

The Delaware Valley Dance Spotlight

Published by the Ballroom, Latin, & Swing Dance Center for Greater Philadelphia Area Dancers - March/April, 2013

DANCING WITH THE STARS SEASON 16

By Vivian Beiswenger with excerpts from the Dancing with the Stars web site

The new celebrities for Season 16 of *Dancing with the Stars* have been announced! We have Olympic gold medalists, comedians, grammy winners, a soap star and more! Who are your favorites?

The stars, the drama, the glamour, and the sexiness are back on ABC. *Dancing with the Stars* returns for Season 16 on Monday, March 18 (8-10 p.m., ET) with a thrilling two-hour season premiere, then on Tuesday, March 26, with the premiere of *Dancing with the Stars the Results Show* (9-11 p.m., ET).

Hosted by Tom Bergeron (*America's Funniest Home Videos*) and Brooke Burke-Charvet (*Dancing with the Stars* Season Seven Champion), *Dancing with the Stars* is the hit series in which celebrities perform choreographed dance routines which will be judged by renowned ballroom judge Len Goodman and dancers/choreographers Bruno Tonioli and Carrie Ann Inaba.

Here's the Season 16 cast of *Dancing with the Stars*:

1. Country singer **Wynonna Judd**, paired with **Tony Dovolani**, Season 15 winner
2. Comedian **D.L. Hughley**, paired with **Cheryl Burke**, two-time *DWTS* winner
3. Baltimore Ravens wide receiver **Jacoby Jones**, paired with **Karina Smirnoff**, season 13 winner
4. *The Real Housewives of Beverly Hills* star **Lisa Vanderpump**, paired with hunky new *DWTS* pro dancer **Gleb Savchenko**, Russian-born member of the *DWTS* troupe and pro on Australian version of *DWTS*
5. Comedian **Andy Dick**, paired with new *DWTS* pro dancer **Sharna Burgess**, an Australian-born dancer from the *DWTS* troupe
6. Professional boxer **Victor "Vicious" Ortiz**, paired with new *DWTS* pro dancer **Lindsay Arnold**
7. Disney star **Zendaya Coleman** ("Shake It Up!"), paired with **Val Chmerkovskiy**
8. Olympic gold-medal winning gymnast **Aly Raisman**, paired with **Mark Ballas**, two-time *DWTS* winner
9. Soap star **Ingo Rademacher** (*General Hospital*), paired with **Kym Johnson**, two-time *DWTS* winner
10. Former *American Idol* finalist, country singer **Kellie Pickler**, paired with **Derek Hough**, the only three-time *DWTS* winner



Photo courtesy of ABC and Good Morning America.

11. Olympic figure skating legend **Dorothy Hamill**, paired with **Tristan McManus** for his fourth season on *DWTS*.

Bad boy Max Chmerkovskiy will not be returning this season. It just won't be the same!

USA Dance Nationals will be in Los Angeles during the filming of *DWTS* Season 16. For tickets, visit www.ocatv.com or call On Camera Audiences at 818-295-2700.

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SINGAPORE TO DUBAI: 14 days; Cunard's Queen Elizabeth, stops in Kuala Lumpur, Malaysia; Penang, Malaysia; Colombo, Sri Lanka; Mumbai, India; Abu Dhabi, UAE; overnight in Dubai, UAE.

Call 215-855-2711 or email info@blsdc.com to get the latest rates, cruise sale dates, and other adult cruise options.

Our group trips are luxury travel but we can book you on any cruise line. I hope that you can join us soon!

FLOORCRAFT – WATCH WHERE YOU’RE DANCING!

by Renata Maslowski

At some time, most dancers have wanted to shout “watch where you’re dancing!” Dancing is more than a series of steps, with well-timed execution and stable frame. The true wonder and artistry of the dance includes perceptive floorcraft by both leader and follower.

What is floorcraft? At its foundation, it is the awareness of other couples on the floor and the space available to each couple as the dance progresses. Floorcraft is comprised of several components: (1) starting/finishing positions, (2) transitions, (3) timing, (4) distance between dance couples, and (5) anticipating and avoiding obstacles.

The leader must learn the starting and finishing positions for various components of the dance, thus avoiding unnecessary adjustments after a maneuver and slowing the progression of the dance. Knowing which steps work best on the short line vs. the long line on the floor will help alleviate pauses in the dance. Brian L. Wells, owner of Starliters Dance Studio, recommends that “Leaders should omit any patterns in their repertoire that go backward until they are experienced and comfortable with navigating the social dance floor.” Learning a few alternative dance steps will help the leader coordinate transitions, offer the follower a chance to shift from just moving backward and

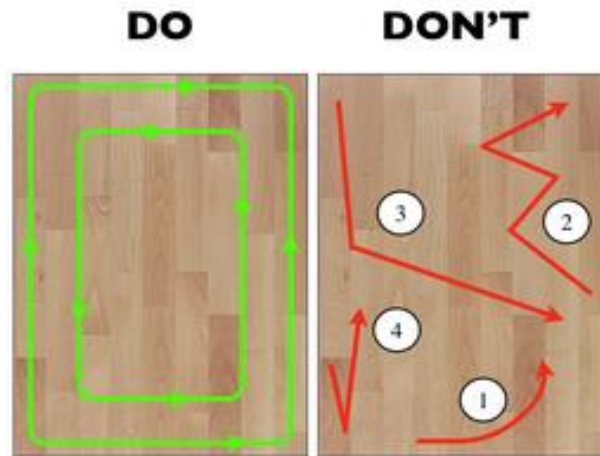


Diagram Source: <http://www.capetango.com/2/post/2011/11/milonga-floor-craft.html>

avoid repetition of the basic step throughout a piece of music.

Timing of a dance step is more than just completing a move to match the music. It also means performing the move without bumping into other dancers. Two of the hardest tasks in floorcraft are managing the distance between dance couples and anticipating and avoiding obstacles. My advice to new leaders is to imagine that they are wearing skis as a gauge of the distance for their stride plus the stride of their followers. With practice and observation, dancers can anticipate how other leaders move on the dance floor and how to avoid any obstacle, whether a body or a piece of furniture.

The leader holds a great deal of responsibility for managing floorcraft well, but there are many times when the follower contributes to ensuring safe and comfortable performance of dance

steps. The follower’s role in effective floorcraft is essential when the follower is moving a step down the line of dance and the leader is the one moving backward. Again, when a step involves the leader moving backward against the line of dance, it is important for the follower to not be passive, but, instead, be observant of the locations of other dance couples progressing along the line of dance. The relationship of a dance pair should always aim for interdependence and, more so, when contributing to well-performed floorcraft.

The ultimate goal should be “watch me dance” and not “watch where you’re dancing!”

About the Author: Renata J. Maslowski dances with Starliters Dance Studio. When not dancing, she is a News Journal blogger who writes on topics of local entertainment, health, and wellness.



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I (Terri Lynn) am the president of the Heart of Florida Chapter
#6015 of USA Dance and Michael does the music for our
dances. We know what you like and we keep our playlists
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HOW TO PREVENT COLDS, FLU AND SINUSITIS

By Dr. Veronica Collings with Excerpts from Dr. Bruce West's Health Alert Reprint

In all parts of the globe where the native population had changed from their natural foods to the use of commercial products, there began the infiltration of those dreaded diseases, tuberculosis, pneumonia, and influenza...exactly parallel to the increase in their use of commercial foods. It made no difference whether the change took place in a high valley in the Swiss Alps or in an island of the sea in the Eastern or Western hemisphere. The identically same results followed the introduction of commercial foods of civilized man.

Dr. Royal Lee, 1955.

This season, most of us were running around, attempting all types of "precautions" that do not address the reason of what makes one person over another susceptible to disease: malnutrition leading to weakened immunity. While everyone is chasing the bugs, we should be strengthening our immune systems. I will not attempt to correct the malnutrition of the world in this short newsletter, but just one source of essential nutrients can greatly increase your resistance to disease all year round.

This is about real vitamin D from real cod liver oil. It's about real supplements from plants, animal and glandular extracts to prevent germs in your sinuses, throat, bronchi and lungs from causing you colds, flu, sinusitis, bronchitis and pneumonia.

Even medical science is finally saying that vitamin D has a major impact on your immune system, is a major fighter of inflammation, plays a critical role in prevention and treatment of asthma and favorably influences hormone levels via its role as a steroid hormone in the "vitamin D endocrine system," is a potent cancer inhibitor and plays a major role in cases of chronic sinusitis and sinus infection.

