



The Delaware Valley

# Dance Spotlight



Published by the Ballroom, Latin, & Swing Dance Center for Greater Philadelphia Area Dancers - May/June, 2014

## DANCING CLASSROOMS PHILLY ALLSTARS

By Jane Brooks, Co-Founder & Board Member Dancing Classrooms Philly, Board Member Musicopia



First Friday in Ardmore



Welcome America Celebration at Penn's Landing



World Dance Day at Piazza at Schmidt

They've line danced with the Mayor of Philadelphia, performed a dramatic tango on the stage of the Kimmel Center, wowed the July 4th crowd at Penn's Landing's with a lively swing dance, and executed a spicy rumba at the Philadelphia Museum of Art - and they're only in middle school. "They" are the Dancing Classrooms Philly Allstars, the exhibition troupe of the Dancing Classrooms Philly (DCP) program.

Launched in Philadelphia in 2007, DCP is a nonprofit program licensed from New York City's American Ballroom Theater's Dancing Classrooms program. Founded by champion ballroom dancer Pierre Dulaine, the program is designed to teach civility, respect, focus and discipline through ballroom dance or, as Dulaine describes it, "life lessons wrapped around ballroom dance." More than 30 cities worldwide participate in Dancing Classrooms. Locally, since its inception, DCP has reached more than 15,000 fifth graders in the city's public, charter and Archdiocese schools. This past year, the program was expanded beyond the city limits and to reach eighth graders.

DCP's 10-week in-school curriculum includes waltz, tango, merengue, foxtrot, rumba and swing, as well as "sugar dances" like the stomp. Each semester, participating schools put together a representative team to dance in the semifinal competition. The gold medal-winning schools then vie for the trophy at the Colors of the Rainbow Team Match Final Competition in June.

In its second year of operation, DCP initiated a Saturday Scholarship Program that enables "graduates" of the program to attend ten Saturday dance classes in each semester for a total fee of ten dollars. Students who participate in the Saturday program are eligible to audition

for the DCP Allstars troupe, which represents DCP at public events and is available for hire. Under the direction of Artistic & Education Director Kate Rast, these students learn dances such as the cha cha and salsa and new steps and styling for the dances from the program's in-school curriculum.

Rast comments on the commitment of the dancers who comprise the DCP Philly Allstars, "The ladies and gentlemen take time out of their weekends to attend required Saturday classes and rehearsals, as well. This school year, the troupe has performed eight times, so it has had numerous rehearsals. These young people are not just committed to their dancing but they form a relationship with their fellow troupe members, many of whom they would not have met otherwise. Participation in the troupe is also a commitment for the families, who

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## CRUISE SALES AND LAST-MINUTE DEALS!!

The **Queen Mary 2** is sailing to England May 16-23 for the **Blackpool Dance Festival**. We'll be at the Festival for three days and fly home on **Memorial Day, May 26**. There are a few cabins open on the ship and we have a lady willing to share a cabin. While on the ship, this month, I can purchase **future cruise credits** for my customers. The combination of booking on the ship, my group rates and cruise sales and promotions will get you the best deal in price, onboard credits and deposit.

There is still availability on the very popular **September 15-27 and October 16-28 New England/Canada cruises roundtrip New York on the Queen Mary 2**.

The **November 28 (Thanksgiving Weekend) 7-day Italy cruise from Venice to Rome** is available from the great rate of \$749 plus about \$60 in taxes plus airfare (while cabins last). The deal includes gratuities.

I will be doing the **December 6-13 7-night Dancing with the Stars at Sea Western Caribbean** cruise on HAL's ms Westerdam. Meet *DWTS* celebrities and pros and see **Grand Turk, San Juan, St. Thomas, & Half Moon Cay**.

We still have availability and a lady looking for a cabin mate for the **December 22 - January 3 Christmas/NYE Caribbean Cruise on the Queen Mary 2 roundtrip New York**. Don't spend the holidays alone! Party onboard!

**TOKYO TO SINGAPORE 16-NIGHT MARCH 18-APRIL 3, 2015 DANCE CRUISE** sold out but we have a lady and a gentleman looking for a cabin mate. Get on the waiting list now to have an option for this cruise. We have a really great group of dancers going! I will be on this cruise and continuing on from **Singapore to Dubai**, too.

Call 215.855.2711 or email [info@blsdc.com](mailto:info@blsdc.com) ASAP to get quotes or book. See our ads in this newsletter for lots more 2014/2015 cruises.



Happy Cruising & Dancing, Vivian Beiswenger



# HOW TO GET THE BEST CRUISE DEALS

By Vivian Beiswenger, Owner/Director BLSDC Dance Studio and Travel Agency for Dancers

Anyone who knows me knows that I love to travel and especially to travel by ship - the larger the better. Even more, I love to travel with family and friends, but most of all, with dancers! When you travel with dancers, you will find opportunities to dance, whether the trip is an official dance event or not.

In 2004, I organized my second dance cruise and, thanks to the fact that the travel agent - a friend of a friend - turned out to be a crook, I decided to open my own travel agency and, over the ten years since, my travel business has grown to where, this summer, I will be partially closing my dance studio to be free to travel more.

Over the past decade, I have learned a lot about the differences between cruise lines and ships and also how to get some extras that are not always well-advertised. I'll leave the comparison of cruise lines/ships for future articles, as this is a huge topic and very dependent upon individual preferences. In this article, I will address some ways to get a better deal.

## WHEN TO BOOK:

The first consideration regarding when to book can only be answered by you. Is your time limited or very scheduled or do you have your heart set on a particular itinerary/voyage? If so, you may want to book early to ensure that you can travel when you have the time and go where you want to go. In particular, world and exotic voyages tend to sell out early (as early as a year in advance), as well as locations that have a limited season (such as Alaska) and/or can only accommodate small ships, such as most river cruises. A river boat may be able to handle only 200 passengers, compared to an ocean liner's 2500.

However, if you can travel on short notice and you are open to taking what is available, often cruise lines will run last minute sales at very reduced prices. They may also run a great sale 60-100 days before sailing with the goal of filling the ship. If that happens, you can expect the price to go up and not come down again (for those sailings).

Another thing to consider is the cancellation penalty. Most cruise lines/



travel agencies will allow you to get a full refund on your deposit up to a few months before sailing. Others have a nominal cancellation fee (e.g., \$100 per person if canceled before final payment) and still others may keep everything that was paid. This could affect when you choose to book. If there is no cancellation fee until a few months before you sail, booking early has no downside. You have reserved a cabin based on your deposit and if a better deal comes along, you can cancel and rebook with the better deal. Once you have passed your final payment due date, cancellations fees may be 25%, 50%, 75% or even 100% of your payment.

## CANCELLATION INSURANCE:

You may want to consider trip cancellation insurance. There are two basic types of cancellation insurance: cancellation for a "valid reason (listed in the contract)" or "any time/any reason" cancellation. In the first case, you will usually get back your full investment (after filing a claim), except for the cost of the insurance. In the "any time/any reason" type, you will not get a cash refund, but a future cruise credit valid for a limited time for a percentage of your full payment (e.g., 75% of your cruise cost). If you cruise a lot, you can also buy an annual policy from some travel insurance companies that covers all your travel during that year (to the limit of the policy). Some credit cards also offer limited travel insurance (I have a card that includes \$1500 in travel insurance at no extra cost).

## WITH WHOM TO BOOK:

When booking with a large conglomerate/wholesaler, you may get a better price, but, in general, once you are booked the price will not change. If you book directly

with the cruise company and you bring proof of a better price back, the company may match the offer (unless you are already in the penalty phase). A smaller, more personal company may watch for you and get the better deal for you with no action needed on your part. I have often been able to get customers a better price, an upgrade or other amenities, such as included gratuities. One customer said (when I obtained a last-minute \$28 oceanview upgrade for him), "I guess [named a big wholesaler] wouldn't have done that." I suggest watching the online deals that are promoted, but give your known agent a chance to match it.

Also, if you book with an agent who has a group for the voyage you want, this can be an advantage. Often, but not always, group rates are among the best available. Sometimes, past passenger rates and national, regional targeted promotions may have a better rate than the group. If you are a past passenger for the cruise line, be sure to tell your agent. Group rates almost always include other amenities not available to the non-group passenger.

## BOOKING ON THE SHIP:

Many cruise lines offer special deals that can ONLY be purchased on a ship. I highly recommend paying attention to these deals and asking your agent about them. On one cruise line, for instance, purchasing on the ship can get you a reduced deposit (\$300 regardless of the cost of the cruise - usually a larger deposit is required - e.g., up to 25% of the cruise cost) and get you \$200 to \$800 per cabin in onboard credit (OBC). OBC can be used for most things you buy on a ship (liquor, excursions, gratuities, gifts, internet service, spa services, etc.). Also, if you get off the ship and your agent has a better rate, it can still be applied (as long as you are not inside the penalty period).

If you don't know what cruise you want to take, you may be able to purchase something called an FCC (future cruise credit or deposit). The same cruise line charges \$300, which will be applied as the deposit on the cruise of your choice any time in the next four years and is 100%

(Continued on page 23)



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# Healthy Living: What are GMOs and Why Should I Avoid Them?

By Dr. Veronica Collings, D.C.

Genetically modified organisms (GMOs) are organisms bearing the genetic traits of other species such as bacteria and spliced into the DNA of our food. The litany of how unsafe these completely foreign, food-like products are for humans is being constantly expanded upon. Of course, since we left it to our bureaucrats to protect us, it's all too little, too late. Our food supply is totally infiltrated with GMOs and makers of these "foods" are doing all they can to stop you from finding out that you are eating them.

Last year, Monsanto spent more than \$42 million just to prevent Californians from making it mandatory to label foods with GMO ingredients. Monsanto and other GMO companies keep spending massive dollar amounts to fight initiatives like California's all over the country. What are they trying to hide? Why don't they want you to know? *If you knew, you would not eat GMO-containing products.*

The evidence is mounting that this "Frankenfood" could have devastating effects on our health that may be irreversible. This is the big picture. The worst culprit is the herbicide **Roundup**. It has been spliced into the cells of primarily **corn, soy and canola**. This may not seem big until you realize that one or all of these products, in any of their many forms, are in more than 75% of our processed food and that the average child eats 90% of his/her diet as processed food.

So where's the harm? Glyphosate, the active chemical in Roundup, kills the essential life-sustaining bacteria in our gut. Research is continually implicating disrupted gut flora in almost every disease, directly or indirectly. How this can happen is really very simple. These billions of good bacteria make our digestion possible. If you can't digest your food, eventually you will not have the building blocks to make more new "you" cells that are made from the foods you eat.

A healthy person regenerates new cells at the rate of about **one million new cells per minute**. It's more accurate to say that you are what you digest and assimilate than just what you eat. Therefore, disrupting you digestion as glyphosate does can devastate any system in your body. Then



your body has to deal with all this undigested debris which putrefies, goes rancid and ferments in our guts. Often, severe inflammatory reactions result all over the body. Symptoms may manifest differently, depending on each person's weak link.

One of the newest theories of possible causes of autism, for instance, is called **GAPS**. It stands for "The gut and psychology syndrome." When Dr. Andrew Wakefield made this connection, more than 15 years ago, with the gut health and autism as it related to vaccine damage he was discredited, all his research grants and medical licenses revoked. He has since been vindicated as his findings keep getting more substantiated. His medical license was recently reinstated.

So how does this apply to you and yours? There are ever-increasing rates of autism, now one in 50 children compared to one in 20,000 when I was a child. One in six children now has some form of "mental developmental disorder" (that classification used to be called "retarded" before it became politically incorrect), as well as 50% of our children under 17 already being classified with **at least one "chronic degenerative disease"** (a term reserved for the elderly when I was in school) – we don't have the luxury to ignore this.

How it affects us as adults can manifest in any inflammatory disease, arthritis, Alzheimers, dementia, heart disease, cancer and, of course, all the alphabet soup of bowel and digestive problems for which everybody is taking tons of drugs with no real cure.

