1,231 of the best amateur competitors from 35 states plus Washington, DC were in Baltimore, MD for the weekend of March 30-April 1 to compete in the 32nd USA Dance National DanceSport Championships. This is the most important amateur competition of the year because it determined who will represent the United States at the WDSF World Championships and crowned the USA Dance National Champions in every style of dance for all age groups. The top adult Latin and standard couples will also represent the USA at the WDSF World Cup Championships. 372 competitors danced at the championship level for these honors. Because this was the first year that all competitors must have qualified in the top 75% for their age group and event(s) at one of 11 national qualifying events (NQE) run in the past year, the organizing committee expected a drop in participation. Instead, this was a record year, with almost a 12% increase over last year.

Over $100,000 was awarded throughout that weekend in scholarships and travel subsidies to world events. This does not include scholarships from qualifying events, local chapters, or the additional $20,000-$40,000 that may be awarded in 2012 by USA Dance corporate sponsors.

On Friday night, Delaware Valley’s own Aubree Marchione performed a show with her wheelchair partner, Nick Scott. Aubree and Nick are the #1 wheelchair dance couple in the country and were the first couple to represent the United States in a World Paralympic Wheelchair DanceSport Championship. They received a standing ovation.

Dancing with the Stars judge Carrie Ann Inaba was there as an honorary judge and presented the prestigious USA Dance Star Quality Awards - the third year that these awards have been offered. Beginning this year, Carrie Ann joins USA Dance as its official Celebrity Ambassador.

USA Dance has a new sponsor for Nationals and the Star Quality Awards: Ernest Borel, a Swiss watch manufacturer returning to the United States in Chelmsford, Massachusetts.

A list of results can be found on www.o2cm.com. Many Delaware Valley couples participated.

There were social dances on Friday and Saturday nights and workshops on both days, including social dance workshops and a wheelchair dancing workshop with Aubree and Nick.

The first meeting of the Facebook Ballroom Parents Group was held. This group will act as an advisory group to USA Dance for our young dancers and their parents.

On Sunday, there was an 8:30 AM USA Dance General Membership Meeting led by President Lydia Scardina. Attendees met several members of the Executive Committee who gave an update.

Lydia announced that there are currently 170 chapters and, as of January, 2012, they are all on AccessDance.com. Jerry Bonner, Director of Member Services, later announced that there were 20,868 members of whom 6,215 were athletes and 245 were professionals. Jerry commented that the number of athletes is

(Continued on Page 15)
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Dates (All Sundays): June 24, July 29, Aug 26, Oct 14, Nov 18
3pm-7pm

Monday Blues Jazz Orchestra www.mondaybluesjazz.com 609-910-8484 info@mondaybluesjazz.com
Lyme disease is the most common and fastest-growing vector-borne disease in the US. People of all ages are vulnerable to Lyme disease, but most at risk include gardeners, golfers, hikers, pet owners, and just about anyone who enjoys the outdoors.

This much-misdiagnosed disease has been found to mimic the symptoms of as many as 350 other diseases and is an epidemic in every state. Lyme is caused by a spirochete, a corkscrew-shaped bacterium named Borrelia burgdorferi (Bb). Much like the syphilis spirochete, which, last century, mimicked hundreds of diseases, Lyme is now causing the same kind of havoc without the same simple cure.

Lyme can’t be cured with a dose of penicillin. The spirochetes of Lyme can worm their way into muscles, tendons, and practically every organ in the body. They can avoid detection by your immune system because they can change their shape. Most antibiotics work by destroying the cell wall of bacteria. Bb can exist without the cell wall, which makes most antibiotics useless.

Lyme was first identified in 1975, when ticks (Ixodes) were thought to be the only carrier and a “bulls-eye rash” necessary for its identification. Now it has been shown that this only occurs in one-fifth to one-half of cases and ticks are not the only carriers. Live spirochetes of Lyme have been found in fleas, mites, and mosquitoes. Live spirochetes have also been found in blood, urine, tears, semen, breast milk, cord blood, and vaginal secretions.

Doctors who specialize in treating the disease are convinced it can be passed from one infected person to another by several means, including repeated sexual contact and through the placenta in the womb. Given how similar it is to syphilis, this makes sense.

That Lyme can mimic so many problems was discovered when doctors watched “incurable” diseases disappear miraculously after treating their patients for Lyme. Some of the diseases that Lyme mimics are Lou Gehrig’s Disease (ALS), Parkinson’s, Alzheimer’s, multiple sclerosis, Bell’s palsy, chronic fatigue syndrome, peripheral neuropathy, fibromyalgia, schizophrenia, irritable bowel syndrome, coronary artery disease, heart failure, heart palpitations, attention deficit disorder, chronic pain syndromes, sleep apnea, mitral valve prolapse, endometriosis, polycystic ovary syndrome, Menieres disease, esophageal reflux, gallbladder inflammation, and various autoimmune diseases such as rheumatoid arthritis, Sjogren’s syndrome, lupus, and scleroderma.