The other main source of vitamin D is the sun. Since Americans are turning up with low levels of vitamin D, probably from all the sun phobia of the last 20 or so years, we may have one more major therapy to help with these winter challenges. Did you know that these viruses are just as prevalent in the summer as they are in winter? What is not as prevalent in winter is vitamin D from the sun. A lot of speculation is pointing to the lack of



vitamin D as one of the reasons why we get these diseases more in winter. Of course, being in close quarters doesn't help.

Here are just a few things that the immunology experts are now saying:

- Vitamin D directly and favorably affects the cells of your immune system, including monocytes, macrophages, dendritic cells and T cells (all immune cells that fight infection and disease).
- Vitamins A and D influence dozens of immune system reactions to bacteria, viruses and fungi via T cells, B cells, calcitriol (which regulates over 100 genes), monocytes, interleukin-17, interferon, CD4 and CD 8 cells, plasma cells and immunoglobulin.
- Vitamin D suppresses inflammation (the source of most of your suffering) in the sinuses as well as in your nasal and breathing membranes.
- Vitamin D favorably regulates cathelicidin. This is the only antimicrobial (fights microbes such as bacteria, viruses and fungi) agent of its type produced by humans. With adequate vitamin D, cathelicidin is produced on your skin, in your breathing passages and throughout your digestive system. These are all the areas that are constantly exposed to germs, microbes and pathogens.
- Vitamin D levels are consistently and significantly lower in patients in the intensive care unit with hospital infections and sepsis.

- Vitamin D levels are consistently lower in people who suffer from chronic sinus problems, and even nasal polyps.

We now know that vitamin D comes in many forms or isomers; it is not just D2 or D3. There are hundreds of various forms and even various colors of vitamin D in nature. You need to get the real thing.

Do not take store-bought vitamin D. Studies are showing that synthetic or high doses of isolated vitamin D can cause problems. Some of these problems relate to calcifications in your body. That means that hardening of the arteries might worsen, kidney stones might form and artery blockages to your heart could worsen. These problems are rare, but real. That is why you must get vitamin D from whole food and the sun only.

The best form of whole food vitamin D is real cod liver oil (CLO). Unfortunately, most CLOs are now industrially produced and heavily treated, with most brands removing the natural vitamin A and D and adding back synthetic versions. Real cod liver oil contains thousands of molecular structures. It contains the counterbalancing nutrients to vitamin D that render it totally healthful and safe. The vitamins A and F (essential fats) are just a couple of these. As the vitamin D drives calcium into your bones (calcification), the vitamins A and F maintain calcium in your soft tissues and muscles, providing the natural antidote to calcification.

Therefore, while more than 1,000 international units (IUs) of synthetic vitamin D might be problematic, thousands of IU's of real vitamin D from cod liver oil are powerful nutrition. Again, that is because vitamin D is more properly used by your body and balanced by the naturally occurring nutritional counterparts found in the CLO. Besides real vitamin D and A, CLO is also loaded with the essential omega 3 fats, DHA and EPA. It can replace the other fish oils so that you have one less supplement to take and more benefits to reap. The only companies that I have found that have unadulterated cod liver oil are Blue Ice Cod Liver Oil from Green Pastures and Cod Liver Oil Lemonized Pearls from Standard Process - two companies that I trust.



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DAY/TIME	CLASS	STARTS	LOCATION/TEACHER	# WKS	COST PP
Mon. 6:30-7:10 PM	Advanced Beginner Waltz/Foxtrot	4/1/13	Room 8/ Beiswenger	8	\$104
Mon. 7:15-7:55 PM	Advanced Beginner Swing	4/1/13	Room 8/ Beiswenger	8	\$104
Mon. 8:00-8:40 PM	Advanced Beginner Salsa	4/1/13	Room 8/ Beiswenger	8	\$104
Tues. 6:30-7:10 PM	Intermediate/Advanced American Rumba	3/12/13	Room 8/ Rossi	8	\$120
Tues. 7:15-7:55 PM	Intermediate/Advanced Int'l Cha Cha	3/12/13	Room 8/ Rossi	8	\$120
Tues. 8:00-8:40 PM	Intermediate/Advanced Salsa	3/12/13	Room 8/ Rossi	8	\$120
Wed. 6:30-7:10 PM	Beginner Waltz/Foxtrot	3/6/13	Room 8/ Collings	8	\$88
Wed. 7:15-7:55 PM	Beginner Swing (Jitterbug)	3/6/13	Room 8/ Collings	8	\$88
Wed. 8:00-8:40 PM	Beginner Salsa	3/6/13	Room 8/ Collings	8	\$88
Thur. 6:30-7:55 PM	Ladies' Latin Formation Team	3/7/13	Room 8/Rossi	5*	\$130
Thur. 6:30-8:45 PM	Silver Waltz/Foxtrot Technique	4/11/13	Room 8/ Beiswenger	1	\$39
Thur. 6:30-8:45 PM	Beginner/Intermediate Quickstep	4/18/13	Room 8/ Beiswenger	1	\$39
Thur. 6:30-8:45 PM	Beginner/Intermediate Viennese Waltz	4/25/13	Room 8/ Beiswenger	1	\$39
Thur. 6:30-7:10 PM	Beginner/Intermediate Country Two Step	5/2/13	Room 8/Kam	8	\$104
Thur. 7:15-7:55 PM	Beginner/Intermediate Bachata	5/2/13	Room 8/Kam	8	\$104
Thur. 8:00-8:40 PM	Beginner/Intermediate American Tango	5/2/13	Room 8/Kam	8	\$104
Thur. 8:45-9:25 PM	Beginner/Intermediate Line Dancing	5/2/13	Room 8/Kam	8	\$104
Sat. 2:00-5:30 PM	Intermediate/Advanced Cha Cha	4/6/13	Impact Zone/Rossi	1	\$60 in adv.
Sat. 2:00-5:00 PM	Beginner American Tango	4/13/13	Impact Zone/Beiswenger	1	\$52 in adv.
Sat. 2:00-5:30 PM	Waltz Technique with Pose Lines	4/27/13	Impact Zone/ Gekhman	1	\$60 in adv.
Sat. 2:00-5:30 PM	Intermediate/Advanced Bolero	5/4/13	Impact Zone/Rossi	1	\$60 in adv.
Sat. 2:00-5:30 PM	Waltz Technique with Pose Lines	5/11/13	Impact Zone/ Gekhman	1	\$60 in adv.
Sun. 1:30-3:00 PM	Intermediate/Advanced Hustle (Disco)	3/24/13	Room 8/ Boyle	1	\$22 in adv.
Sun. 5:15-6:40 PM	American Bronze Waltz/Foxtrot Workshop	3/3/13	IV YMCA/ Beiswenger	1	\$26
Sun. 5:15-6:40 PM	Advanced Beginner Rumba and Cha Cha	4/7/13	IV YMCA/ Beiswenger	7	\$182
Sun. 11:00-11:40 AM	Beginner/Intermediate West Coast Swing	4/21/13	Room 8/ Boyle	5	\$55
Sun. 12:00-12:40 PM	Beginner/Intermediate Hustle (Disco)	4/21/13	Room 8/ Boyle	5	\$55

* Fourth week (3/28/13) will be a one-hour practice only w/o Lana Rossi. **Students should be prepared for cancellations for weather, illness and personal reasons. If we cancel a class, either the class series will be extended a week or a refund or credit will be issued. No classes for Donna Boyle on March 3 or April 15. Walk-in prices are \$3 additional per 40 to 45-minute session.**

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Delaware Valley Dance Organizer Contact Information

Adelphia Nightclub, Deptford, NJ,
www.adelphiarestaurant.com, 856.686.0700

American Ballroom Company, Ewing, NJ,
www.americanballroomco.com, 609.931.0409

Argen Tango Dancers, Marlton, NJ, www.argen-tango.com,
856.751.2770

Argentine Tango School, Philadelphia, PA,
www.philadelphiatangoschool.com

Atrium Dance Studio, Pennsauken, NJ,
www.atriumdance.com, 856.661.9166

Ballroom, Latin & Swing Dance Center, Lansdale, PA,
www.DancingAtTheYMCA.com, 215.855.2711