So what do you do now? Unless a processed food is specifically labeled as

**non-GMO or organic**, (organic food cannot have GMO's), if **corn, soy or canola** appear anywhere on that label, you can assume that those ingredients are GMO. Don't eat that food. The marketplace is constantly changing and more and more GMO ingredients are in the pipeline, so you have to be vigilant to protect yourself. Of course, you can keep it simple by following the other nutritional advice that I've been giving in this column over the years. Eat real food that is not processed and preferably organic. That circumvents most of the problem, right there.

You still have to make choices when you dine out regarding what foods to avoid. Most restaurants use **corn** starch as a filler in their sauces. Again, if it is not an organic restaurant, you can assume that GMO corn starch is in the sauce.

The next kicker is that the feed your food eats also translates into GMO damage to your gut. Most commercially-raised meats and poultry are fed GMO corn (subsidized by your tax dollars, I might add). Organic or free range meats are your answer. Impossible on my budget, you say. Here's the good news. Places like Chipotle are now serving free range beef, chicken and pork and locally grown vegetables for very good prices. Unless marked organic or non-GMO, you still have to stay away from the corn, but it's a small sacrifice to stay healthy. Dressings and sauces are also a big hiding place for GMO canola oil, so ask about the oil or avoid them.

If you suspect that the damage has already been done, you can start healing by reinstating the friendly organisms in your gut in the form of a good probiotic. My favorite is Pro-symbiotic from StandardProcess.com. It not only contains the organisms that your gut health needs, but also contains the right ecology for the organisms to flourish. Digestive enzymes are important for anyone over 35 in the best of scenarios, but, under these circumstances, they are a must. Zypan and Multizyme are the ones that I use. These actions are a great start to keeping healthy. Please support local efforts for GMO labeling so that "you won't get fooled again."



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# KADEL'S KORNER: QUICKSTEP - SIX QUICK TWINKLES

by Peter Kadel, Fellow & Trainer, Imperial Society (ISTD)

Timing: QQQQQQ

This fancy, little non-syllabus figure is quick to learn, easy to do and looks quite clever, especially when turned sharply to the Right.

From DW dance five steps of the Natural Turn to end DC, making step #5 especially wide, dancing it with a strong sway to the left. SQSS

Man's part of the Six Quick Twinkles:

- |                                      |          |
|--------------------------------------|----------|
| 1. LF forward with left side leading | Heel Toe |
| 2. Close RF to LF                    | Toe Heel |
| 3. LF back in CBMP                   | Toe Heel |
| 4. RF closes to LF                   | Toe Heel |
| 5. LF forward with left side leading | Toe      |
| 6. Cross RF behind LF                | Toe      |



The man will now take a normal unlocking step diagonal forward on the LF, Toe Heel, followed by a forward step on the RF, dancing into any Natural Turn commencing outside partner.

Lady's part of the Six Quick Twinkles:

- |                                        |          |
|----------------------------------------|----------|
| 1. RF back with the right side leading | Toe Heel |
| 2. Close LF to RF                      | Toe Heel |
| 3. RF forward in CBMP, outside partner | Heel Toe |
| 4. LF closes to RF                     | Toe Heel |
| 5. RF diagonal back                    | Toe      |
| 6. Cross LF in front of RF             | Toe Heel |

The lady will now take a normal unlocking step diagonally back on the RF, Toe Heel, preparing for a Natural Turn that the man will lead.

Note: This step should be practiced without turn at first, with the man starting and ending facing DC. Then, gradually turn it to the man's right with up to a  $\frac{3}{4}$  rotation. The alignments would change according to the amount of turn made.

## BITS AND PIECES *of News of Potential Interest to Delaware Valley Dancers*

- Hot off the presses from the **International Hustle and Salsa Championships** in Miami, FL! **Christy Kam** and **James Kilburn** won **1st place Professional Triple Threat** (Hustle, Salsa, West Coast Swing) and **1st place Professional Hustle**. James was named **International Hustle Dance Association-Let's Dance Top Male Teacher of 2013**. Christy and James also took **1st place World Showcase Hustle Division**. Congratulations!
- HBO is featuring the movie **Musical Chairs** in May. Congratulations to DV dancer **Aubrey Marchione** for being credited for the wheelchair dance choreography. Aubrey and her partner, **Nick Scott**, dance as extras in the film.
- Best wishes to the new owners of the **Take the Lead Dance Studio**, **Peter and Debbie Ennis**. We wish former owner, **Luann D'Agostino**, a speedy recovery as she focuses on her health.
- Congratulations to **Brian Wells** and **Ken Richards** for passing their ISTD professional licentiate exams.
- La Luna Dance Studio** and the **Ballroom Latin & Swing Dance Center** are celebrating their eleventh anniversaries.
- Our deepest sympathies go out to family and friends of **Hank Brody**, a popular DV dance teacher, who died suddenly in March as a result of a car accident.
- On April 3, we also lost a popular DV dancer, **Doug Wylie**, after a long illness. Our thoughts are with his family and friends.
- Delaware Valley dancers rallied to help raise funds for **Rich Pollini**, who lost his house and all its contents to a February fire. Rich lost all his material possessions and many irreplaceable items, but we are happy to say that he was not at home at the time and was not physically injured.
- The Jersey Shore Ballroom Dance Club lost a popular member in April, **Rich Lerner**, after a long series of illnesses. Our deepest sympathies go to his wife, Paula, and his family and friends.
- The **Ballroom, Latin & Swing Dance Center** will be discontinuing group classes and dance parties at the **North Penn YMCA** at the end of July. **Vivian Beiswenger** will be refocusing her efforts on private lessons at her home studio and her growing travel business for dancers. **Larry & Claudia Silverman**, owners of the **Guys and Dolls Dance Club** will continue Friday and Sunday dance parties at the YMCA on a schedule to be announced. The last series of BLSDC group classes will run in June/July. **Independent dance teachers** are being sought to continue group classes at the YMCA after July. Interested teachers may get more information by emailing Vivian at [info@blsdc.com](mailto:info@blsdc.com).



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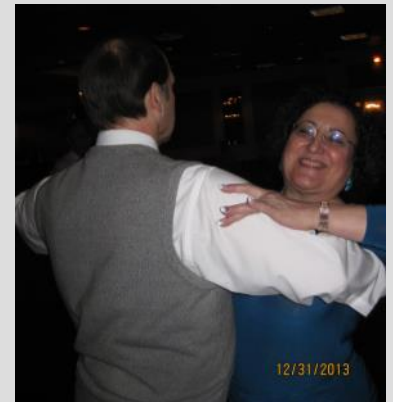
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# Time to Move? Weight, No Weight?

by Renata Maslowski

To watch the dance movement of an experienced dance couple is to observe what the scholar Mihály Csíkszentmihályi termed “Flow.” Dancing in effortless flow involves knowing when it is time to move; the time to move is when the body weight of lead and follower is in synch.

~ “We cannot deny the facts of nature, but we should certainly try to improve on them.” ~ Mihály Csíkszentmihályi

The details of “Flow”<sup>1</sup> are as relevant to dancing as to happiness in life. The experience seamlessly unfolding from moment to moment with:

1. Intense and focused concentration on what one is doing in the present moment
2. Merging of action and awareness
3. Loss of reflective self-consciousness
4. Sense of control over one’s action and a sense that one can deal with the situation because one knows how to respond to what happens next
5. A sense that time has passed faster than normal
6. Experience of the activity as intrinsically rewarding (the process vs. achieving some goal)

All dancers form helpful habits as well as ones that hinder practice. When it comes to lead and follow techniques, it is essential to avoid pulling or pushing a move as the leader and jumping ahead or lagging behind as the follower. The nuances involved in timing a move in partner dancing are strongly dependent on where each dancer’s body weight is centered.

Although weight change leads occur in every dance, tango - and especially Argentine tango - shows the clearest evidence of how the weight change lead communicates movement between dance partners<sup>2</sup>.

Dancers who want to improve communication with a partner need skills beyond just learning dance choreography. They need to practice dance movements that help develop partnering sensitivity skills. Many exercises use creative approaches to develop stronger lead and follow connection with a partner. One of the sensitivity exercises described in the article, “Frequently Asked Questions about Lead and Follow”<sup>3</sup>, (exercise #2), where partners hold each other’s shoulders while moving



with eyes open or closed, helps build sensitivity of upper body weight transfers within dance moves.

The focus and the goal of weight transfer practice exercise for dancing is the illusion of moving simultaneously. The result is a smooth flow of dance and strong connection between the partners’ bodies throughout the movement. When it is time to move, both partners will sense the weight and no-weight continuity between them from moment to moment in perfect flow.

**About Renata J. Maslowski:** Renata dances with *Starlites Dance Studio*. When not dancing, she is a *News Journal* blogger who writes on topics of local entertainment, health and wellness. The author gratefully acknowledges Brian L. Wells, Jack Pollock, Diane J. Weinberg and Vivian Beiswenger for editorial comments.

1 “The Concept of Flow” by Jeanne Nakamura and Mihaly Csikszentmihalyi, <http://myweb.stedwards.edu/michaelo/2349/paper1/ConceptOfFlow.pdf>

2 “How to Lead a Clear, Connected and Comfortable Step in Argentine Tango” posted by Christian Abbott, <http://www.creativelydo.com/blog/how-to-lead-a-clear-connected-and-comfortable-step-in-argentine-tango/>

3 “Frequently Asked Questions About Lead and Follow,” a collection of articles from the newsgroup rec.arts.dance by Mark Balzer, [http://www.eijkhout.net/lead\\_follow/sensitivity.html](http://www.eijkhout.net/lead_follow/sensitivity.html)



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- At the end of October 2014, the Cruise Champion with the highest score from each ship will have an opportunity to perform as a finalist on the Champions Cruise in December 2014. Finalists, plus a guest, will be invited on a complimentary 7-day Champions Cruise to the Caribbean, where the 15 finalists will dance for the coveted mirror ball trophy and the title Holland America Line *Dancing with the Stars: At Sea* Grand Champion.

### 2014 theme cruises just announced!

In addition to classes and competition, select cruises will also feature "Dancing with the Stars" celebrities and famed dance professionals\*\*. Guests will enjoy a chance to meet the dancers, ask questions and take photos; and see a dazzling production starring the celebrities and dance professionals, including Kym Johnson, Tristan MacManus, Sabrina Bryan and Carson Kressley.

#### June 14 & 21, 2014

*ms Zuiderdam*, 7-Day Alaska

#### July 26; August 2, 2014

*ms Westerdam*, 7-Day Alaska

#### November 29, 2014

*ms Westerdam*, 7-Day Eastern Caribbean

#### Champions Cruise — December 6, 2014

*ms Westerdam*, 7-Day Eastern Caribbean

\* Please see eligible cruise dates and complete terms and conditions at [hollandamerica.com/DWTSrules](http://hollandamerica.com/DWTSrules)  
 \*\* Professionals and celebrities are subject to change.

