barcelona, Rome and Venice

ROME TO TRIESTE

14 days • 4 July 2015 • V516N

QUEEN VICTORIA

Balcony Fares from \$2,898*

Dubrovnik, Venice and Istanbul

ROME TO ISTANBUL

14 days • 11 July 2015 • V516D

QUEEN VICTORIA

Balcony Fares from \$2,898*

Italy, Greece and the Black Sea

TRIESTE TO ROME

21 days • 18 July 2015 • V517B

QUEEN VICTORIA

Balcony Fares from \$4,347*

Istanbul, the Black Sea and Rome

ISTANBUL TO ROME

21 days • 25 July 2015 • V517E

QUEEN VICTORIA

Fares from \$4,347*

[†]New Bookings only. Free Balcony upgrade offer is based on reserving a Balcony stateroom category BF for the same fare as an Oceanview stateroom category FC. Princess Grill upgrade offer is based on reserving a Princess Grill stateroom category P2 for the same fare as a Balcony stateroom category BA. Queens Grill upgrade offer is based on reserving a Queens Grill stateroom category Q6 for the same fare as a Princess Grill stateroom category P1. Subject to availability.

[#]On Board Credit offer. 7-day voyages receive \$50 per stateroom (\$25 per person) for Oceanview (FC) through Balcony (BF) staterooms and \$100 per stateroom (\$50 per person) for Balcony (BA) staterooms through Grills Suites (P2-Q6). 14-day voyages receive \$100 per stateroom (\$50 per person) for Oceanview (FC) through Balcony (BF) staterooms and \$200 per stateroom (\$100 per person) for Balcony (BA) staterooms through Grills Suites (P2-Q6). 21-day voyages receive \$150 per stateroom (\$75 per person) for Oceanview (FC) through Balcony (BF) staterooms and \$300 per stateroom (\$150 per person) for Balcony (BA) staterooms through Grills Suites (P2-Q6). Offer only applies to voyages advertised in this promotion. A credit in the respective dollar amount will be posted to your stateroom account upon embarkation. All values are per stateroom, based on double occupancy. Singles paying the single supplement fare will earn the equivalent of the per stateroom On Board Credit. On Board Credit may be used on a single cruise only and expires at the end of that cruise.

[^]Reduced deposit refers to \$150 per person deposit instead of the standard 25% deposit and is required within 3 days of reservation or sooner. Bookings are subject to cancellation if deposit amount is not received within the specified option period. Reduced deposit is not combinable with other reduced deposit offers and does not apply to bookings made within final payment. Please reference promo code: RD1. This offer expires 16 December 2014.

*Fares apply to minimum lead-in categories on a space available basis at time of reservations. Fares for other categories not shown may vary. Fares are per person, do not include air travel, are cruise only, based on double occupancy and apply to the first two passengers in a stateroom. These fares do not apply to singles or third/fourth berth passengers. Taxes, Fees and Port Expenses ranging from \$75 to \$265 per person are additional and subject to change. This offer is capacity controlled, subject to change, and may not be combinable with any other public, group or past passenger discount. Offer is available to residents of the 50 United States, Canada, Bermuda, Puerto Rico, Mexico and the District of Columbia who are 21 years of age or older. Fares quoted in U.S. dollars. Please refer to the applicable Cunard brochure or Cunard.com for terms, conditions and definitions that apply to all reservations. Ask about our applicable air add-on-programme. Ships' Registry: Bermuda. ©Cunard 2014. The Cunard logo and logotype are registered trademarks of Carnival plc, an English company trading as Cunard Line. Queen Mary 2, Queen Victoria, and Queen Elizabeth are trademarks owned by Cunard. All rights reserved in the United States and other countries. Note: For assistance reserving a wheelchair-accessible stateroom, please contact customer service at 1-800-728-6273.

Ask me for more information.
Your Travel Agent:

Vivian Beiswenger
215-855-2711
or 844-921-2144
info@blsdc.com
www.blsdc.com



Swing

Foxtrot & Waltz

Country-Western Two-Step

Moving to Music Dance Instruction

Check website for
places to dance
in/around the
Delaware Valley

+

Sign up for weekly
e-mail updates

www.movingtomusic.com

856.962.8511

dianedancer@comcast.net



Dance Haddonfield

USA Dance Delaware Valley Chapter 3012

Dance Every Sunday

**FUN PEOPLE, GREAT DANCING
THE FRIENDLIEST DANCE IN TOWN**

at Grace Church

19 E. Kings Highway East, Haddonfield, NJ 08033

Check out our intermediate classes from 6-7 PM

Charles Hoefgen (Bolero, Sep. 7-Oct. 12)