Bella Rosa Ballroom, Broomall, PA,
www.bellarosaballroom.com, 215.258.5587

Blue Moon Dancesport, Exton, PA,
www.dancebluemoon.com, 610.363.8679

BlueBallRoom, Wilmington, DE, www.blueballroom.net,
302.290.2583

Brasil's, Philadelphia, PA, www.brasilnightclub.philly.com,
215.413.1700

Brian Gallagher, various locations, g11brian@aol.com,
215.292.3340

Broomall Ballroom w/Roberto, Broomall, PA,
www.broomallballroom.com, 610.459.3564

Carousel Ballroom, West Chester, PA,
www.carouselballroom.com, 610.701.0600

Central Jersey Dance Society, Princeton, NJ,
www.centraljerseydance.org, 609.945.1883

Coastline Bar & Grill, Cherry Hill, NJ, coastlinenj.com,
856.795.1773

Dance Haddonfield, Haddonfield, NJ,
www.dancehaddonfield.org, 856.429.9154

Dance Time of NJ, Marlton, NJ, 856.574.4018,
www.dancetimeofnewjersey.com

Dancers Unlimited, Broomall, PA, 610.352.1996,
www.dancersunlimited-mm.com

Dances by Diane/Diane Alcavage, Westville, NJ,
www.dancesbydiane.com, 856.456.3900

DanceSport Academy, Ardmore, PA,
www.dancesportpa.com, 610.642.2525

Delaware Valley Swing Club, Collingswood, NJ
www.delval.wordpress.com, 856.858.6753

Donna Boyle, various locations,
www.donnaboyle.com, 215.740.3472

DuPont Country Club, Wilmington, DE, 302.421.1747

Estilo Dance Studio, Philadelphia, PA,
www.estilodancestudio.com, 215.336.0170

Guys & Dolls Ballroom Dance Club, Newtown, PA,
guysandollsbballroomdance.com, 267.364.5819

Jersey Dance, various NJ locations, www.jerseydance.com,
609.375.8468

Jersey Shore Ballroom Dance Club, Somers Point, NJ,
www.dancejerseyshore.com, 609.645.3269

Joy of Tango, www.joyoftango.com, 267.536.9623

Kimberton Dance Society, Kimberton, PA, 610.935.2721

La Luna Dance Studio, Bensalem, PA,
www.lalunadancestudio.com, 215.638.0418

Lesley Mitchell & Kelly Ray, Philadelphia, PA,
www.dancephiladelphia.com, 215.574.9555

Lindy and Blues, Philadelphia, PA, www.lindyandblues.com

Living in Rhythm, Phila., PA, www.livinginrhythm-intl.com

Lynne Stevens, Lansdale, PA, lasdance13@comcast.net

Maria Aldrete & Steve Mason, Pennsauken, NJ,
tengotango@verizon.net, 610.246.2043

MasterJay Moves Dance Studios, Philadelphia, PA,
www.masterjmoves.com, 215.564.2575

Medalist DC, Bellmawr, NJ, miloshevv@aol.com,
856.905.6189

Michael's Café, Bensalem, PA, 215.633.7171

Monday Blues Jazz Orchestra, Trenton, NJ,
www.mondaybluesjazz.com, 609.910.3434

Mostly Waltz, Broomall, PA, www.mostlywaltz.com,
215.643.4397

Painted Bride Art Center, Philadelphia, PA,
www.paintedbride.org, 215.925.9914

Parx Casino Club 360, www.parxcasino.com, 888.588.PARX

Peppermint Dance Club, various locations,
www.peppermintdanceclub.com, 610.558.4556

Philadelphia Argentine Tango School, Philadelphia, PA,
www.philadelphiatangoschool.com, 617.291.3798

Philadelphia Swing Dance Society, Philadelphia, PA,
www.swingdance.org, 215.849.5384

Princeton Clubs, Princeton, NJ, www.princeton.edu

Rob Baen & Sheila Purkey, www.robandsheiladance.com,
856.517.0793

Salsa in the Suburbs, Upper Darby, PA, 610.800.8182,
www.salsainthesuburbs.com

Sangha Space, Media, PA, www.sanghaspace.com,
610.565.0300

Society Hill Dance Academy, Philadelphia, PA,
www.societyhilldance.com, 215.574.3574

Spamps Restaurant, Conshohocken, PA,
www.spampsrestaurant.com

Stardust Ballroom, Bellmawr, NJ, www.stardustbellmawr.com,
856.931.4000

Starlites Dance Studio, Inc., Hockessin, DE,
www.starlitesdance.com, 302.798.6330

Sunnybrook Ballroom, Pottstown, PA, 484.624.5187

Sweeneys, Bala Cynwyd, PA, 610.896.5221,
http://home.comcast.net/~sweeneydance

Swing Kat Entertainment, Pottstown, PA, www.swingkat.com,
610.348.6727

Swingalongs, Doylestown, PA, www.swingalongsdance.org,
215.675.3914 or 215.858.2922

Take the Lead Dance Studio, Hockessin, DE,
www.taketheleaddancestudio.com, 302.234.0909

Tango Café, Philadelphia, PA, davidwalterp@verizon.net,
215.629.2344

Tango South and North, Rosemont, PA, various locations,
www.tangosouthandnorth.com, 267.320.5210

The Studio at Take the Lead on Pine, Philadelphia, PA,
www.taketheleadstudio.com, 215.471.3215

Top Hat Dance Studio, Philadelphia, PA
www.tophatdancestudio.com, 215.676.3100

Universal Ballroom Dance Center, Collingswood, NJ,
www.universalballroomcenter.com, 856.869.0010

Viva Tango!, Princeton, NJ, www.vivatango.org

Calendar of Places to Dance: MARCH/APRIL, 2013

Contact information for events listed here is on the previous page.

MONDAYS

DANCING WITH THE STARS PREMIERE
3/18, 8-10 PM; RESULTS 3/26, 9-11 PM

ESTILO DANCE STUDIO @ Brasil's
8 PM Salsa Dance *See website*

LINDY AND BLUES @ The Adrienne
8:30 PM-12 AM Blues Lesson & Dance

MASTERJAY MOVES DANCE STUDIO @ Vango Skye Bar & NC
8 PM-2 AM Salsa Lesson & Dance

PRINCETON TANGO CLUB
10:30 PM-12:30 AM Argentine Tango Practica

ROB BAEN & SHEILA PURKEY @ Dance Time of NJ
9-11 PM West Coast Swing Dance

TUESDAYS

ADELPHIA NIGHTCLUB
8 PM Hustle Dance

DANCE TIME OF NJ
9-10:30 PM Dance

LESLEY MITCHELL & KELLY RAY
8:30-11 PM Argentine Tango Practica

LINDY AND BLUES @ Ethical Society
8 PM-12 AM Lindy/Blues Lesson & Dance

LIVING IN RHYTHM @ Reef Rest. & Lounge
9 PM-2 AM Salsa Lesson & Latin Dance

PEPPERMINT DANCE CLUB @ Prospector's
7-10:30 PM Lesson & Dance

ROB BAEN & SHEILA PURKEY @ Sangha Space
9:30-11 PM West Coast Swing Practica

WEDNESDAYS

AMERICAN BALLROOM COMPANY
7-9 PM Newcomers' Lesson & Practice Party

ARGEN TANGO DANCERS
8-11 PM Argentine Tango Practica

BRASIL'S w/La Luna Dance Studio
9 PM-2 AM Salsa Lesson & Dance

DANCERS UNLIMITED
7:30-11 PM Lesson & Dance

JERSEY DANCE @ Enterprise Ballroom
7-11 PM Lesson & Dance *See website*
7-11 PM WCS Lesson & Dance *See website*

MICHAEL'S CAFÉ
8:30 PM-12:30 AM Hustle Lesson & Dance

MIXX BAR & RESTAURANT
7:30-11 PM Latin Lesson & Dance

WEDNESDAYS (continued)

PHILADELPHIA ARGENTINE TANGO SCHOOL
9 PM-12 AM Argentine Tango Lesson & Practica

SPAMPS RESTAURANT
8-11 PM Salsa Lesson & Latin Dance

THURSDAYS

BLUE MOON DANCESPORT
7-9:30 PM Newcomers' Lesson & Dance

BRASIL'S w/La Luna & Estilo Dance Studios
9 PM-2 AM Salsa Lesson & Dance *1st Thurs.*