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# QUEEN ELIZABETH FULL WORLD VOYAGE

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 10 January – 119 days | Southampton to New York†  
 18 January – 104 days | New York to Southampton  
 Fort Lauderdale embarkation also available  
 18 January – 111 days | Roundtrip New York†  
 Fort Lauderdale embarkation also available

5 February – 86 days | Los Angeles to Southampton  
 5 February – 93 days | Los Angeles to New York†  
 8 February – 83 days | San Francisco to Southampton  
 8 February – 90 days | San Francisco to New York†

## WORLD VOYAGE ITINERARY

MTH	DATE	DAY	PORT	CALL TYPE
Jan	10	Sat	<b>Southampton</b> , England	Depart PM
Jan	18	Sun	<b>New York</b> , New York	In Port
Jan	21	Wed	<b>Fort Lauderdale</b> , Florida	In Port
Jan	22	Thu	Nassau, Bahamas	In Port
Jan	25	Sun	Willemstad, Curaçao	In Port
Jan	27	Tue	Panama Canal, Panama	Transit
Jan	29	Thu	Puntarenas, Costa Rica	In Port
Feb	2	Mon	Cabo San Lucas, Mexico	In Port
Feb	5	Thu	<b>Los Angeles</b> , California	In Port
Feb	7	Sat	San Francisco, California <b>OVERNIGHT</b>	Overnight
Feb	8	Sun	<b>San Francisco</b> , California	In Port
Feb	13	Fri	Honolulu, Hawaii	In Port
Feb	14	Sat	Lahaina, Hawaii	In Port
Feb	20	Fri	Pago Pago, American Samoa	In Port
Feb	22	Sun	Apia, Samoa	In Port
Feb	24	Tue	Nuku 'Alofa, Tonga	In Port
Feb	27	Fri	Auckland, New Zealand	In Port
Feb	28	Sat	Bay of Islands, New Zealand	In Port
Mar	3	Tue	<b>Sydney</b> , Australia <b>OVERNIGHT</b>	Overnight
Mar	4	Wed	Sydney, Australia	In Port
Mar	6	Fri	Brisbane, Australia	In Port
Mar	9	Mon	Cairns (Yorkeys Knob), Australia <b>MAIDEN CALL</b>	In Port
Mar	12	Thu	Rabaul, Papua New Guinea	In Port
Mar	18	Wed	<b>Yokohama</b> , Japan	In Port
Mar	20	Fri	Nagasaki, Japan	In Port
Mar	21	Sat	Busan, South Korea	In Port

MTH	DATE	DAY	PORT	CALL TYPE
Mar	23	Mon	Shanghai, China	In Port
Mar	25	Wed	Hong Kong <b>OVERNIGHT</b>	Overnight
Mar	26	Thu	<b>Hong Kong</b>	In Port
Mar	28	Sat	Nha Trang, Vietnam	In Port
Mar	29	Sun	Ho Chi Minh City (Phu My), Vietnam	In Port
Mar	31	Tue	Bangkok (Laem Chabang), Thailand	In Port
Apr	1	Wed	Sihanoukville, Cambodia	In Port
Apr	3	Fri	<b>Singapore</b>	In Port
Apr	4	Sat	Kuala Lumpur (Port Kelang), Malaysia	In Port
Apr	9	Thu	Mumbai, India	In Port
Apr	12	Sun	Abu Dhabi, United Arab Emirates	In Port
Apr	13	Mon	<b>Dubai</b> , United Arab Emirates	In Port
Apr	20	Mon	Safaga (for Luxor & Karnak), Egypt	In Port
Apr	21	Tue	Sokhna (for Cairo & Giza), Egypt	In Port
Apr	22	Wed	Suez Canal, Egypt	Transit
Apr	24	Fri	Istanbul, Turkey <b>OVERNIGHT</b>	Overnight
Apr	25	Sat	Istanbul, Turkey	In Port
Apr	27	Mon	Valletta, Malta	In Port
Apr	30	Thu	Lisbon, Portugal	In Port
May	3	Sun	<b>Southampton</b> , England	Arrive AM

Add a **QUEEN MARY 2** Transatlantic Crossing to end your World Voyage.†

MTH	DATE	DAY	PORT	CALL TYPE
May	3	Sun	<b>Southampton</b> , England	Depart PM
	10	Sun	<b>New York</b> , New York	Arrive AM

## REGIONAL VOYAGES 8 TO 22 DAYS

Regional Voyages allow you to sail with **QUEEN ELIZABETH** for only a portion of her 2015 World Voyage, giving you the opportunity to see whichever region most appeals to you while still being part of a Cunard World Voyage.

10 January – 8 days | Southampton to New York  
 Fort Lauderdale disembarkation also available  
 18 January – 21 days | New York to San Francisco  
 Fort Lauderdale embarkation and/or Los Angeles disembarkation also available  
 8 February – 22 days | San Francisco to Sydney  
 3 March – 15 days | Sydney to Yokohama  
 18 March – 16 days | Yokohama to Singapore  
 3 April – 10 days | Singapore to Dubai  
 13 April – 20 days | Dubai to Southampton

## LINER VOYAGES 26 TO 61 DAYS

Liner Voyages combine two or more consecutive Regional Voyages shown above, allowing you to explore several regions that interest you most. The choice is yours.

18 January – 43 days | New York to Sydney  
 8 February – 37 days | San Francisco to Yokohama  
 3 March – 61 days | Sydney to Southampton  
 3 March – 31 days | Sydney to Singapore  
 18 March – 26 days | Yokohama to Dubai

**For group rates call:**  
**Vivian Beiswenger**  
**215-855-2711**  
**info@blsdc.com**

\*Ports shown in **bold** are turnaround ports/days. †Must be booked as separate, linked voyages that include all or part of the 112-day Roundtrip Southampton Full World Voyage, 104-day New York to Southampton Full World Voyage, 86-day Los Angeles to Southampton Full World Voyage or 83-day San Francisco to Southampton Full World Voyage plus a Transatlantic Crossing aboard **QUEEN MARY 2** at the end. Cruises subject to change without notice.



# QUEEN MARY 2 FULL WORLD VOYAGE

3 January – 120 days	New York to Southampton†
3 January – 127 days	Roundtrip New York†
10 January – 98 days	Southampton to Cape Town
10 January – 113 days	Roundtrip Southampton

10 January – 120 days	Southampton to New York†
30 January – 93 days	Dubai to Southampton
30 January – 100 days	Dubai to New York†

## WORLD VOYAGE ITINERARY

Add a QUEEN MARY 2 Transatlantic Crossing to begin your World Voyage.\*

MTH	DATE	DAY	PORT	CALL TYPE
Jan	3	Sat	<b>New York</b> , New York	Depart PM
	10	Sat	<b>Southampton</b> , England	Arrive AM

MTH	DATE	DAY	PORT	CALL TYPE
Jan	10	Sat	<b>Southampton</b> , England	Depart PM
Jan	13	Tue	Malaga, Spain	In Port
Jan	15	Thu	Barcelona, Spain	In Port
Jan	17	Sat	Civitavecchia (for Rome), Italy	In Port
Jan	21	Wed	Suez Canal, Egypt	Transit
Jan	21	Wed	Sokhna (for Cairo & Giza), Egypt	OVERNIGHT Overnight
Jan	22	Thu	Sokhna (for Cairo & Giza), Egypt	In Port
Jan	23	Fri	Safaga (for Luxor & Karnak), Egypt	In Port
Jan	29	Thu	Dubai, United Arab Emirates	OVERNIGHT Overnight
Jan	30	Fri	<b>Dubai</b> , United Arab Emirates	In Port
Jan	31	Sat	Abu Dhabi, United Arab Emirates	In Port
Feb	4	Wed	Cochin, India	In Port
Feb	6	Fri	Colombo, Sri Lanka	In Port
Feb	10	Tue	Phuket, Thailand	In Port
Feb	11	Wed	Penang, Malaysia	In Port
Feb	12	Thu	Kuala Lumpur (Port Kelang), Malaysia	In Port
Feb	13	Fri	<b>Singapore</b>	In Port
Feb	15	Sun	Sihanoukville, Cambodia	MAIDEN CALL In Port
Feb	17	Tue	Ho Chi Minh City (Phu My), Vietnam	In Port
Feb	19	Thu	Sanya, China	MAIDEN CALL In Port
Feb	21	Sat	<b>Hong Kong</b>	OVERNIGHT Overnight
Feb	22	Sun	Hong Kong	In Port
Feb	25	Wed	Bandar Seri Begawan, Brunei	MAIDEN CALL In Port
Feb	28	Sat	Bitung, Indonesia	MAIDEN CALL In Port

MTH	DATE	DAY	PORT	CALL TYPE
Mar	3	Tue	Darwin, Australia	In Port
Mar	8	Sun	Whitsunday Islands, Australia	In Port
Mar	10	Tue	Brisbane, Australia	In Port
Mar	12	Thu	<b>Sydney</b> , Australia	In Port
Mar	15	Sun	Milford Sound, New Zealand	Scenic Cruising
Mar	17	Tue	Akaroa (for Christchurch), New Zealand	In Port
Mar	18	Wed	Wellington, New Zealand	In Port
Mar	20	Fri	Auckland, New Zealand	OVERNIGHT Overnight
Mar	21	Sat	Auckland, New Zealand	In Port
Mar	22	Sun	Bay of Islands, New Zealand	In Port
Mar	25	Wed	<b>Sydney</b> , Australia	In Port
Mar	27	Fri	Melbourne, Australia	In Port
Mar	29	Sun	Adelaide, Australia	In Port
Apr	2	Thu	Fremantle (for Perth), Australia	In Port
Apr	9	Thu	Port Louis, Mauritius	In Port
Apr	13	Mon	Durban, South Africa	In Port
Apr	15	Wed	Port Elizabeth, South Africa	In Port
Apr	17	Fri	Cape Town, South Africa	OVERNIGHT Overnight
Apr	18	Sat	<b>Cape Town</b> , South Africa	In Port
Apr	20	Mon	Walvis Bay, Namibia	In Port
Apr	28	Tue	Las Palmas, Gran Canaria	In Port
Apr	29	Wed	Funchal, Madeira	In Port
May	3	Sun	<b>Southampton</b> , England	Arrive AM

Add a Transatlantic Crossing to end your World Voyage.†

MTH	DATE	DAY	PORT	CALL TYPE
May	3	Sun	<b>Southampton</b> , England	Depart PM
	10	Sun	<b>New York</b> , New York	Arrive AM

## REGIONAL VOYAGES 8 TO 24 DAYS

Regional Voyages allow you to sail with QUEEN MARY 2 for a portion of her 2015 World Voyage, giving you the opportunity to see whichever region most appeals to you, while still being part of a Cunard World Voyage.

10 January – 20 days	Southampton to Dubai
30 January – 14 days	Dubai to Singapore
13 February – 8 days	Singapore to Hong Kong
21 February – 19 days	Hong Kong to Sydney
12 March – 13 days	Roundtrip Sydney
25 March – 24 days	Sydney to Cape Town
18 April – 15 days	Cape Town to Southampton

## LINER VOYAGES 34 TO 61 DAYS

Liner Voyages combine two or more consecutive Regional Voyages shown on the left, allowing you to explore several regions that interest you most. The choice is yours.

10 January – 61 days	Southampton to Sydney
10 January – 42 days	Southampton to Hong Kong
10 January – 34 days	Southampton to Singapore
12 March – 52 days	Sydney to Southampton
25 March – 39 days	Sydney to Southampton

**For group rates, call Vivian Beiswenger, 215.855.2711.**

\*Ports shown in **bold** are turnaround ports/days. †Must be booked as separate, linked voyages that include all or part of the 113-day Roundtrip Southampton Full World Voyage or 93-day Dubai to Southampton Full World Voyage, plus a Transatlantic Crossing aboard QUEEN MARY 2 at the beginning and/or end. Cruises subject to change without notice.