Tom Cupp (Foxtrot, Oct. 19-Nov. 23)

Barbara Capaldi (Viennese Waltz, Nov. 30-Jan. 4)

BEGINNER BASIC SCHEDULE 7-8 PM

10/5 Cha Cha, 10/12 Foxtrot, 10/19 EC Swing,
10/26 Rumba, 11/2 WC Swing, 11/9 Nightclub 2 Step,
11/16 Samba, 11/23 Mer./Bachata, 11/30 Country 2 Step

Dancing until 10:30 PM; door prizes every week

\$15 admission; USA Dance members pay only \$13

(\$5 extra charge for 6 to 7 PM intermediate lesson)

Absolutely no jeans or shorts; singles & couples welcome

For more info visit www.dancehaddonfield.org or
call (856) 429.9154 or email pszoebisch@gmail.com

Dance Spotlight Advertising Rates

Full Page Ad (7.5 wide x 10 high) \$150

Half Page (Inside) \$ 90

Horizontal (7.5 wide x 4.5 high)

Vertical (3.7 wide x 9.5 high)

Half Page Inside Cover (horizontal) \$115

Quarter Page (3.5 wide x 4.5 high) \$ 55

Banner Ad (7.5 wide x 2 high) \$ 50

Business Card Ad (3.5 wide x 2 high) \$ 30

Business Card (2 wide x 3.5 high) \$ 35

Personal Ad (3.5 wide x 1 high) \$ 20

Discounts for multiple pre-paid ads

(in the same or different issues):

2 ads - 5%; 3 ads - 10%; 6 ads - 15%

Please include payment with copy and send to: Vivian Beiswenger, Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454. Make checks payable to BLSDC. 10% late fee applies for payments not received within 1 week after copy deadline. Additional fees for ads that are not camera ready may apply. 20% discount for non-profit organizations.

The deadline for the December 2014/January 2015 issue is November 15.

For more information, call 215.855.2711,
email: dancespotlight@blsdc.com

The Delaware Valley Dance Spotlight
Vivian Beiswenger, Editor
255 Hawthorne Circle
North Wales, PA 19454

Email: dancespotlight@blsdc.com
Published by the Ballroom, Latin, & Swing Dance Center
www.BLSDC.com
Diane J. Weinberg, Associate Editor

This publication is available **FREE** at
www.BLSDC.com.

FIRST CLASS MAIL

YOU MAY HAVE NOTICED

This issue is a bit late. This newsletter has been a labor of love since I put out the first issue in August, 1992. It was originally published free with all proceeds going to the Delaware Valley Chapter of USABDA (now USA Dance). At various times, others volunteered to produce the newsletter and it was renamed and redesigned at least twice. In 2003, the Chapter asked me to be editor, once again, and I have been the editor ever since.

By the end of 2007, the Chapter decided it could no longer afford to produce the newsletter which usually ran at a loss, so we agreed that I would take over its ownership to keep it from dying. As my dance studio business grew and I added a travel agency for dance cruises, it became even harder to get the newsletter out on time. Almost always, producing the newsletter meant at least one sleepless night - usually more than one.

Last November, my first grandchild was born and my priorities adjusted, again, so as not to miss her development. This year, my business has continued to change, with a large growth in my travel business. Also, the stress of trying to do it all has had an impact on my health.

In order to free my time to visit my grand daughter in Virginia and to travel more, as of July 31, I will restrict my teaching of dance to private lessons and group classes on Wednesday nights at the North Penn YMCA.

The difference in the travel business versus the dance studio business is dramatic. Where teaching dance is mostly scheduled - i.e., dance classes, private lessons and dance parties - booking travel is almost completely unscheduled. As a result, it is becoming harder and harder to make the time to produce this newsletter on time. Without enough advertisers, it operates at a loss, but money was never my motivation. For the past 22 years, I have been fanatical about trying to get the *Spotlight* out on time. In the past year or two, that self-imposed added pressure has affected my health and my illness ensured failure to deliver on time: Catch-22.

I am trying to keep the *Spotlight* alive, but changes are inevitable. Its focus will change with my business to cover both dance and cruises for dancers and I will have to make some hard decisions about what is included for free and how often issues are published. It has been suggested that I not give it away online for free, but I really do not want to alter that aspect of the newsletter. I will probably stop printing and mailing copies of the newsletter as subscriptions for printed copies expire. If advertising income does not significantly increase, I may have to charge dance and event organizers for inclusion. Be prepared for changes - and your support and suggestions are welcome and appreciated. **Thanks to the advertisers who have kept this newsletter going.**