DANCE TIME OF NJ
9-10:30 PM Beginners' Dance

LINDY AND BLUES @ Univ. City Arts League
8-11 PM Lindy Hop/Balboa Lessons & Dance

LYNNE STEVENS @ 3rd & Walnut Banquet Hall
8:30-11 PM CA Mix Lesson & Dance *3rd Thurs.*

MASTERJAY MOVES DANCE STUDIO
9 PM-2 AM Salsa Lesson & Dance

PARX CASINO CLUB 360
8:30 PM-2 AM Latin Dance

PEPPERMINT DANCE CLUB @ Ch. on the Mall
7:15-11 PM Lesson & Dance *exc. 3rd Thurs. & 3/28*
7:15-11 PM Hustle Lesson & CA Mix Dance w/Donna Boyle *3rd Thurs.*

SANGHA SPACE
7:30 PM-12 AM Arg. Tango Lesson & Practica

TANGO SOUTH AND NORTH @ El Rincon Argentino
7-10 PM Argentine Tango Practica

FRIDAYS

AMERICAN BALLROOM COMPANY
8-11 PM Practice Party

BALLROOM, LATIN & SWING DANCE CENTER @ North Penn YMCA
7:30-9:45 PM Dance Party *exc. 3/29 (see ad)*

BRASIL'S w/La Luna Dance Studio
9 PM-1:30 AM Salsa Lesson & Dance

BRIAN GALLAGHER @ Atrium Dance Studio
8 PM-1 AM Hustle & West Coast Swing Lessons & Dance *2nd Fri.*

DANCESPORT ACADEMY
8:30-11 PM Lesson & Dance *1st Fri.*

LA LUNA DANCE STUDIO
8:30 PM-2 AM Salsa Lesson & Dance 3/8, 4/12
8:30 PM-1 AM Beg. Latin Lessons & Party 4/26

LESLEY MITCHELL & KELLY RAY
8:30 PM-2 AM Arg. Tango Lessons & Milonga

FRIDAYS (continued)

PAINTED BRIDE w/ Salsa Caliente
8 PM Salsa Dance w/ bands 3/1

PEPPERMINT DANCE CLUB @ Ch. on the Mall
6:45 PM-12 AM CA Mix Lesson & Dance *exc. 1st Fri. & 3/29*

R. BAEN & S. PURKEY @ Dance Time of NJ
8 PM-1 AM WCS Lesson & Dance

SOCIETY HILL DANCE ACADEMY Center City
8:30-10 PM Dance

STARDUST BALLROOM
7:30 PM Lesson & Dance

STARLITERS DANCE STUDIO @ DuPont CC
8-11:30 PM Lesson & Dance 3/8, 4/12

SWEENEYS @ Cynwyd Club
7:30-10 PM Lesson & Dance 3/1, 3/15, 4/5

SWING KAT ENTERTAINMENT
8 PM-12 AM WCS Lesson & CA Mix *1st Fri.;*
Swing Lesson & Dance *2nd, 4th, 5th Fri.*
8 PM-Late Salsa Lesson & Dance *3rd Fri.*

TAKE THE LEAD DANCE STUDIO
8-11:30 PM Latin Lesson & Dance *2nd Fri.*

THE STUDIO AT TAKE THE LEAD ON PINE
9 PM-1 AM Salsa Lesson & Dance *2nd, 4th Fri.*

UNIVERSAL BALLROOM DANCE CENTER
8-10:30 PM Dance *See website*

SATURDAYS

ARGEN TANGO DANCERS @ Dance Time of NJ
7-11 PM Lessons & Milonga *3rd Sat.*

ATRIUM DANCE STUDIO
9 PM-2:30 AM Salsa Lesson & Latin Dance

BELLA ROSA BALLROOM
8-11 PM Couples' Dance 3/23, 4/20

BLUE MOON DANCESPORT
8-10 PM Dance

BLUEBALLROOM
8-11:30 PM Dance & Milonga 3/16, Dance 4/20

BRASIL'S w/Estilo Dance Studio
9 PM-2 AM Salsa Lesson & Dance

BROOMALL BALLROOM
8:30-11:30 PM Couples' Dance 3/16, 4/13

CAROUSEL BALLROOM
8-10:30 PM Lesson & Dance

CENTRAL JERSEY DANCE SOCIETY
7-11:30 PM Latin Lesson & Dance *1st Sat.*
7-11:30 PM Dance *2nd Sat.*
7-11:30 PM Swing Lesson & Dance *3rd Sat.*
7-11:30 PM CA Mix Lesson & Dance *4th Sat.*

Calendar of Places to Dance: MARCH/APRIL, 2013

SATURDAYS (continued)

DANCE TIME OF NJ

8 PM Lesson & Dance 1st Sat.

DANCES BY DIANE (ALCAVAGE)

8-11 PM Lesson & Dance See website

DELAWARE VALLEY SWING CLUB

7 PM-12:30 AM WCS/Shag Lesson & Dance
3rd Sat.

JOY OF TANGO Milonga La Pausa

9 PM-1 AM Milonga 1st Sat.

KIMBERTON DANCE SOCIETY

7:30-10:30 PM Lesson & Dance 3/9, 3/30

PEPPERMINT DANCE CLUB @ Ch. on the Mall

7:15 PM-12 AM Lessons & Dance

PHILA. ARGENTINE TANGO SCHOOL

9 PM-2 AM Milonga 4th, 5th Sat.

PHILA. SWING DANCE SOCIETY

7 PM-12 AM Swing Lessons & Dance See website

ROB BAEN & SHEILA PURKEY @ Sangha Space

8 PM-12 AM CA Mix Lesson & Dance 4th Sat.

SALSA IN THE SUBURBS

8 PM-12 AM Salsa Dancing 3/9, 4/6

SANGHA SPACE

9 PM-Late Argentine Tango Lesson & Milonga
2nd Sat.

STARDUST BALLROOM

9 PM-2 AM Salsa Dance 2nd, 4th Sat.

STARLITERS @ Take the Lead DS

8-11:30 PM Lesson & Dance 3/30, 4/27

SWING KAT ENTERTAINMENT

7:30-11:30 PM Swing Lesson & Dance 1st Sat.
7:30-12 AM Swing Lesson & Dance w/band
3rd Sat.

7:30-11:30 PM Lesson & Dance 4th Sat.

SWINGALONGS DANCE CLUB

7:30-10:30 PM Couples' Dance 2nd Sat.

TAKE THE LEAD DANCE STUDIO

8-11:30 PM Lesson & Dance

TOP HAT DANCE STUDIO

8 PM California Mix Dance See website

UNIVERSAL BALLROOM DANCE CENTER

8-10:30 PM Dance See website

Move Clocks forward one hour on 3/10

SUNDAYS

ARGEN TANGO DANCERS @ Atrium Dance Studio

11:30 AM-3 PM Milonga 1st Sun.

ATRIUM DANCE STUDIO

3-7 PM Lesson & Dance

BALLROOM, LATIN & SWING DANCE CENTER w/Guys & Dolls Dance Club @ North Penn YMCA

1:30-4:30 PM Lesson & Dance 1st, 3rd Sun.
(see ad)

BRIAN GALLAGHER @ Michael's Café

6-9 PM Lesson & Dance

COASTLINE w/Atrium Dance Studio

8 PM-2 AM Salsa Lesson & Dance

DANCE HADDONFIELD

6-10:30 PM Lessons & Dance (see ad)

DANCES BY DIANE (ALCAVAGE)

2-5 PM Lesson & Dance See website

DONNA BOYLE @ Club Turbulence

7:30 PM Hustle & Latin Dance 2nd Sun.

GUYS & DOLLS BALLROOM DANCE CLUB w/BLSDC @ North Penn YMCA

1:30-4:30 PM Lesson & Dance 1st, 3rd Sun.
(see ad)

JERSEY SHORE BALLROOM DANCE CLUB

5-8 PM Lesson & Dance See website

JOY OF TANGO Collegeville Tango

4-8 PM Lesson & Milonga 2nd, 5th Sun.

LESLEY MITCHELL & KELLY RAY

9-11:30 PM Milonga 3rd Sun.

MARIA ALDRETE & STEVE MASON @ Atrium Dance Studio

12-3 PM Milonga 3rd Sun.

MEDALIST DC @ Stardust Ballroom

2:30-5:30 PM Lesson & Dance 1st, 3rd, 5th Sun.