# Delaware Valley Dance Organizer Contact Information

Adelphia Nightclub, Deptford, NJ, 856.686.0700  
 American Ballroom Company, Ewing, NJ,  
 mark@americanballroomco.com, 609.931.0409  
 Argen Tango Dancers, various NJ locations,  
 tangodancers@comcast.net, 856.751.2770  
 Atrium Dance Studio, Pennsauken, NJ,  
 barbara@atriumdance.com, 856.661.9166  
 Ballroom, Latin & Swing Dance Center, Lansdale, PA,  
 www.blstdc.com, 215.855.2711 (see ad)  
 Ballroom Dance Venue, 610.967.4897  
 Bella Rosa Ballroom, Broomall, PA,  
 bellarosaballroom@comcast.net, 215.258.5587  
 Bill Sapp, billsappiphone@gmail.com, 302.897.5228  
 BlueBallRoom, Wilmington, DE, ken@blueballroom.net,  
 302.290.2583  
 Brasil's, Philadelphia, PA, 215.413.1700  
 Brian Gallagher, g11brian@aol.com, 215.292.3340  
 Carousel Ballroom, West Chester, PA,  
 dance@carouselballroom.com, 610.701.0600  
 Central Jersey Dance Society, Princeton, NJ,  
 www.centraljerseydance.org, 609.945.1883  
 Coastline Bar & Grill, Cherry Hill, NJ, 856.795.1773  
 Dance Haddonfield, Haddonfield, NJ,  
 www.dancehaddonfield.org, 856.429.9154  
 Dance Time of NJ, Marlton, NJ,  
 info@dancetimeofnewjersey.com, 856.574.4018  
 Dancers Unlimited, Broomall, PA, 610.352.1996  
 Dances by Diane, Westville, NJ, info@dancesbydiane.com,  
 856.456.3900  
 DanceSport Academy, Ardmore, PA, 610.642.2525  
 Delaware Valley Swing Club, Collingswood, NJ,  
 delvalswing@yahoo.com, 856.858.6753  
 Donna Boyle, Plymouth Meeting, PA,  
 donnaboyledisco@aol.com, 215.740.3472  
 DuPont Country Club, Wilmington, DE, annrave@verizon.net,  
 302.421.1747  
 Estilo Dance Studio, Philadelphia, PA,  
 info@estilodancestudio.com, 215.336.0170  
 Flaco's Dance Factory, Phila., PA, maestroflaco@gmail.com  
 Guys & Dolls Ballroom Dance Club, Newtown, PA,  
 guysandolls@comcast.net, 215.666.2535 (see ad)  
 Jersey Shore Ballroom Dance Club, Somers Point, NJ,  
 jsbdclub@gmail.com, 609.645.3269  
 Kimberton Dance Society, Kimberton, PA,  
 kimberton\_arts\_bldg@yahoo.com, 610.935.2721  
 La Luna Dance Studio, Bensalem, PA,  
 info@lalunadancestudio.com, 215.638.0418  
 Lesley Mitchell & Kelly Ray, Philadelphia, PA,  
 lesleymitchell2x4@gmail.com, 215.574.9555  
 Lindy and Blues, Philadelphia, PA, lab@lindyandblues.com  
 Lucha Cartel Bar & Restaurant, Philadelphia, PA,  
 267.761.9209  
 Lynne Stevens, lasdance13@comcast.net  
 Main Line Ballroom, Ardmore, PA,  
 mainlineballroom@gmail.com, 610-909-7718 (see ad)  
 Mambodelphia Ent., Phila., PA, info@mambodelphia.com,  
 609.330.6804  
 Maria Aldrete & Steve Mason, Pennsauken, NJ,  
 tengotango@comcast.net, 610.246.2043  
 Medalist DC, Bellmawr, NJ, stevenmdavis@comcast.net,  
 856.905.6189

Michael's Café, Bensalem, PA, 215.633.7171  
 Milonga La Pausa, Philadelphia, PA,  
 laparisienne23@yahoo.com  
 Monday Blues Jazz Orchestra, info@mondaybluesjazz.com,  
 609.910.3434  
 Mostly Waltz, Broomall, PA, info@mostlywaltz.com,  
 215.643.4397  
 Parents w/o Partners, aadonnaa@comcast.net, 484.494.7060  
 Peppermint Dance Club, various locations,  
 bettykrout@verizon.net, 610.558.4556  
 Philadelphia Argentine Tango School, Philadelphia, PA,  
 meredithklein@gmail.com, 617.291.3798  
 Philadelphia Swing Dance Society, Philadelphia, PA,  
 215.629.2344, 610.676.0123  
 Princeton Tango, Princeton, NJ, tango@princeton.edu  
 Reef Restaurant & Lounge, Philadelphia, PA, 215.629.0102  
 Rob Baen & Sheila Purkey, robandsheiladance@yahoo.com,  
 856.517.0793  
 Rumbero Entertainment, Philadelphia, PA,  
 info@rumberoentertainment.com  
 Salsa in the Suburbs, Media, PA,  
 info@salsainthesuburbs.com, 610.800.8182  
 Sangha Space, Media, PA, 610.864.2323  
 Society Hill Dance Academy, Philadelphia, PA,  
 info@societyhilldance.com, 215.574.3574  
 Stardust Ballroom, Bellmawr, NJ, stardustbellmawr.com,  
 856.931.4000  
 Starlites Dance Studio, Inc., www.starlitesdance.com,  
 Hockessin, DE, 302.798.6330  
 Star Seguinot, various PA locations,  
 star@salsavenuestudio.com, 215.920.4511  
 Studio 18, Somers Point, NJ, studio18nj@gmail.com,  
 609.788.4021  
 Sweeneys, Bala Cynwyd, PA, 610.896.5221  
 Swing Kat Entertainment, Pottstown, PA, faryl@swingkat.com,  
 610.348.6727  
 Swingalongs, Doylestown, PA, 215.675.3914 or 215.858.2922  
 Take the Lead Dance Studio, Hockessin, DE, 302.234.0909  
 Tango Café, Philadelphia, PA, davidwalterp@verizon.net,  
 215.629.2344  
 Tango South and North, Ardmore, PA,  
 tangosouthandnorth@hotmail.com, 267.320.5210  
 The Studio at Take the Lead on Pine, Philadelphia, PA,  
 215.471.3215  
 Top Hat Dance Studio, Philadelphia, PA,  
 info@tophatdancestudio.com, 215.676.3100  
 Universal Ballroom Dance Center, Collingswood, NJ,  
 856.869.0010  
 Viva Ballroom Dance Studio, www.vivadancestudio.net,  
 Lawrenceville, NJ, 609.392.3930  
 Viva Tango!, Princeton, NJ, info@vivatango.com

Get your website listed here and highlighted for \$120 per year.  
 Send check payable to BLSDC to 255 Hawthorne Circle,  
 North Wales, PA 19454.

## Calendar of Places to Dance: MAY/JUNE, 2014

Contact information for events listed here is on the previous page.

### MONDAYS

**LINDY AND BLUES @ The Adrienne**  
8:30 PM-12 AM Blues Lesson & Dance

**MAMBODELPHIA ENT. @ Encore**  
8:30 PM-1:30 AM Salsa Lesson & Dance

**PRINCETON TANGO CLUB**  
10:30 PM-12:30 AM Argentine Tango Practica

**ROB B. & SHEILA P. @ Haddonfield School of Dance**  
9:15 PM West Coast Swing Practica

### TUESDAYS

**ADELPHIA NIGHTCLUB**  
8:30 PM Hustle Dance

**LESLEY MITCHELL & KELLY RAY**  
8:30-11:30 PM Argentine Tango Practica

**LINDY AND BLUES @ Ethical Society**  
8 PM-12 AM Lindy/Blues Lesson & Dance

**LUCHA CARTEL BAR & RESTAURANT**  
8 PM Salsa Lesson & Dance

**PEPPERMINT DANCE CLUB @ Prospector's**  
7-10:30 PM Lesson & Dance

**REEF RESTAURANT & LOUNGE**  
9 PM-2 AM Salsa Lesson & Latin Dance

**ROB B. & SHEILA P. @ Sangha Space**  
9:30-11 PM West Coast Swing Practica

### WEDNESDAYS

**AMERICAN BALLROOM COMPANY**  
7-9 PM Newcomers' Lesson & Practice Party

**ARGEN TANGO DANCERS @ Dance Time of NJ**  
8-11 PM Argentine Tango Practica

**BRASIL'S w/La Luna Dance Studio**  
9 PM-2 AM Salsa Lesson & Dance

**DANCERS UNLIMITED**  
7:30-11 PM Lesson & Dance

**JERSEY DANCE @ Enterprise Ballroom**  
8:30-11 PM Dance

**MICHAEL'S CAFE**  
8:30 PM-12:30 AM Hustle Lesson & Dance

**PHILADELPHIA ARGENTINE TANGO SCHOOL**  
9 PM-12 AM Argentine Tango Lesson & Practica

### THURSDAYS

**BRASIL'S w/La Luna & Estilo Dance Studios**  
9 PM-2 AM Salsa Lesson & Dance 1<sup>st</sup> Thur.

**DANCE TIME OF NJ**  
8-10 PM Dance

### THURSDAYS (continued)

**DONNA BOYLE @ Church on the Mall**  
7-11 PM Lesson & Dance 3<sup>rd</sup> Thurs.

**LINDY AND BLUES @ Univ. City Arts League**  
8-11 PM Lindy Hop/Balboa Lessons & Dance

**PARENTS WITHOUT PARTNERS Newtown Sq.**  
8-11 PM Dance w/Band

**STAR SEGUINOT @ Club 212**  
8:30 PM-12:30 AM Salsa Lesson & Latin Dance

### FRIDAYS

**AMERICAN BALLROOM COMPANY**  
8-11 PM Practice Party

**BALLROOM DANCE VENUE @ North End Fire Co.**  
7:30-10:30 PM Arg. Tango Lesson & Milonga 2<sup>nd</sup> Fri.

**BALLROOM, LATIN & SWING DANCE CENTER @ North Penn YMCA (see ad)**  
7:30-9:45 PM Beginner Friendly Dance Party

**BILL SAPP @ Phoenix Ballroom**  
7:30-11 PM Lesson & Dance 5/16

**BRASIL'S w/La Luna Dance Studio**  
9 PM-1:30 AM Salsa Lesson & Dance

**BRIAN GALLAGHER @ Rhythm DanceSport Center**  
8 PM-12 AM Hustle & West Coast Swing Lessons & Dance 2<sup>nd</sup> Fri.

**CAROUSEL BALLROOM**  
8-11 PM Lesson & Dance 5/23

**CENTRAL JERSEY DANCE SOCIETY @ Albert Hinds Plaza**  
7:30-10 PM Dance (outdoor) 5/16, 5/30, 6/13, 6/27 (rain: indoor 7:30-8:45 PM)

**DONNA BOYLE @ Church on the Mall**  
7:30 PM-12 AM Lesson & Dance

**LA LUNA DANCE STUDIO**  
8:30 PM-2 AM Salsa Lesson & Dance 5/9, 5/23

**LESLEY MITCHELL & KELLY RAY**  
8:30 PM-2 AM Arg. Tango Lessons & Milonga

**LINDY AND BLUES @ Adrienne Theater**  
8 PM-12 AM Balboa Lesson & Dance 3<sup>rd</sup> Fri.

**LYNNE STEVENS**  
8 PM-12 AM CA Mix Lesson & Dance 1<sup>st</sup> Fri.

**MAIN LINE BALLROOM (see ad)**  
7:30-11 PM Lessons & Dance 4<sup>th</sup> Fri.  
8PM-1 AM WCS Workshop & Dance 3<sup>rd</sup> Fri.

**ROB B. & SHEILA P.**  
9 PM-12:30 AM WCS Dance @ Universal Ballroom Dance Center 2<sup>nd</sup> Fri.  
8 PM WCS Lesson & Dance @ Collingswood Cloud Masonic Lodge 4<sup>th</sup> Fri.

### FRIDAYS (continued)

**SOCIETY HILL DANCE ACADEMY Center City**  
8:30-10 PM Dance

**STAR SEGUINOT**  
8 PM-1 AM Salsa Lesson & Dance @ Sunnybrook Ballroom 5/9  
9 PM-2 AM Latin Lesson & Dance @ Other Farm Brewing Co. 4<sup>th</sup> Fri.