MONDAY BLUES JAZZ ORCHESTRA

@ German-American Society of Trenton
3-7 PM Dance w/Big Band 3/24, 4/2 (see ad)

MOSTLY WALTZ

2:30-6 PM Waltz Lesson & Dance 3/24, 4/28

ROB BAEN & SHEILA PURKEY @ Sangha Space

5-10 PM West Coast Swing Lesson & Dance
4th Sun.

STARDUST BALLROOM

7-10:30 PM Over-55 Dance w/band

SUNDAYS (continued)

SWING KAT ENTERTAINMENT

7-10 PM Lesson & Dance 1st, 3rd, 5th Sun.
7-10 PM Arg. Tango Lesson & Milonga 4th Sun.

TANGO CAFÉ @ Society Hill Dance Acad.

3:30-7 PM Milonga 4th Sun.

TANGO SOUTH & NORTH @ New Leaf Club

5-9 PM Milonga 1st Sun.

FREE ADVERTISING

If you run a dance that is open to the public, you can be listed here for free. Email your event information to dancespotlight@blsdc.com or send it to Vivian Beiswenger, *Delaware Valley Dance Spotlight* Editor, 255 Hawthorne Circle, North Wales, PA 19454 or call 215-855-2711. We reserve the right to limit inclusion due to space and time constraints. Preference will be given to advertisers and submissions received before the deadline.

Thanks to our advertisers for making this publication available free to everyone (online at www.blsdc.com) and at minimal cost for paper copies.

Next Deadline: April 20

Did you know that most of the *Dance Spotlight* advertisers, advertise year round and have been doing so for years. It must be working for them. Reach over 3000 dance households (mostly in the PA, NJ, DE area) for pennies each. See advertising rates on page 19.

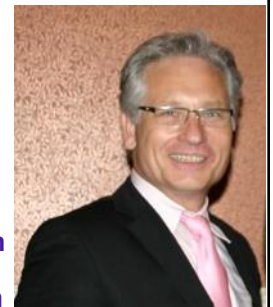
BEGINNER WALTZ/FOXTROT, SWING, AND SALSA CLASSES W/ GREG COLLINGS

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At the North Penn YMCA
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See ad page 7
for times and
prices.

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or email
info@blsdc.com

www.blsdc.com



Cruising and Dancing with the Ballroom, Latin, and Swing Dance Center

Please join Vivian Beiswenger and dancers from around the country on one of our **luxury cruises** on the most famous ocean liners in the world and the number one river cruise line. We have chosen **Cunard Cruise Line** for our ocean cruises because, in our experience, it offers the best amenities for ballroom dancers: real ballrooms with the **largest dance floors at sea**, high quality dance teachers, **male dance hosts** on every cruise, and real ballroom, Latin, and swing dance bands and DJ's. **for adults who like to dress up.** We chose **Viking River Cruises** because of the Viking way of first class luxury river cruising.

Our travel club rarely goes to the same place twice. Rather than visit the Caribbean over and over again, our goal is to *see the world by dancing* from location to location *in luxury*. Cruises marked with *** are official escorted dance cruises, but all Cunard cruises will have the usual ballroom dance amenities.

Viking cruises will provide first rate opportunities for luxury river cruising where larger ships can't go. These smaller ships sell out early, so book your cruise today.

Both Viking and Cunard limit the # of children on their voyages.

Here are our best choices for 2013/2014

CALL FOR OUR NEXT CRUISE SALE DATES!

*****June 1-15, 2013 (to coincide with the end of the Blackpool Dance Festival) SCANDINAVIA, ST. PETERSBURG, ESTONIA, AND GERMANY:** on Cunard's Queen Victoria round-trip Southampton, 14-night canal city adventure. *We also have group rates for the same itinerary as an unescorted group on August 17-31.*

*****Oct. 23, 2013 GRAND EUROPEAN TOUR:** 15 magical days along the Rhine, Main, and Danube Rivers from Amsterdam to Budapest on Viking River Cruises "Odin" including Holland, Germany, Austria, Slovakia, and Hungary. *This is Viking's most popular itinerary and will sell out soon. Book today!*

*****Jan. 24-Feb. 9, 2014 RIO DE JANEIRO, BRAZIL to VALPARAISO, CHILE:** 16 days on Cunard's Queen Victoria including Montevideo, Buenos Aires, Puerto Madryn, Cape Horn, Ushuaia, Punta Arenas, Amalia Glacier, Pío X Glacier, Perto Montt **(will sell out soon - part of world tour)!**

*****April 5-19, 2014 SINGAPORE TO DUBAI:** 14 days; Cunard's Queen Elizabeth, stops in Kuala Lumpur, Malaysia; Penang, Malaysia; Colombo, Sri Lanka; Mumbai, India; Abu Dhabi, UAE; overnight in Dubai, UAE. **(will sell out soon - part of world tour)!**

*** All of the above are escorted voyages..

Jul. 1-6, 2013 4th of JULY GETAWAY NEW ENGLAND & CANADA: 5 days; Cunard's Queen Mary 2; round trip NY.

Aug. 18, 2013 ROOF OF THE WORLD TOUR: 16-day Beijing to Shanghai with Viking River Cruises; stops in Xian, Lhasa, Shibaozhai, three River Gorges & Dam, Lesser Three Gorges, Jingzhou, and Wuhan; optional Hong Kong & Guilin.

Sep. 10, 2013 NEW ENGLAND & CANADA: 12 days; Cunard's Queen Mary 2; round trip NY.

Oct. 15, 2013 NEW ENGLAND & CANADA: 12 days; Cunard's Queen Mary 2; round trip NY.

Sep. 10, 2013 GREEK ISLES & MEDITERRANEAN: 12 days; Cunard's Queen Elizabeth; Rome to Venice.

Sep. 22, 2013 ADRIATIC & BLACK SEA: 12 days; Cunard's Queen Elizabeth; Venice to Athens.

Jan. -May 2014 WORLD TOURS on one of the CUNARD QUEENS. Call for options and rates. **Note: World tours sell out 6-9 months in advance and many 2014 options are already wait-listed. Don't wait and be disappointed.**

Jan. 12-28, 2014 FT. LAUDERDALE, FLORIDA to RIO DE JANEIRO, BRAZIL: 12 days; Cunard's Queen Victoria, with stops in Bridgetown, Barbados; Fortaleza, Brazil; ending in Rio de Janeiro, Brazil. **(will sell out soon - part of the world tour)!** **Many dates: TRANSATLANTIC on the QUEEN MARY 2:** one of our favorite cruises from NY to Southampton or reverse.

Call for more cruise options, 215-855-2711.



While we have great group rates, regional promotions and past passenger discounts, as well as occasional flash sales, may get you an even better deal. *When calling, supply all passengers names, World Club ID (if you have one), and your city of departure, as well as your preferred cabin type: inside, outside, balcony, or suite. Don't forget contact info.*

We'll help you find a cabin mate.

Call 215-855-2711 or 215-530-3482 or email info@blsdc.com.
Visit our website at www.DancingAtTheYMCA.com

SPECIAL EVENTS & UPCOMING COMPETITIONS

Mar. 2, Sat. - 50+ DanceSport Challenge at the Arnold Sports Festival, Hilton Columbus Hotel, Columbus, OH, arnoldsportsfestival.com

Mar. 3, Sun - Jersey Shore Ballroom Dance Club Dinner Dance, formal, Flanders Hotel, Ocean City, NJ, rsvp.pammytune@aol.com

Mar. 3-10, Sun.-Sun. - Stardust Cruise VIII, Royal Caribbean Adventure of the Seas, www.stardustdance.com, 800.537.2797 (see ad)

Mar. 9, Sat. - Rythmic Society Couples Dinner Dance, formal, Indian Valley Country Club, Harleysville, PA, tgulla@verizon.net

Mar.12-30, BLSDC Panama Canal Dance Cruise on Cunard Queen Elizabeth, Los Angeles, Puerto Vallarta, Nicaragua, Costa Rica, Curacao, Grand Cayman, New York, www.blstdc.com, 215.855.2711 (see ad)

Mar. 13, Wed. - Argentine Tango Workshop w/ Carlos Perez & Rosa Forte, sponsored by Argen Tango Dancers @ Dance Time of NJ, Marlton, NJ, www.argen-tango.com, 856.751.2770, 856.577.6145 (see ad)