**STARDUST BALLROOM**  
7:30 PM Lesson & Dance exc. 5/30  
8 PM-12 AM Dance 4 Diabetes Fundraiser 5/30

**STARLITERS DANCE STUDIO @ DuPont CC**  
7:30-11:00 PM Lesson & Dance 6/20

**STUDIO 18**  
6:30-10 PM Lesson & Dance

**SWEENEYS**  
7:30-10 PM Lesson & Dance 5/16, 6/13

**THE STUDIO AT TAKE THE LEAD ON PINE**  
9 PM-1 AM Salsa Lesson & Dance 2<sup>nd</sup>, 4<sup>th</sup> Fri.

### SATURDAYS

**ARGEN TANGO DANCERS @ Dance Time of NJ**  
7-11 PM Lessons & Milonga 3<sup>rd</sup> Sat.

**ATRIUM DANCE STUDIO**  
8:30 PM-2 AM Salsa Lesson & Latin Dance

**BELLA ROSA BALLROOM**  
8-11 PM Dance 5/24, 6/28

**BLUEBALLROOM**  
8-11:30 PM Ballroom & Swing/Hustle Dances 5/17, 6/21

**BRASIL'S w/Estilo Dance Studio**  
9 PM-2 AM Salsa Lesson & Dance

**CAROUSEL BALLROOM**  
8-11 PM Lesson & Dance Party 5/3, 5/10, 5/31

**CENTRAL JERSEY DANCE SOCIETY**  
7-11:30 PM Latin Lesson & Dance 1<sup>st</sup> Sat.  
7-11:30 PM Lesson & Dance 2<sup>nd</sup> Sat.  
7-11:30 PM CA Mix Lesson & Dance 3<sup>rd</sup> Sat.  
7-11:30 PM Swing Lesson & Dance 6/28

**DANCES BY DIANE**  
8-11 PM Lesson & Dance 5/10

**DELAWARE VALLEY SWING CLUB**  
7 PM-12:30 AM WCS Lesson & Dance 3<sup>rd</sup> Sat.

**DUPONT COUNTRY CLUB**  
8-11 PM Lesson & Dance 5/31 (RSVP by 5/29)

**MAIN LINE BALLROOM (see ad)**  
7:30-11 PM Lessons & Dance 2<sup>nd</sup> Sat.

**MILONGA LA PAUSA**  
9 PM-1 AM Milonga 1<sup>st</sup> Sat.



## Calendar of Places to Dance: MAY/JUNE, 2014

### SATURDAYS (continued)

**PEPPERMINT DANCE CLUB @ Ch. on the Mall**  
7:15 PM-12 AM Lessons & Dance

**PHILA. ARGENTINE TANGO SCHOOL**  
9 PM-2 AM Milonga 4<sup>th</sup> Sat.

**PHILA. SWING DANCE SOCIETY**  
7 PM-12 AM Swing Lessons & Dance  
5/10 w/Band, 6/14

**ROB B. & SHEILA P. @ Sangha Space**  
8 PM-12 AM CA Mix Lesson & Dance 4<sup>th</sup> Sat.

**SALSA IN THE SUBURBS**  
8 PM-12 AM Salsa Lesson & Dance 2<sup>nd</sup> Sat.

**SANGHA SPACE**  
9 PM-Late Argentine Tango Lesson & Milonga  
2<sup>nd</sup> Sat.

**STARDUST BALLROOM**  
9 PM-2:30 AM Salsa v Bachata Dance 2<sup>nd</sup> Sat.  
& 5/24

**STARLITERS @ Take the Lead DS**  
8-11:30 PM Lesson & Dance 5/24, 6/28

**SWINGALONGS DANCE CLUB**  
7:30-10:30 PM Couples' Dance 2<sup>nd</sup> Sat.

**SWING KAT ENTERTAINMENT**  
8-11:30 PM Swing Lesson & Dance @ North  
End Fire Co. 5/10  
8 PM-12 AM Swing Lesson & Dance w/Band  
@ Elks Lodge 5/17  
8 PM-12 AM Swing Lesson & Dance w/band @  
Sunnybrook Ballroom 6/21

**TAKE THE LEAD DANCE STUDIO**  
7:30-11 PM Lesson & Dance

### SUNDAYS

**ARGEN TANGO DANCERS @ Atrium Dance Studio**  
12-3 PM Milonga 1<sup>st</sup> Sun.

**ATRIUM DANCE STUDIO**  
3-7 PM Lesson & Dance

**BALLROOM DANCE VENUE**  
6:30-10 PM Lesson & Dance exc. 5/11, 5/18

**BRIAN GALLAGHER @ Michael's Café**  
6-9 PM Lesson & Dance

**CAROUSEL BALLROOM**  
5-8 PM Lesson & Dance Party 5/18

**COASTLINE w/Atrium Dance Studio**  
8 PM-2 AM Salsa Lesson & Dance

**DANCE HADDONFIELD**  
6-10:30 PM Lessons & Dance (see ad)

**ESTILO DANCE STUDIO @ Holiday Inn Stadium**  
9 PM-2 AM Salsa Lesson & Dance

### SUNDAYS (continued)

**GUYS AND DOLLS DANCE CLUB w/BLSDC**  
1:30-4:30 PM Lesson & Dance 1<sup>st</sup> & 3<sup>rd</sup> Sun.  
exc. 6/15 (see ad)

**LESLEY MITCHELL & KELLY RAY**  
9-11:30 PM Milonga 3<sup>rd</sup> Sun.

**LINDY AND BLUES**  
8-11 PM Swing Dance w/Band 3<sup>rd</sup> Sun.

**MARIA ALDRETE & STEVE MASON @ Atrium Dance Studio**  
12-3 PM Milonga 3<sup>rd</sup> Sun.

**MEDALIST DC @ Stardust Ballroom**  
2:30-5:30 PM Lesson & Dance 1<sup>st</sup>, 3<sup>rd</sup> Sun.

**MONDAY BLUES JAZZ ORCHESTRA @ Cannstatter Volksfest-Verein**  
3-7 PM Dance w/Big Band 6/8  
**@ German-Amer. Soc. of Trenton**  
3-7 PM Dance w/Big Band 5/18, 6/29

**MOSTLY WALTZ**  
2:30-6 PM Waltz Lesson & Dance 4<sup>th</sup> Sun.

**ROB B. & SHEILA P. @ Sangha Space**  
5:30-9:30 PM WCS Lesson & Dance 1<sup>st</sup> Sun. exc. 5/4

**STARDUST BALLROOM**  
7-10:30 PM Over-55 Dance w/Band

**TANGO CAFÉ @ Society Hill Dance Acad.**  
3:30-7 PM Milonga 4<sup>th</sup> Sun.

**TANGO SOUTH AND NORTH**  
4-9 PM Argentine Tango Lesson & Milonga  
1<sup>st</sup> Sun.

### FREE ADVERTISING

If you run a dance that is open to the public, email your event information to [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com) or send it to Vivian Beiswenger, *The Delaware Valley Dance Spotlight* Editor, 255 Hawthorne Circle, North Wales, PA 19454 or call 215.855.2711. We reserve the right to limit inclusion due to space and time constraints. Preference will be given to advertisers and submissions received before the deadline.

**Our next deadline for ads, news and calendar and special events will be JUNE 20**

Did you know that most of the *Dance Spotlight* advertisers, advertise year round and have been doing so for years. It must be working for them. Reach over 3100 PA, NJ, and DE dance households for pennies each.

**See advertising rates on page 27.**

# DANCING AROUND THE WORLD

## with Vivian Beiswenger and



"World's Best River Cruise Lines" in *Travel + Leisure's* 2013 World's Best Awards

**October 14, 2015 Paris - Rouen - Paris 8-day cruise with 6 guided tours**

### 2015 Paris & the Heart of Normandy

Vivian plans to escort this trip and hopes you can join her.

DAY	DESTINATION	ACTIVITIES	DAY	DESTINATION	ACTIVITIES
1	Paris	Embark your Viking ship, free time	5	Normandy Beaches	Normandy Beaches excursion including American Military Cemetery; evening at leisure
2	Paris	Panoramic city tour including landmarks along the Seine, a UNESCO Site, & free time to visit the Eiffel Tower or Louvre	6	Les Andelys	Guided walk to Château Gaillard
3	Giverny	Monet Foundation excursion touring the home & gardens of Claude Monet		Seine River	Scenic cruising through Northern France
	Vernon	Free time to stroll this provincial town	7	Conflans	Evening at leisure for a riverside walk
4	Seine River	Scenic cruising through France's Normandy region		Conflans	Guided city walk including museum or optional Palace of Versailles tour
	Rouen	Walking tour through medieval city including Joan of Arc's Market Square & free time	8	Paris	Evening at leisure, perhaps take a city cruise
				Paris	Disembark your Viking ship

Extensions: 3 nights Paris pre- or post-cruise and/or 3 nights Oxford & Highclere Castle post-cruise

**August 22, 2015 Beijing to Shanghai 16-day Cruisetour with 18 guided tours**

### 2015 Roof of the World

DAY	DESTINATION	ACTIVITIES	DAY	DESTINATION	ACTIVITIES
1	Beijing	Hotel check-in, free time	8	Lhasa	Visit Potala Palace, a UNESCO Site; Sera Monastery tour
2	Beijing	Tiananmen Square & Forbidden City; Summer Palace	9	Lhasa/Chongqing	Fly to Chongqing. Board the ship
3	Beijing	Excursion to Great Wall, a UNESCO Site; Sacred Way; optional Peking duck dinner & performers from Peking Opera	10	Shibaozhai	Shibaozhai Temple tour & Yangtze River views
4	Beijing	Hutongs & silk carpet workshop tour	11	Three Gorges	Qutang & Wu Gorges scenic cruising
	Xian	Fly to Xian. Hotel check-in. Optional Tang Dynasty dinner show		Lesser Three Gorges	Lesser Three Gorges excursion
5	Xian	Visit the Terra Cotta Army, a UNESCO Site	12	Three Gorges Dam	Three Gorges Dam lock transit & facility tour
6	Xian/Lhasa	Fly to Lhasa. Hotel check-in; Family visit & tea		Three Gorges	Xiling Gorge scenic cruising
7	Lhasa	Jokhang Temple visit & Barkhor Market; Tibetan Museum tour	13	Jingzhou	Viking River Cruises school visit & school children performance
			14	Wuhan/Shanghai	Disembark. Wuhan Museum tour. Fly to Shanghai. Hotel check-in & free time
			15	Shanghai	Old Shanghai/Bund tour; Shanghai Museum & free time; Chinese acrobatic performance
			16	Shanghai	Hotel check-out

Post-cruise extensions: 4 nights Guilin & Hong Kong or 2 nights Shanghai

**Oct. 11, 2015 Amsterdam to Budapest 15-day cruise of 5 countries with 13 guided tours**

### 2015 Grand European Tour

Sail aboard one of our NEW state-of-the-art ship, Viking Longships

DAY	DESTINATION	ACTIVITIES	DAY	DESTINATION	ACTIVITIES
1	Amsterdam	Embark your Viking ship, free time	9	Regensburg	Walking tour through medieval city center & free time
2	Kinderdijk	Tour Kinderdijk windmills, a UNESCO Site	10	Passau	Walking tour, organ concert & free time
3	Cologne	Walking tour & Gothic Cathedral visit; free time	11	Melk	Benedictine abbey tour with library & frescoes
4	Koblenz	Marksburg Castle excursion		Danube River	Cruising the Wachau Valley, a UNESCO Site
5	Rhine River	Cruising the Middle Rhine, a UNESCO Site		Krems	Evening free time or stroll the cobbled streets
6	Milttenberg	Guided city walk & glassblowing demonstration	12	Vienna	Panoramic city tour featuring the Ringstrasse & afternoon at leisure; optional classical concert
	Würzburg	Tour baroque Bishop's Residenz palace			Guided walking tour through Old Town
	Rothenburg	Optional Romantic Road tour	13	Bratislava	City tour of "Buda" & "Pest"; afternoon at leisure; Hungarian dinner
7	Bamberg	Guided walking tour & free time	14	Budapest	Disembark your Viking ship
8	Nuremberg	City tour & guided walk to Market Square or optional WWII history tour; free time	15	Budapest	

Extensions: pre-cruise 2 nights Amsterdam and/or post-cruise 2 nights Budapest or 3 nights Prague

We have group rates on the above dates but can book you on any Viking River Cruise dates.  
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## SPECIAL EVENTS & UPCOMING COMPETITIONS

**May 8-11, Thur.-Sun. - MidAtlantic Dance Classic**, Westin Hotel, Herndon, VA, WCS, country, hustle event, [www.midatlanticdanceclassic.com](http://www.midatlanticdanceclassic.com)

**May 9, Fri. - La Luna 11th Anniversary Dinner, Dance & Show**, La Luna Dance Studio, Bensalem, PA, [www.lalunadancestudio.com](http://www.lalunadancestudio.com), 215.638.0418

**May 10, Sat. - Salsa in the Suburbs Showcase & Dance**, Felinton Hall, Broomall, PA, [www.salsainthesuburbs.com](http://www.salsainthesuburbs.com)

**May 16-18, Fri.-Sun. - American Star Ball**, Golden Nugget Hotel & Casino, Atlantic City, NJ, [www.americanstarball.com](http://www.americanstarball.com), 215.805.2213 (see ad)

**May 16-18, Fri.-Sun. - Empire City Swing**, New York, NY, [www.empirecityswing.com](http://www.empirecityswing.com)

**May 16-17, Fri.-Sat. - WCS Workshops with Taletha Jouzdani**, Main Line Ballroom, Ardmore, PA, [www.sparklage.com](http://www.sparklage.com)

**May 16-23 - BLSDC Pre-Blackpool Transatlantic Cruise on Cunard's Queen Mary 2 w/Vivian Beiswenger**, 7 days New York to Southampton, 215.855.2711 (see ad)

**May 16-Jun. 13 - Transatlantic & Norwegian Explorer Cruise on Cunard's Queen Mary 2**, 28-day roundtrip NY or 13 days roundtrip Southampton, UK, 215.855.2711 (see ad)

**May 16-Jun. 13 - Grand British Isles Cruise on Cunard's Queen Victoria**, 28 days roundtrip NY or 13 days roundtrip Southampton, [www.blstdc.com](http://www.blstdc.com), 215.855.2711 (see ad)

**May 17, Sat. - Atrium Spring Showcase**, Pennsauken, NJ, [www.atriumdance.com](http://www.atriumdance.com), 856.661.9166

**May 17, Sat. - The Heart of the Matter w/Club Phred & Starlifers**, fundraiser for Heart in the Game, Candlelight Theatre, Arden, DE, [www.heartinthegame.org](http://www.heartinthegame.org), 302.494.3133

**May 17, Sat. - Jersey Shore Ballroom Dance Club Spring Ball**, Greenview Inn, Vineland NJ, reservations required, [www.dancejerseyshore.com](http://www.dancejerseyshore.com)

**May 17, Sat. - Universal Ballroom Dance Center Silver Screen Spring Showcase**, Collingswood, NJ, [www.universalballroomcenter.com](http://www.universalballroomcenter.com), 856.869.0010

**May 18, Sun. - Dances by Diane Spring Showcase**, Westville, NJ, [www.dancesbydiane.com](http://www.dancesbydiane.com), 856.456.3900

**May 22-26, Fri.-Mon. - Frankie Manning Centennial, World Lindy Hop Day & Battle of the Big Bands**, New York, NY, [www.frankie100.com](http://www.frankie100.com)

**May 22-30, Blackpool Dance Festival 2014**, Blackpool, UK, [www.blackpooledancefestival.com](http://www.blackpooledancefestival.com), 44.(0).1253.625252

**May 23, Fri. - Memorial Day Extravaganza w/Cultural Explosion**, La Luna Dance Studio, Bensalem, PA, [www.lalunadancestudio.com](http://www.lalunadancestudio.com), 215.638.0418

**May 23-26, Fri.-Tue. - Philadelphia Tango School International Tango Festival**, Philadelphia, PA, [www.philadelphiatangoschool.com](http://www.philadelphiatangoschool.com)

**May 23-Jun.5 - BLSDC British Isles Cruise on the Cunard Queen Victoria**, 13 days, 215.855.2711 (see ad)

**May 23-Jun.5 - BLSDC Norwegian Explorer Cruise on the Cunard Queen Mary 2**, 13 days roundtrip Southampton, UK, 215.855.2711 (see ad)

**May 30, Fri. - Dance 4 Diabetes Fundraiser for JD RF & ADA**, Stardust Ballroom, Bellmawr, NJ, 8 PM-12 AM, limited seating, [www.stardustbellmawr.com](http://www.stardustbellmawr.com), 856.931.4000

**Jun. 5-19 - BLSDC St. Petersburg & Baltics Cruise on the Queen Victoria**, 14-day roundtrip Southampton, England, 215.855.2711 (see ad)

**Jun. 5-13 - Transatlantic Cruise on Cunard's QM2**, 8 days Southampton to New York with a stop in Halifax, [www.blstdc.com](http://www.blstdc.com), 215.855.2711 (see ad)

**Jun. 7, Sat. - Colors of the Rainbow Team Match Final Competition**, Temple University, Mitten Hall, Philadelphia, PA, 1 PM, free, 215.268.3973

**Jun. 7-8, Sat.-Sun. - Three Diamond DanceSport Competition & Workshops**, Pittsburgh, PA, [www.threediamonddancesport.com](http://www.threediamonddancesport.com)

**Jun. 7-8, Sat.-Sun - NJ DanceSport Classic Summer Sizzler**, Rogers Dance Center, Hackensack, NJ, qualifying event for USA Dance National Championships, [www.njdancesportclassic.com](http://www.njdancesportclassic.com), 973.449.7654

**Jun. 13-15, Fri.-Sun. - Disco America**, Clarion Hotel & Conference Center, Essington, PA, [www.discoamerica.com](http://www.discoamerica.com)

**Jun. 14, Sat. - Atlantic DanceSport Challenge**, Hunt Valley Baltimore Hotel, Hunt Valley, MD, [www.atlanticdancesport.com](http://www.atlanticdancesport.com)

**Jun. 14 or 21 - 7-day Dancing with the Stars at Sea Alaska Cruise**, Holland America ms Zuiderdam, 215.855.2711 or [info@blstdc.com](mailto:info@blstdc.com) (see ad)

**Jun. 20, Fri. - Big Band Dance Society Dinner Dance w/Serenaders Orchestra**, Cavaliers Country Club, Newark, DE, RSVP by 6/13, 302.239.5159

**Jun. 20-22, Fri.-Sun. - Stardust Dance Weekend**, Honor's Haven Resort & Spa, Ellenville, NY, [www.stardustdance.com](http://www.stardustdance.com), 800.794.4982 (see ad)

**Jun. 21, Sat. - DuBarry Assembly Black Tie Dinner Dance**, Chase Canter, Wilmington, DE, resv. by 6/3, [www.dubarryassembly.com](http://www.dubarryassembly.com), 302.235.1035

**Jun. 22-Jul.6 - Geysers & Glaciers Iceland Cruise on the Queen Victoria**, 14-day roundtrip Southampton, UK, 215.855.2711 (see ad)

**Jun. 24-29, Tue.-Sun - Millennium Dancesport Championships**, Tampa FL, [www.m2dance.com](http://www.m2dance.com)

**Jun. 25 or Aug. 28 for 13 days - Alaska Land and Cruise Tour on the Diamond Princess**, includes Fairbanks, Dinali, McKinley & Glacier Bay from Whittier to Vancouver, [www.blstdc.com](http://www.blstdc.com), 215.855.2711 (see ad)

**Jun. 26-29, Thur.-Sun. - Liberty Swing Dance Championships**, Hyatt Regency New Brunswick, New Brunswick, NJ, [www.libertyswing.com](http://www.libertyswing.com)

**Jun. 27-29, Fri.-Sun - USA Dance Senior 4 & Junior II National Championships & Gumbo DanceSport Championships**, Baton Rouge, LA, qualifying event for 2015 Nationals, [www.gumboofballroom.com](http://www.gumboofballroom.com), 985.853.0030

**Jul. 1-6 - BLSDC Independence Day Celebration Dance Cruise on the Queen Mary 2**, 5-day roundtrip New York, New England/Canada, 215.855.2711 (see ad)

**Jul. 4, Fri. - Beiswenger Annual Fourth of July Pool Party & Patio Dance**, North Wales, PA, RSVP: [Vivian@blstdc.com](mailto:Vivian@blstdc.com)

*(Continued on page 19)*



# *Happy Eleventh Anniversary to the Ballroom, Latin, & Swing Dance Center Dinner Dance*

*(also celebrating Vivian Beiswenger's Birthday)  
Saturday, August 2, 7:30-11:30 PM*



at Williamson's Banquet & Event Center  
500 Blair Mill Road, Horsham, PA 19044

**MUSIC DJ - LARRY SILVERMAN**

**7:30 PM Doors Open for Dinner & General Dancing  
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# of each entrée;

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*For more information, call 215-855-2711, email [info@blsdc.com](mailto:info@blsdc.com)  
or visit [www.BLSDC.com](http://www.BLSDC.com).*

## SPECIAL EVENTS & DANCE COMPETITIONS (Continued from page 17)

**Jul. 4, Fri. - Stardust Ballroom Fourth of July Showcase,** Bellmawr, NJ, [www.stardustbellmawr.com](http://www.stardustbellmawr.com)

**Jul. 4-6, Fri.-Sun. - Independence Day Ball,** Rockville Hilton, Rockville, MD, [www.championshipdancecamps.com](http://www.championshipdancecamps.com)

**Jul. 16-20, Wed.-Sun. - Virginia State DanceSport Championships,** Hyatt Regency, Reston Town Centre, VA, [www.dancesportchampionships.com](http://www.dancesportchampionships.com)

**Jul. 25-27, Fri.-Sun. - Lindy and Blues Hot Mess Weekend,** Philadelphia, PA, [www.lindyandblues.com](http://www.lindyandblues.com)

**Jul. 26 or Aug. 2 - 7-day Dancing with the Stars at Sea Alaska Cruise,** Holland America ms Westerdam, 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Jul. 31-Aug. 3, Thur.-Sun. - Swing Fling,** Sheraton Premiere at Tysons Corner, Vienna, VA, [www.swingfling.com](http://www.swingfling.com)

**Aug. 2, Sat. - Ballroom, Latin & Swing Dance Center 11th Anniversary Dinner Dance,** Williamson Banquet Center, Horsham, PA, [www.blsdc.com](http://www.blsdc.com), 215.855.2711

**Aug. 6-10, Wed.-Sun. - Empire Dance Championship,** Conrad Hotel, New York, NY, [infodanceempire@gmail.com](mailto:infodanceempire@gmail.com), 917.535.2536

**Aug. 17-27 - Viva Ballroom Dance Studio Summer Dance Camp,** Kerhonkson, NY, [www.vivadancestudio.com](http://www.vivadancestudio.com), 609.392.3930 (see ad)

**Aug. 22 - 16-day China/Tibet Roof of the World Tour on Viking Emerald from Beijing to Shanghai,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Aug. 31-Sep. 14 - BLSDC St. Petersburg & Baltics Cruise on the Queen Victoria,** 14-day roundtrip Southampton, England, 215.855.2711 (see ad)

**Sep. 12-14, Fri.-Sun. - Stardust Dance Weekend,** Honor's Haven Resort & Spa, Ellenville, NY, [www.stardustdance.com](http://www.stardustdance.com), 800.794.4982 (see ad)

**Sep. 15-27 - BLSDC New England/Canada Autumn Colors Cruise on the Queen Mary 2,** 12-day roundtrip New York, 215.855.2711 (see ad)

**Oct. 16-18 - BLSDC New England/Canada Autumn Colors Cruise on the Queen Mary 2,** 12-day roundtrip New York, New England Canada, 215.855.2711 (see ad)

**Nov. 15, Sat. - Starliters 1st Fabulous Fall Festival & Dinner Dance,** DuPont Country Club, Wilmington, DE, [www.starlitersdance.com](http://www.starlitersdance.com)

**Nov. 21-23, Fri.-Sun. - Stardust Dance Weekend,** Honor's Haven Resort & Spa, Ellenville, NY, [www.stardustdance.com](http://www.stardustdance.com), 800.794.4982 (see ad)

**Nov. 21 - 7-day Rome to Venice Cruise on Cunard's Queen Elizabeth,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Nov. 28 - 7-day Venice to Rome Cruise on Cunard's Queen Elizabeth,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Nov. 29 - 7-day Dancing with the Stars at Sea Eastern Caribbean Cruise,** Holland America ms Zuiderdam, 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Dec. 6 - 7-day Dancing with the Stars at Sea Eastern Caribbean Cruise w/Vivian Beiswenger,** Holland America ms Zuiderdam, 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Dec. 22-Jan. 3 BLSDC Christmas/NYE Caribbean Cruise on the Queen Mary 2,** 12-day roundtrip New York, 215.855.2765 (see ad)

**Jan.-April, 2015 - World Cruise on Cunard's Queen Mary 2, Queen Elizabeth or Queen Victoria,** call for options, 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com)