Mar. 15, Fri. - Big Band Society Dinner Dance, Cavaliers Country Club, Newark, DE, resv. 302.239.5159

Mar. 16, Sat. - Argentine Tango Workshops w/ Carlos Perez & Rosa Forte, sponsored by Argen Tango Dancers @ Dance Time of NJ, Marlton, NJ, www.argen-tango.com, 856.751.2770 (see ad)

Mar. 16, Sat. - Baltimore Dancesport Challenge, Westin Baltimore Washington Airport Hotel, Linthicum Heights, MD, www.baltimoredancechallenge.com, 240.535.2669

Mar. 16, Sat. - DuPont Country Club Dance, Wilmington, DE, resv. By 3/14, 302.421.1747

Mar. 16, Sat. - Take the Lead Dance Studio Showcases & Dinner Dance, Cavaliers Country Club, Newark, DE, www.takeleaddancestudio.com

Mar. 17, Sun. - Spring Fling NJ Dancesport Classic, Hackensack, NJ, www.njdancesportclassic.com

Mar. 17, Sun. - Argentine Tango Workshops w/ Carlos Perez & Rosa Forte, sponsored by Argen Tango Dancers @ Dance Time of NJ, Marlton, NJ, www.argen-tango.com, 856.751.2770, 856.577.6145 (see ad)

Mar. 18, Mon. - Dancing with the Stars Season 16 Premiere, ABC Television Network, 8-10 PM, www.beta.abc.go.com/shows/dancingwiththestars.com/

Mar. 18, Mon. - Argentine Tango Workshops w/ Carlos Perez & Rosa Forte, Argen Tango Dancers @Atrium Dance Studio, Pennsauken, NJ, www.argen-tango.com, 856.751.2770 (see ad)

Mar. 20, Wed. - Argentine Tango Workshops w/ Carlos Perez & Rosa Forte, sponsored by Argen Tango Dancers @ Dance Time of NJ, Marlton, NJ, www.argen-tango.com, 856.751.2770 (see ad)

Mar. 21-24, Thur.-Sun. - Tri-State Challenge Dancesport Championships, Stamford Marriott Hotel, Stamford, CT, www.tristatechallenge.com, 772.468.2900

Mar. 23, Sat. - Estilo Dance Studio 15th Annual Spring Student Performances, Stardust Ballroom, Bellmawr, NJ, www.estilodancestudio.com

Apr. 4, Thur. - WDSF Adjudicators' Congress, J.W. Marriott, Los Angeles, CA, pre-registration required, www.usadance.org

Apr. 5, Fri. - Dance Haddonfield 13th Anniversary Party, Holiday Inn, Cherry Hill, NJ, www.dancehaddonfield.org, 856.667.8443

Apr. 5-7, Fri.-Sun. - USA Dance National DanceSport Championships, JW Marriott @ LA Live, Los Angeles, CA, www.usadancenationals.org

Apr. 6, Sat. - Cha Cha Technique Workshop w/Lana Rossi, 2nd floor, Impact Zone Studio, North Penn YMCA, Lansdale, PA, www.blstdc.com, 215.855.2711 (see ad)

Apr. 11-14, Thur.-Sun. - International Hustle & Salsa Competition, Marriott World Center Resort, Orlando, FL, www.hustleandsalsa.com

Apr. 11-14, Thur.-Sun. - Philadelphia Festival & Atlantic Coast Dancesport Championships, Airport Marriott, Philadelphia, PA, www.philadelphiafestival.info

Apr. 12-14, Fri.-Sun. - Stardust Dance Weekend w/Stardust's Got Talent (4/13), Honor's Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800.537.2797 (see ad)

Apr. 13, Sat. - Rythmic Society Couples Dinner Dance, formal, Indian Valley Country Club, Harleysville, PA, tgulla@verizon.net

Apr. 27, Sat. - Estilo Dance Studio Anniversary Party, Polish Home, Philadelphia, PA, www.estilodancestudio.com

Apr. 27, Sat. - Waltz Technique Workshops w/Pose Lines w/Rita Gekhman, Impact Zone Studio, North Penn YMCA, Lansdale, PA, www.blstdc.com, 215.855.2711 (see ad)

Apr. 27, Sat. - West Coast Swing & Hustle Workshops w/ Hazel & Tybaldt Ulrich, Fearless Fire Company Starlight Ballroom, Allentown, PA.

Apr. 30, Tue. - Hooked on Dancing Fundraiser for Sponsor Seniors, 7-12 PM, hustle & salsa lessons with Donna Boyle and Andre Phelps followed by dancing, tax-deductable, Adelphia Restaurant, Depford, NJ, www.hookedondancing.com, 215-834-0715

May 4, Sat. - Bolero Technique Workshop w/Lana Rossi, Impact Zone Studio, North Penn YMCA, Lansdale, PA, www.blstdc.com, 215.855.2711 (see ad)

May 4, Sat. - 30th Annual Viennese Strauss Ball, Glen Echo Park, Glen Echo, MD, www.waltztimedances.org

May 11, Sat. - Waltz Technique Workshops w/Pose Lines w/Rita Gekhman, Impact Zone Studio, North Penn YMCA, Lansdale, PA, www.blstdc.com, 215.855.2711 (see ad)

May 16-19, Thur.-Sun. - American Star Ball Championships, Golden Nugget, Atlantic City, NJ, www.americanstarball.com, 215.805.2213 (see ad)

May 23-31, Blackpool Dance Festival, Winter Gardens, Blackpool, UK, www.blackpooldancefestival.com

Jun. 1-15 - Scandinavia, St. Petersburg & more Post-Blackpool Dance Festival Cruise on Cunard's Queen Victoria, www.blstdc.com, 215.855.2711 (see ad)

(Continued on page 17)



Carlos Perez & Rosa Forte Coming to Marlton and Pennsauken, NJ

Argentine Tango Master Instructors & Coaches have been dancing for over 50 years and have trained six of the seven past World Tango Champions in the Tango Salon Category
Carlos & Rosa teach Villa Urquiza style tango classes in the famed Club Sunderland, in Buenos Aires. This is their first of a six city tour and their **First USA Tango Tour**. Their tour includes New Jersey, Pennsylvania & California. Argen-Tango™ is proud and honored to have them at **Dance Time of New Jersey and the Atrium Dance Studio**. They have taught in Europe, Asia, and South America and are sought out by professionals and non-professionals around the globe. There are only a few of these icons left in the Tango world, today.

March 13-21, 2013 Villa-Urquiza Intensive Seminar Schedule

Wednesday, March 13: 8:00-9:00pm Cadence & Musicality

Saturday, March 16: 1:00-2:30pm Finding comfort in the embrace and elegance in the walk

3:00-4:30pm Ignite your dancing with Carlos & Rosa's favorite figures of the 50's

Sunday, March 17: 3:30-4:55pm Advanced Development for couples-expand your knowledge of Tango

5:00-6:30pm Advanced Awakenings and Development for couples-awareness

throughout the dance

Monday, March 18: 8:00-9:30pm Villa Urquiza Tango Salon, smooth, clean unforgettable movements

Wednesday, March 20: 8:00-9:30pm Int. The essence of tango technique for turns and low sacadas

See website <http://www.argen-tango.com/store/> for bios, pricing, registration and additional information. Contact Vittoria or Guillermo at (856)751-2770 or (856)577-6145 or tangodancers@comcast.net

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Peter can be reached at
175 N. Lansdowne, Ave.
Lansdowne, PA 19050
(610) 622-0683
peter.kadel@rcn.com

**LADIES' LATIN FORMATION
TEAM W/ LANA ROSSI**

**LADIES ONLY FORMATION TEAM
with Lana Rossi**

Five weeks
March 7 - April 4
6:30-7:55 PM
Cost \$130 per person
10% off if paid by 2/28/13

4th week (3/28/13) will be a
1-hour practice only w/o Lana

Location:
North Penn YMCA
Room 8
608 E. Main Street
Lansdale, PA 19446



A registration form can be found at www.blstdc.com or
call 215-855-2711
to register with a credit card.

**For more information call 215-855-2711
or email info@blstdc.com
www.blstdc.com**

SOCIAL DANCE PARTIES

Join us *every Friday* and *first and third Sundays* for
social ballroom, Latin, & swing dance parties that
are also a great place to practice.

EVERY FRIDAY NIGHT

(exc. 3/29)

7:30 - 9:45 PM; \$10 PP

Instructor assisted dance parties

No wallflowers

A great place to meet people!