**Jan. 18, 2015 - 18-day NYC to LAX Panama Canal Cruise on Cunard's Queen Elizabeth,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Feb. 2, 2015 - 15-day Fort Lauderdale to LAX Panama Canal Cruise on Cunard's Queen Victoria,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Feb. 17 - 48-day LA to LA South Pacific Cruise on Cunard's Queen Victoria,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Feb. 19 - 19-day San Francisco to Sydney South Pacific Cruise,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Mar. 9-20, 2015 - Stardust Dance Cruise X,** Costa Mediterranea roundtrip Miami, FL, [www.stardustdance.com](http://www.stardustdance.com), 800.537.2797 (see ad)

**Mar. 12-25, 2015 - BLSDC Australia/New Zealand Cruise, 13 days on the Queen Elizabeth,** stops in Milford Sound, Akaroa, Wellington, Auckland, (overnight), Bay of Islands, six at-sea days, [info@blsdc.com](mailto:info@blsdc.com), 215.855.2711 (see ad)

**Mar. 18-Apr. 3, 2015- BLSDC Tokyo (Yokohama) to Singapore Dance Cruise w/Vivian Beiswenger,** 16 days on the Queen Elizabeth with stops in Nagasaki (Japan), Busan (South Korea), Shanghai & Hong Kong (China), Nha Trang & Ho Chi Minh City (Vietnam), Bangkok (Thailand), & Sihanoukville (Cambodia), 215.855.2711 (see ad)

**Mar. 27-29, 2015 Fri.-Sun. - USA Dance 2015 National Championships,** Baltimore MD, [www.usadance.org](http://www.usadance.org)

**Apr. 3-13, 2015 - BLSDC Singapore to Dubai Dance Cruise w/Vivian Beiswenger,** 10 days on the Queen Elizabeth with stops in Malaysia, India (optional land tour to Taj Mahal), Abu Dhabi and Dubai, [info@blsdc.com](mailto:info@blsdc.com), 215.855.2711 (see ad)

**Apr. 6 - 19-day LAX to NYC Panama Canal Cruise on Cunard's Queen Victoria,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**May 22-29, 2015 Fri.-Fri. - 2015 Blackpool Dance Festival,** Blackpool, England, [www.blackpooldancefestival.com](http://www.blackpooldancefestival.com), 44.(0).1253.625252

**May 30, 2015 - 13-day Waterways of the Tsars St. Petersburg to Moscow River Cruise on Viking Truvor,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Oct. 11, 2015 - 15-day Grand European River Cruise Amsterdam to Budapest on Viking Eistla,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

**Oct. 14, 2015 - 8-day Paris & the Heart of Normandy River Cruise roundtrip Paris on Viking Neptune,** 215.855.2711 or [info@blsdc.com](mailto:info@blsdc.com) (see ad)

Listings are included here free of charge, space allowing. Preference is given to our advertisers and events that we assess to be of interest to dancers in the tri-state area surrounding Philadelphia. Send event and contact info to [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com).

**The deadline for the JULY/AUGUST issue is JUNE 20.**

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# DANCING AROUND THE WORLD

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1/21/15 - 2/8/15 18-day Fort Lauderdale to San Francisco

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2/2/15 - 2/19/15 17-day Fort Lauderdale to San Francisco

4/6/15 - 4/21/15 15-day Los Angeles to Fort Lauderdale

4/6/15 - 4/25/15 19-day Los Angeles to New York

**CONTACT INFORMATION** Vivian Beiswenger 215.855.2711 or 215.530.3482 • [info@blsrc.com](mailto:info@blsrc.com) • [www.blsrc.com](http://www.blsrc.com)

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# HOW TO BECOME A DANCE HOST ON CRUISE SHIPS

By Vivian Beiswenger

To begin with, ladies, while there is one cruise line experimenting with female dance hosts (Crystal Cruises), this is only a pilot program and the likelihood of becoming a female dance host is slim to none for the time being. I hope the pilot works out and cruise lines see value in female dance hosts.

So, the rest of this article is addressed to the gentlemen readers. First of all, I have a selfish reason for writing this. I want those good dancers among you to get involved and meet me on one of my cruises. I do not select dance hosts, but I am in contact with the people who do and I have been asked to refer gentlemen to the program. They never seem to have enough "good" dance hosts.

While I am calling this volunteer (meaning unpaid) position "dance host," a more accurate term might be social host since for most of the female passengers, a man *willing* to dance meets most of their requirements - whether he can or not. However, since I travel with real dancers, on my cruises, it is important to us that the hosts can actually dance well. I can't call the position social host because the cruise lines often have another job with that title (Social Host or Hostess) which has only a minimum of dance knowledge required. I can't call these men Gentlemen Hosts® because one of the two companies that recruits them has registered this name as a trademark. The other company calls them Distinguished Gents.

If you would like me to refer you, while you must be social, you also must know how to dance, preferably at a silver level or higher.

The three main companies that get paid to recruit these hosts are Compass Speakers Entertainment, Inc. (US), Dance Afloat (UK) and Sixth Star Inc. (US). I have included their contact information below.

Crystal Cruises hires their own dance hosts, as does Holland America Line.

First, **your cruise is not usually free.** Expect to pay \$28-\$60 per night for your cruise. All meals and onboard

entertainment are included. If you commit to 30 days or more, some companies will cover your airfare. You may also get a beverage and laundry discounts and gratuities waived or discounted. You may have the opportunity to escort a land excursion, thus getting the excursion free with minimal coordination requirements required on your part.

**The requirements:** while I have been told that these requirements are not cast in stone, they are looking for men roughly between the ages of 21 and 70, preferably single, who are non-smokers and moderate or non-drinkers, well-groomed with excellent manners and social and dance etiquette. You must be fluent in English, a good conversationalist, a good listener, and physically fit. Hosts are expected to participate in games and activities and refrain from complaining, showing favoritism, or dancing with married women without their husbands'/companions' consent.

Regarding dance skills, they are not very high - but will be, if you ask for my recommendation. You must know the basics of foxtrot, waltz, swing, rumba and cha cha. Some companies require quickstep. You are expected to be able to dance on time and follow the line of dance for moving dances and stay in the center of the floor when not moving or moving slowly. You are expected to dance with all the single ladies who wish to dance, especially the older ones and escort them on and off the floor.

Gentlemen hosts are required to attend the ballroom lessons conducted on the ship and socialize in groups at meals and events. Attending solo traveler events may be expected or required.

Championship level and exhibition style dancing is not only not required, but sometimes frowned upon. The gentleman is expected to dance at the lady's level making her feel comfortable and look good.

You will be required to have the appropriate wardrobe, including a black tuxedo, white dinner jacket, navy blazer, suits, sports jackets and casual

wear. Some companies will give you a more specific wardrobe and will color coordinate the hosts on each evening. You will also need a passport and travel insurance.

Having described this perfect dance host, believe me, I have seen every one of these rules broken, except possibly the dress code.

The good news is that I usually travel with very good dancers and dancing with us will be a dream! ☺

If you are up to seeing the world at a greatly reduced cost, please apply for the programs below and let me know if you need a personal recommendation.

I am going to be on the Queen Mary 2 on May 16-23, and will have dancers on the September and October QM2 New England/Canada sailing out of New York as well and the Christmas/ NYE sailing. I already have a great group of dancers committed to the March/April, 2015 Queen Elizabeth sailing from Yokohama to Singapore and Singapore to Dubai.

**Compass Speakers and Entertainment** selects US Gentlemen Hosts ® for Cunard's Queen Elizabeth and Queen Victoria, Silversea Cruises and other cruise lines. 954.568.3801, info@compassspeakers.com. Complete an application online at [www.compassspeakers.com](http://www.compassspeakers.com).

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**Crystal Cruises:** Attn: Sheila Hoffman - Ambassador Host Program, 11755 Wilshire Blvd., Suite 900, Los Angeles, CA 90025. Please submit a letter, resume, headshot photograph and VHS/DVD of dance work being performed within a professional dance studio. No phone calls.

**Holland America Line:** contact GuestStaff@HollandAmerica.com. Only 30+ day cruises have hosts.

**Dance Afloat Agency:** UK hosts for Cunard & Fred Olsen. Contact Debbie Snashall, info@danceafloat.com



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# HOW TO GET THE BEST CRUISE DEALS *(Continued from page 3)*

refundable (if you decide you don't want to cruise with them again within the four years). Last, a friend or agent can usually purchase an FCC for you in your name (if you aren't going to be on a ship before you book). I routinely do this for my clients.

## **VETERAN/SENIOR CREDITS:**

If you qualify, some cruise lines offer veteran discounts or onboard credit. The amount is usually based on the length of the cruise, but \$50 to \$250 is possible. Ask your agent to check. You might ask about senior discounts (if you qualify), but I don't know of any companies that offer senior discounts.

## **STOCKHOLDER OBC:**

Carnival Corporation owns about 10 cruise lines and offers an OBC for any passenger who owns at least 100 shares of stock (\$50 - \$250 per cruise based on the length of the cruise). If you cruise often, I suggest that you consider this deal.

## **WHAT'S INCLUDED:**

When you compare prices, make sure that you are comparing apples to apples. Are all taxes and fees included in the fare? Are gratuities included? Are there any group/promotion amenities such as OBC, free alcohol, photos, or other onboard services included? Is airfare or insurance extra? Are ground transfers included? Most cruise lines charge extra for alcohol, soda, shore excursions, etc., however, some luxury lines include these.

Also, the level of service can be substantially different from line to line. For instance, on a three-week trip through China in 2011, the cruise line provided us with an English-speaking guide 24/7 from the moment we arrived in China until we were checked in for the flight home. When we arrived, he handed us name tags with his cell phone number on the back and we were told to call it if we needed anything.

One service that is very different from cruise line to cruise line is the **amenities offered to dancers**. Very few cruise lines offer a full range of services for dancers, including large dance floors, professional dance lessons, dance hosts, and real ballroom, Latin and swing dance music. I can only name one cruise line that offers all of these services on *every* cruise. Another offers dance hosts on every cruise (but not all the other amenities) and one offers dance hosts on extended voyages only. Some offer dance lessons, but taught by the crew and not professional dance teachers. A bigger difference is that if you are on a ship that offers ALL these services, you are more likely to meet other dancers. If they do not offer these services, you may find that there are *no other dancers on the ship!* ☺

Another area for consideration for singles, is the single supplement cost. Most cruise lines charge a single cabin rate that is 75%-100% higher than the per person double rate. There are exceptions where some cruises offer very low single supplements, but they are hard to find. Some cruise lines/travel agents/group coordinators will offer a service to help singles find a cabin mate - someone they don't know in advance. Others offer an introduction service - that is, the group

coordinator/agent will provide the two passengers with contact information (phone numbers and email addresses). The individuals can then talk, email or meet, if feasible, in advance of final booking, and they decide if they want to room together.

## **AIR FARE:**

When I first started booking cruises, often the air travel purchased through the cruise company was significantly higher than the fares that could be purchased online or directly from the airlines. Since 2013, I have found this to not necessarily be true. Some cruise lines are offering very competitive fares - in many cases, lower than I could find online and they often include next port insurance. That is, if you should miss the ship or your flight is canceled, if you purchased your air through the cruise line, its representative will assist you in getting to the ship, next port or home.

On my last trip to South America, I was very glad that I purchased my air travel through the cruise line. Not only was it less expensive than the internet quotes I received, but, when my flight home from sunny Santiago to snowy New York was canceled, the airline gave us no help. Its staff would not assist with hotel accommodation and could not tell us if a flight would be available in two hours or two days. We were told to call their help line (which was not being answered because of all the weather-related calls). I called the cruise line and a representative not only answered the phone, but he booked us on the next flight (leaving about an hour later than our original flight) to New York via Dallas/Fort Worth on a different airline at no additional cost to us.

## **CREDIT CARDS:**

If you plan on traveling outside the USA, you might want to consider acquiring a **"no foreign transaction fees" credit card** (or two). Many credit cards charge as much as 3% of purchases made outside the country. You can find a list of those that have no foreign transaction fees by doing a search on the internet (or call me for the names of the cards that I use). When using one of these cards, pay in the local currency (if asked) to avoid a bank conversion fee (usually 3-7 %).

I hope you found this useful and that we meet onboard at some time in the near future. I'd love to hear your cruise experiences. Send them to me at [info@blsdc.com](mailto:info@blsdc.com). Happy sailing and dancing!