FIRST AND THIRD SUNDAYS

BLSDC hosts *Larry & Claudia Silverman* and the
GUYS & DOLLS BALLROOM DANCE CLUB

1:30 - 2:15 PM Beginner Lesson

2:15 - 4:30 PM Social Dancing

\$12 includes the lesson and dance

All dance parties are in the **Impact
Zone Studio** on the second floor of
the Wellness Center

at the North Penn YMCA,
608 E. Main St., Lansdale, PA
215-855-2711; www.blstdc.com



**HUSTLE AND WEST COAST
SWING W/DONNA BOYLE**

**INTERMEDIATE/
ADVANCED
HUSTLE WORKSHOP**

SUNDAY

March 24

1:30-3:00 PM

\$20 per person by 3/17/13
\$22 in advance; \$28 at the door



**BEGINNER/INTERMEDIATE HUSTLE
AND WEST COAST SWING**

5-week series starts Sunday, April 21

11 AM WEST COAST SWING

Noon - HUSTLE

\$50 by April 14 or \$55 for all five weeks
\$14 per class as a walk-in

Location: North Penn YMCA
Room 8
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Lansdale, PA 19446

A registration form can be found at www.blstdc.com or
call 215-855-2711 to register with a credit card.

Social Dancing in PA and NJ !

The Monday Blues Jazz Orchestra is proud to announce that due to the tremendous success of our monthly public dances in NJ, we will be expanding to Philadelphia PA in 2013 !

\$15 Per Person

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ALL STYLES

Great Food

WOOD Dance
Floor

Open To The
Public



4 hours of
dancing

23 piece big band
with vocalists -
unlike any band
you have seen

Large ballroom

Family Friendly

All Skill Levels
welcome !

In NJ:

The German-American Society of Trenton, NJ 215 Uncle Pete's Road Trenton, NJ 08620

Sunday's from 3 -7 PM : **1/27, 2/24, 3/24, 4/28, 5/19, 6/30, 7/28, 8/25, 9/22, 10/20, and 11/17**

\$15 per person (cash only as the club does not accept credit cards), food and refreshments are available at an extra (extremely reasonable) charge. www.gakclub.org

For reservations, call Dennis or JoAnn Lawrence at: 856-764-3106

In PA:

Cannstatter Volksfest Verein, 9130 Academy Road Philadelphia, PA 19114

Sunday's from 3-7 PM: **2/3, 5/5, 6/9** - stay tuned for more dates !

\$15 per person (cash at the door, cash or credit card for food and drinks), food and refreshments are available at an extra (extremely reasonable) charge. www.cvvphilly.com

Visit us at: www.mondaybluesjazz.com to see an up-to-date listing of all performances. Join our mailing list to receive periodic e-mail notifications of upcoming performances and band news.

*Outside food and beverages not permitted at these venues

www.mondaybluesjazz.com

609-910-3434

info@mondaybluesjazz.com

SPECIAL EVENTS & UPCOMING COMPETITIONS (continued from page 13)

Jun. 7, Fri. - Stardust Ballroom Showcase, Stardust Ballroom, Bellmawr, NJ, www.stardustbellmaur.com

Jun. 7-10, Fri.-Sun. - Disco America Dance Championships, Clarion Hotel & Conference Center, Essington, PA, www.discoamerica.com, 301.946.2080

Jun. 16-21, Sun.-Fri. - Dance Camp Las Vegas, Las Vegas, NV, www.masterydancecamps.com, 800.851.2813

June 20-23, Thur.-Sun. - Liberty Swing Dance Championships, Hyatt Regency, New Brunswick, NJ, www.libertyswing.com

Jun. 21-23, Fri.-Sun. - Stardust Dance Weekend, Honor's Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800.537.2797 (see ad)

Jul. 21-28 - NYC Tango Festival & Original USA Tango Champ., NY, NY, www.celebratetango.com, 212.725.1078

Aug. 10, Sat. - Three Rivers Ballroom Dance Challenge, Syria Shrine, Cheswick, PA, www.pittsburghdancesport.com

Aug. 18-Sep. 2, Sun.-Mon. - 16-Day China & Tibet Tour with 6-day Yangtze Cruise on Viking's Emerald w/opt. Hong Kong Extension, see the Nov./Dec. 2011 issue of *Dance Spotlight* for a report on last year's trip, www.blscd.com, 215.855.2711 (see ad)

Sep. 20-22, Fri.-Sun. - Stardust Dance Weekend, Honor's Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800.537.2797 (see ad)

Oct. 6-13, Sun.-Sun - Bermuda Dance Cruise w/Travel Leaders/International Sun Travel, terriyynn@intltsun.webmail.co, 863.533.0511 (see ad)

Oct. 23-Nov. 6, Mon.-Wed. - Grand European Cruise from Amsterdam to Budapest, 15 days through Holland, Germany, Austria, Slovakia, & Hungary on Viking's Odin, pre-/post-extensions optional for Amsterdam, Budapest or Prague, www.blscd.com, 215.855.2711 (see ad)

Nov. 22-24, Fri.-Sun. - Stardust Dance Weekend, Honor's Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800.537.2797 (see ad)

Jan.-Apr., 2014 - Cunard World Cruises on the Queen Mary, Queen Elizabeth or Queen Victoria, some options already wait-listed, www.blscd.com, 215.855.2711 (see ad)

Jan. 10-24, 2014 - Cruise Fort Lauderdale to Rio de Janeiro on Cunard's Queen Victoria, www.blscd.com, 215.855.2711 (see ad)

Jan. 24-Feb. 9, 2014- Cruise Rio de Janeiro, Brazil to Valparaiso, Chile on Cunard's Queen Victoria with stops in Montevideo & Buenos Aires & around Cape Horn, www.blscd.com, 215.855.2711 (see ad)

Apr. 5-Apr. 19, 2014 - Cruise Singapore to Dubai on Cunard's Queen Elizabeth, with stops in Malaysia, Sri Lanka, India, & United Arab Emirates, part of the world tour - will sell out early, www.blscd.com, 215.855.2711 (see ad)

Listings are included here free of charge, space allowing. Preference is given to our advertisers and events that we assess to be of interest to dancers in the tri-state area surrounding Philadelphia. Send event and contact info to dancespotlight@blscd.com.

BITS AND PIECES

of News of Potential Interest to Delaware Valley Dancers

- The **USA Dance 2013 National DanceSport Championships** will include, for the first time, a **Salsa National Championship** and the winners will represent the USA at the upcoming **World Games** in Cali, Colombia, South America. The USA is one of only 24 countries invited to participate by the International Olympic Committee.
- In 2014, the **USA Dance National Championships** will return to Baltimore, MD.
- The **WDSF** is holding an **Adjudicator's Congress** in Los Angeles on April 4, the day before the USA Dance National Championships begin. Pre-registration required. See www.usadance.org.
- Jennifer Lawrence, from the *Silver Linings Playbook* movie which was filmed in Philadelphia and features several ballroom scenes with local dancers, won the Oscar for best actress.
- **Lydia Scardina, President of USA Dance**, has announced that USA Dance will sponsor a DanceSport training camp for Junior II and Youth World Team members on May 22-26, 2013 at the **U.S. Olympic Training Center** in Lake Placid, NY.
- **Ernest Borel**, the famous Swiss match manufacturer is returning to the US and in February, 2013, announced its national brand alliance and sponsorship agreement with **USA Dance, Inc.**, the National Governing Body for DanceSport in the US.
- **Dance Haddonfield** is running a contest for **non-profit organizations** that send people to its Sunday night dances. It is giving out ten cash prizes up to \$2000 to the non-profit that sends the most people by July 31, 2013. See www.dancehaddonfield.org for more information.
- **Universal Ballroom Center** in Collingswood, NJ, is looking for couples willing to participate in its outreach program to bring the joy of dancing to local senior residences, assisted living facilities, and nursing homes. Contact **Sandra Fortuna** for more information.
- Our condolences to Andre Phelps and the family of Carole Ann Phelps of Upper Darby, PA. Carole, age 56, died on Saturday, January 12 at Taylor Hospital. She will be missed on the dance floor and in the dance community. Contributions in her memory can be made to the National Ovarian Cancer Coalition, 2501 Oak Lawn Ave., Suite 735, Dallas, TX 75219.
- We wish **Tish Sweeney** a speedy recover from knee surgery and hope to see her dancing at full speed soon.
- **Ilya and Amanda Reysin** are now the organizers of the **American Star Ball** competition. See ad on page 6.
- **Christy Kam** has joined the staff at the Ballroom, Latin, & Swing Dance Center. See ad on page 18.