---

## **DANCING CLASSROOMS PHILLY ALLSTARS**

*(Continued from page 1)*

come from all parts of the city and transport their children to Saturday classes, rehearsals and performances." If you are interested in sponsoring or supporting the DCP Philly Allstars or hiring the troupe for an event, please call Program Director Patti Stewart at 215.268.3973.

Make sure to mark your calendar for the Colors of the Rainbow Team Match Final Competition to be held at Temple University's Mitten Hall, 1913 N. Broad St., Philadelphia, on Saturday, June 7 at 1 PM. This event is free and open to the public and is guaranteed to provide a heartwarming afternoon of delight.



# QUEEN VICTORIA FULL WORLD VOYAGE

20 January – 95 days | Southampton to New York

20 January – 103 days | Roundtrip Southampton

2 February – 82 days | Fort Lauderdale to New York

2 February – 90 days | Fort Lauderdale to Southampton

## WORLD VOYAGE ITINERARY

MTH	DATE	DAY	PORT	CALL TYPE	MTH	DATE	DAY	PORT	CALL TYPE
Jan	20	Tue	<b>Southampton</b> , England	Depart PM	Mar	16	Mon	Wellington, New Zealand	In Port
Jan	23	Fri	Ponta Delgada, Portugal	In Port	Mar	17	Tue	Akaroa (for Christchurch), New Zealand	MAIDEN CALL In Port
Jan	29	Thu	St Johns, Antigua and Barbuda	In Port	Mar	19	Thu	Auckland, New Zealand	In Port
Jan	30	Fri	Road Town, Tortola	In Port	Mar	22	Sun	Rarotonga, Cook Islands	MAIDEN CALL In Port
Feb	1	Sun	Nassau, Bahamas	In Port	Mar	24	Tue	Papeete, French Polynesia	In Port
Feb	2	Mon	<b>Fort Lauderdale</b> , Florida	In Port	Mar	25	Wed	Bora Bora, French Polynesia	MAIDEN CALL In Port
Feb	5	Thu	Kralendijk, Bonaire	In Port	Mar	30	Mon	Hilo, Hawaii	In Port
Feb	6	Fri	Oranjestad, Aruba	In Port	Mar	31	Tue	Kahului, Hawaii	In Port
Feb	8	Sun	Limon, Costa Rica	MAIDEN CALL In Port	Apr	6	Mon	<b>Los Angeles</b> , California	In Port
Feb	9	Mon	Panama Canal, Panama	Transit	Apr	9	Thu	Cabo San Lucas, Mexico	In Port
Feb	12	Thu	Puerto Quetzal, Guatemala	In Port	Apr	13	Mon	San Juan del Sur, Nicaragua	MAIDEN CALL In Port
Feb	17	Tue	<b>Los Angeles</b> , California	In Port	Apr	15	Wed	Panama Canal, Panama	Transit
Feb	19	Thu	<b>San Francisco</b> , California	In Port	Apr	17	Fri	Cartagena, Colombia	In Port
Feb	24	Tue	Honolulu, Hawaii	In Port	Apr	19	Sun	Georgetown, Grand Cayman	In Port
Mar	2	Mon	Apia, Samoa	In Port	Apr	21	Tue	<b>Fort Lauderdale</b> , Florida	In Port
Mar	4	Wed	Suva, Fiji	In Port	Apr	22	Wed	Port Canaveral, Florida	In Port
Mar	6	Fri	Port Vila, Vanuatu	In Port	Apr	23	Thu	Charleston, South Carolina	In Port
Mar	9	Mon	Brisbane, Australia	In Port	Apr	25	Sat	<b>New York</b> , New York	In Port
Mar	11	Wed	<b>Sydney</b> , Australia	OVERNIGHT Overnight	May	3	Sun	<b>Southampton</b> , England	Arrive AM
Mar	12	Thu	Sydney, Australia	In Port					

## EXOTIC CRUISES 8 to 48 DAYS

Exotic cruises allow you to sail with **QUEEN VICTORIA** for a portion of her 2015 World Voyage, giving you the opportunity to see whichever region most appeals to you, while still being part of a Cunard World Voyage.

20 January – 13 days | Southampton to Fort Lauderdale

2 February – 15 days | Fort Lauderdale to Los Angeles

San Francisco disembarkation also available

17 February – 48 days | Roundtrip Los Angeles

17 February – 21 days | Los Angeles to Sydney

19 February – 19 days | San Francisco to Sydney

11 March – 27 days | Sydney to Los Angeles

6 April – 19 days | Los Angeles to New York

6 April – 15 days | Los Angeles to Fort Lauderdale

21 April – 12 days | Fort Lauderdale to Southampton

25 April – 8 days | New York to Southampton



For group rates, call  
Vivian Beiswenger,  
215.855.2711 or email  
[info@blsdc.com](mailto:info@blsdc.com).



\*Ports shown in **bold** are turnaround ports/days. Cruises subject to change without notice. The Cunard logo and logotype are registered trademarks of Carnival plc, an English Company trading as Cunard Line. **QUEEN MARY 2**, **QUEEN VICTORIA**, **QUEEN ELIZABETH** and The Most Famous Ocean Liners in the World are registered trademarks owned by Cunard. All rights reserved in the United States and other countries. Ships' Registry: Bermuda. ©Cunard 2013.

# Ballroom, Latin & Swing Dance Center June/July Dance Classes

Register a week before the class starts and automatically deduct 10% from the price. Call 215-855-2711 or email [info@blsdc.com](mailto:info@blsdc.com).

Refer a new student to us and get a \$10 class credit. No limit to how many friends you can refer or credits you earn.

DAY/TIME	CLASS	STARTS	TEACHER	# WKS	COST PP
Mon. 6:30-7:10 PM	Beginner/Intermediate American Tango	6/2/14	Vivian Beiswenger	8	\$104
Mon. 7:15-7:55 PM	Intermediate (Silver/Gold) Waltz/Foxtrot	6/2/14	Vivian Beiswenger	8	\$104
Mon. 8:00-8:40 PM	Quickstep (All Levels)	6/2/14	Vivian Beiswenger	8	\$104
Mon. 8:45-9:25 PM	Viennese Waltz (All Levels)	6/2/14	Vivian Beiswenger	8	\$104
Tue. 6:30-7:10 PM	Adv. Beg./Intermediate Waltz/Foxtrot	6/3/14	Vivian Beiswenger	8	\$104
Tue. 7:15-7:55 PM	Adv. Beg./Intermediate East Coast Swing	6/3/14	Vivian Beiswenger	8	\$104
Tue. 8:00-8:40 PM	Advanced Beginner/Intermediate Salsa	6/3/14	Vivian Beiswenger	8	\$104
Tues. 8:45-9:25 PM	Adv. Beg./Intermediate Rumba/Cha Cha	6/3/14	Vivian Beiswenger	8	\$104
Wed. 6:30-7:10 PM	Beginner Waltz/Foxtrot	6/4/14	Vivian Beiswenger	8	\$104
Wed. 7:15-7:55 PM	Beginner Swing/Jitterbug	6/4/14	Vivian Beiswenger	8	\$104
Wed. 8:00-8:40 PM	Beginner Salsa	6/4/14	Vivian Beiswenger	8	\$104
Wed. 8:45-9:25 PM	Beginner Hustle	6/4/14	Vivian Beiswenger	8	\$104

No classes on Easter Sunday. Students should be prepared for cancellations for weather, illness and personal reasons. If we cancel a class, either the class series will be extended a week or a refund or credit will be issued. Walk-in prices are \$3 additional per 40 to 45-minute session. **A registration form can be found in our brochure at the YMCA or on our web site, [www.blsdc.com](http://www.blsdc.com).**

**Locations:** All of the above classes are in Room 8 at the North Penn YMCA, 608 E. Main St., Lansdale, PA 19446

**Get email updates on classes, parties, dance cruise sales and special events by joining our mailing list at [www.blsdc.com](http://www.blsdc.com).**

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### AEGEAN JEWELS B



27 Jun (Q409C)	10 Oct (Q417A)
1 Aug (Q412A)	31 Oct (Q418C)
5 Sep (Q414C)	

### AEGEAN INTERLUDE C



4 Jul (Q410A)	12 Sep (Q415A)
8 Aug (Q412C)	

### MEDITERRANEAN MOMENTS D



11 Jul (Q410C)	19 Sep (Q415C)
15 Aug (Q413A)	

### MEDITERRANEAN DISCOVERY E



18 Jul (Q411A)	26 Sep (Q416A)
22 Aug (Q413C)	14 Nov (Q419C)

### MEDITERRANEAN DELIGHTS F



17 Oct 2014 (Q417C)

### ITALIAN SERENADE G



7 Nov 2014 (Q419A)

### ITALIAN SOJOURN H



28 Nov 2014 (Q420C)

FOR MORE INFORMATION,  
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*Please include payment with copy and send to: Vivian Beiswenger, Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454. Make checks payable to BLSDC. 10% late fee applies for payments not received within 1 week after copy deadline. Additional fees for ads that are not camera ready may apply. 20% discount for non-profit organizations.*

The deadline for each issue is usually the 20th of even months (e.g., June 20 for the July/August issue, which will be available to readers about July 1).

For more information, call 215.855.2711,  
email: [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com)

The Delaware Valley Dance Spotlight  
Vivian Beiswenger, Editor  
255 Hawthorne Circle  
North Wales, PA 19454

Email: [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com)  
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[www.BLSDC.com](http://www.BLSDC.com)  
Diane J. Weinberg, Associate Editor

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## FIRST CLASS MAIL

### ABOUT THE DELAWARE VALLEY DANCE SPOTLIGHT

*The Delaware Valley Dance Spotlight* is a publication of the Ballroom, Latin, and Swing Dance Center (BLSDC). It is distributed on our website ([www.blsdc.com](http://www.blsdc.com) or [www.DancingAtTheYMCA.com](http://www.DancingAtTheYMCA.com)) **free of charge** with notification of each issue's availability to all dancers on our email list (**there is no charge to be on our mailing list**). Published every two months, our goal is to provide the most current and complete information available at the time of publication about ballroom, Latin, swing, and hustle/disco dance and special events for the tri-state area surrounding Philadelphia, PA.

Check out our **centerfold calendar of places to dance in the Delaware Valley**. On the page preceding the calendar, you can find **contact information for each of these dance locations**. We also list **special events**, such as **dinner dances, dance weekends, dance competitions, dance cruises, and special workshops with visiting masters** on our *Special Events* page(s). *Organizers of these events are not charged for listings* in order to make them as complete as possible for you, our readers. In fact, unlike many other dance listings, with the assistance of Diane Weinberg, we spend a considerable amount of time in collecting information and contacting organizers to make sure that the information that we provide is as accurate and complete as possible at the time of publication. We also provide **articles of interest** and a free voice for the **Delaware Valley Chapter of USA Dance**.

We encourage recipients to forward this information to others who might be interested and/or to post it on their websites unedited. Excerpts may be reprinted as long as credit is given to *The Delaware Valley Dance Spotlight*, including the issue months and year and a reference to our website ([www.DancingAtTheYMCA.com](http://www.DancingAtTheYMCA.com)) to get the complete publication. Exceptions, reprints of articles, or more information can be requested through the Editor, Vivian Beiswenger, at [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com) or at 255 Hawthorne Circle, North Wales, PA 19454, or by calling 215-855-2711.

We invite submissions for publication, but reserve the right to edit the final documents for size, content, or interest to our readers. **Note: We do not sell or re-distribute our mailing list to anyone.** To receive or access your free copy of *Dance Spotlight*, click on the mailing list option on [www.DancingAtTheYMCA.com](http://www.DancingAtTheYMCA.com), or send your email address to [dancespotlight@blsdc.com](mailto:dancespotlight@blsdc.com), requesting to be added to our mailing list and/or our deadline notification list.

If you wish to receive a black and white paper copy of the *Dance Spotlight* mailed to you, please send a check or money order for \$40 payable to BLSDC to Vivian Beiswenger, *Dance Spotlight* Editor, 255 Hawthorne Circle, North Wales, PA 19454 along with your name, address, phone number(s), and email address(s).