**The Ballroom, Latin & Swing Dance Center
is pleased to announce the staff addition of**

CHRISTY KAM

**one of the most popular, capable, and versatile teachers in the
Delaware Valley for group classes and private lessons in Lansdale**



Among many titles, Christy was the 2008 9-Dance Champion in American style Rhythm and Smooth (rumba, cha cha, mambo, bolero, swing, waltz, foxtrot, tango, and Viennese waltz). She went on to qualify for the world salsa championships and has traveled the US teaching salsa and bachata congresses. In 2010, she added country, hustle, and west coast swing to the dances in which she competes and performs. In 2011, she won the professional 3-dance championship at Disco America, placed second in the professional triple threat competition and 3rd in the hustle competition at the International Hustle and Salsa Championships. BLSDC is very happy to add Christy to our staff.

THURSDAYS, MAY 2 TO JUNE 20

Eight-Week Series of Group Classes

6:30-7:10 PM Beg./Int. Country Two Step

7:15-7:55 PM Beg./Int. Bachata

8:00-8:40 PM Beg./Int. American Tango

8:45-9:25 PM Beg./Int. Line Dancing

\$104 for the eight-week series; \$16 per class as a walk-in
10% off if pre-paid by April 25

Private lessons available for \$75 for 45 minutes.

Location: Room 8 at the North Penn YMCA,
608 E. Main St., Lansdale, PA 10446

Get a registration form at www.blstdc.com and mail with payment, email info@blstdc.com, or call 215-855-2711 to register with a credit card or to schedule a private lesson.

KADEL'S KORNER



Editor's note: Peter Kadel teaches international style ballroom at various locations in the Delaware Valley. He is a highly commended Fellow of the Imperial Society of Teachers of Dancing (ISTD). He lives in Lansdowne, PA with his wife, Carol, and son, Andreas.

KEEPING AN OPEN MIND ABOUT THE CLOSED TELEMAR

The value of the Closed Telemark is that it can be danced in all three moving dances: foxtrot, quickstep, and waltz, whereas the more preferred Double Reverse Spin can only be danced in the latter two dances. Furthermore, while the Double Reverse Spin can only be followed by another (or by any other form of) Reverse Turn, the Closed Telemark can be followed by any of the many Natural Turns in the quickstep and waltz. It offers, also, many interesting follows in the foxtrot. (See below)

The **Closed Telemark** consists of four steps with a 3/4 turn to the left, overall. The man will face DC.

1. Left foot forward, commence turning left
2. Right foot to the side, almost backing the LOD, man swaying to the left
3. Left foot to the side and slightly forward, pointing DW
4. Right foot forward in CBMP, outside your partner's feet, facing DW

This 4th step of the Closed Telemark will be the first step of what will follow:

The **lady's Closed Telemark** consists of the following four steps.

1. She will back DC to dance a Heel Turn on right foot, turning to the left, for 3/8 turn to face the LOD
2. Continue to turn on toe of left foot on 2 to back DW
3. Step 3 will be to the side and slightly back on the right foot
4. Step 4 is left foot back, still backing DW

FOXTROT

Follow with the Feather Step or with the Change of Direction, or Hover Telemark or by making the lady do a heel turn follow with any of the Natural turns listed in Alex Moore's book, *Ballroom Dancing*.

QUICKSTEP AND WALTZ

Follow with any natural turn, including the Natural Turn, Natural Spin Turn, and the Natural Twist Turn.

Abbreviations: DC=diagonal center; LOD=line of dance; DW=diagonal wall, CBMP=contra body movement position.



Dance Haddonfield

USA Dance Delaware Valley Chapter 3012

Dance Every Sunday

**FUN PEOPLE, GREAT DANCING
THE FRIENDLIEST DANCE IN TOWN**

at Grace Church

19 E. Kings Highway East, Haddonfield, NJ 08033

Check out our intermediate classes from 6-7 PM

Christy Kam (Foxtrot, Feb. 17-Mar. 24)

Gene LaPierre (Bolero, Mar. 31-May 5)

BEGINNER BASIC SCHEDULE 7-8 PM

3/3 Bolero, 3/10 East Coast Swing, 3/17 Rumba,
3/24 Waltz; 4/7 Night Club Two Step,
4/14 Country Two Step, 4/21 Cha Cha, 4/28 Salsa

Dancing until 10:30 PM; Door Prizes Every Week

\$12 admission; USA Dance members pay only \$10
(Extra charge for 6 to 7 PM intermediate lesson)

Absolutely no jeans or shorts; Singles & couples welcome

**For more info visit www.dancehaddonfield.org or
call (856) 429.9154 or email terrie43@aol.com**

Dance Spotlight Advertising Rates

Full Page Ad (7.5 wide x 10 high) \$150
Half Page (Inside) \$ 90

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Vertical (3.7 wide x 9.5 high)

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Business Card (2 wide x 3.5 high) \$ 35

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Discounts for multiple pre-paid ads

(In the same or different issues)

2 ads - 5%; 3 ads - 10%; 6 ads - 15%

Please include payment with copy and send to: Vivian Beiswenger, Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454. Make checks payable to BLSDC. 10% late fee applies for payments not received within 1 week after copy deadline. Additional fees for ads that are not camera ready may apply. 20% discount for non-profit organizations.

The deadline for each issue is usually the 20th of even months (e.g., April 20 for the May/June issue, which will be available to readers about May 1).

**For more information, call (215) 855-2711,
email: dancespotlight@blsdc.com,
or fax (215) 855-3482.**

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Diane J. Weinberg, Associate Editor

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FIRST CLASS MAIL

ABOUT THE DELAWARE VALLEY DANCE SPOTLIGHT

The Delaware Valley Dance Spotlight is a publication of the Ballroom, Latin, and Swing Dance Center (BLSDC). It is distributed on our website (www.blsdc.com or www.DancingAtTheYMCA.com) **free of charge** with notification of each issue's availability to all dancers on our email list (**there is no charge to be on our mailing list**). Published every two months, our goal is to provide the most current and complete information available at the time of publication about ballroom, Latin, swing, and hustle/disco dance and special events for the tri-state area surrounding Philadelphia, PA.

Check out our **centerfold calendar of places to dance in the Delaware Valley**. Listed on these pages are **vendors who provide discounts to USA Dance or BLSDC members**. On the page preceding the calendar, you can find **contact information for each of these dance locations**. We also list **special events**, such as **dinner dances, dance weekends, dance competitions, dance cruises, and special workshops with visiting masters** on our *Special Events* page(s). *Organizers of these events are not charged for listings* in order to make them as complete as possible for you, our readers. In fact, unlike many other dance listings, with the assistance of Diane Weinberg, we spend a considerable amount of time in collecting information and contacting organizers to make sure that the information that we provide is as accurate and complete as possible at the time of publication. We also provide **articles of interest** and a free voice for the **Delaware Valley Chapter of USA Dance**.

We encourage recipients to forward this information to others who might be interested and/or to post it on their websites unedited. Excerpts may be reprinted as long as credit is given to *The Delaware Valley Dance Spotlight*, including the issue months and year and a reference to our website (www.DancingAtTheYMCA.com) to get the complete publication. Exceptions, reprints of articles, or more information can be requested through the Editor, Vivian Beiswenger, at dancespotlight@blsdc.com or at 255 Hawthorne Circle, North Wales, PA 19454, or by calling 215-855-2711.

We invite submissions for publication, but reserve the right to edit the final documents for size, content, or interest to our readers. **Note: We do not sell or re-distribute our mailing list to anyone.** To receive or access your free copy of *Dance Spotlight*, click on the mailing list option on www.DancingAtTheYMCA.com, or send your email address to dancespotlight@blsdc.com, requesting to be added to our mailing list and/or our deadline notification list.

If you wish to receive a black and white paper copy of the *Dance Spotlight* mailed to you, please send a check or money order for \$40 payable to BLSDC to Vivian Beiswenger, *Dance Spotlight* Editor, 255 Hawthorne Circle, North Wales, PA 19454 along with your name, address, phone number(s), and email address(s).