The standard blood tests recommended to diagnose Lyme are also in question. The ELISA test and the most widely used Western Blot provide many false negatives. Many doctors unfamiliar with Lyme don’t realize that, if the patient has been taking steroids, antibiotics, or anti-inflammatory meds - even over the counter drugs such as ibuprofen - the Western Blot can provide false negatives. If you read my recent article, “The Bio-electromagnetic You,” you may remember that there is a way of using your body’s neuromuscular response to find out if something is affecting you adversely. With one case in my office, I had found the Lyme’s spirochete reactive to bi-digital o-ring test, but tested negative on both of the usual tests. The patient had a symptom picture indicative of Lyme. I recommended that his medical doctor order the more accurate Lyme tests offered by IGeneX Labs (www.igenex.com) and that did show a positive result.

Since, like syphilis, Lyme can lie dormant for many years after initial infection and wreak havoc when your immune system is challenged by other stressors such as traumas, emotional stress, or other infections, it’s worth checking if intractable symptoms appear without clear diagnoses. Most common are migrating joint pains and inflammation anywhere in the body.

Most recently, I had a patient in my office with neck pain radiating down her arm so severe that she was unable to work. After many medical interventions, including rheumatologists and many steroid and other drugs, she was finally left with surgery as her only option. Since her diagnostic tests were not conclusive, she decided to see me for a conservative option before she took that irreversible step. As I do routinely with patients with this presentation, I checked her for her body’s reaction to the Lyme spirochete and, sure enough, she showed positive. The holistic approach includes supporting her immune system with an herb called cat’s claw, a homeopathic remedy specific to Lyme, and diet changes to support sugar balance to keep her strong. In about two weeks after implementing this protocol and including Total Body Modification (www.TBMseminars.com), she was back to work and nearly resolved. The recommendation on the cat’s claw is 8-18 months of continuous use to ensure that the Bb does not go dormant and recur.

If you spend time in wooded areas, use a DEET-insect repellent such as Shoo-Bug on your clothes. Check for ticks after your hike, but keep in mind that ticks carrying Lyme can be as small as the point of a pencil and very hard to find. If you find a tick, remove it with tweezers by grasping the jaw area and pulling it straight out. Place the tick in a sandwich bag. Generally, the tick needs to be attached for 12 or more hours before it can pass on the infection, so removing the tick as soon as possible and treating the skin around the bite with alcohol can prevent infection. Some practitioners do not believe in that 12-hour window, but it’s worth implementing the precaution just in case.

There are several medical doctors in our area that specialize in treating Lyme disease. If you are more comfortable with the medical antibiotic approach, they can be found in Lyme-specific websites, such as American Lyme Disease Foundation, www.lymediseaseassociation.org or www.aldf.com.org. If you are baffled with health concerns for which you have only been able to treat by covering symptoms with drugs, it is well worth the effort to rule out the possibility of Lyme disease.
No classes Memorial Weekend. No classes for Vivian Beiswenger June 3-7. Sunday classes and their teachers will decide whether or not they want to hold classes on Mother’s Day, Father’s Day, and Fourth of July weekend. No classes July 4, Independence Day.

Locations: NP YMCA, 608 E. Main St., Lansdale, PA; La Crest Health Center, 624 E. Main St., Lansdale, PA; IV YMCA, 890 Maple Ave, Harleysville, PA; Admin. Offices & Beiswenger Studio, 255 Hawthorne Circle, North Wales, PA

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<th>STARTS</th>
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<th>CLASS</th>
<th>LOCATION/TEACHER</th>
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Starliters Dance Studio: Achieving the Right Movement, Right Down to the Bone

By Renata Maslowski

All people, dancers or not, move; how well they move varies greatly. Diane Jarmolow, world-renowned dance instructor, examiner, and author of “Move Like a Champion,” believes that we can improve our movements with a fundamental understanding of the body, how it moves and how to apply a series of visually persuasive exercises to enhance our dance movement. Always looking for ways to challenge and improve his dance students, Brian L. Wells, owner of Starliters Dance Studio, invited Diane to conduct her program for the first time on the east coast.

Diane is the founder and Director of Jarmolos’s Ballroom Dance Teachers College (BDTC) and a Dance Vision International Association (DVIDA) Examiner. The “Move Like a Champions” workshop, co-developed by Diane and DVIDA (see www.movelikeachampion.com), offered 15 dancers a better understanding of how the skeletal and muscular systems work to make them move better. Diane brought along her “special” model, Anatoly, to demonstrate how great movement comes right down to the bone. The entertaining program, held on March 31 and April 1 at Core Fitness Center in Wilmington, DE, was voted a success by dancers from DE, PA, NY and VA.

Dancing involves motion, stillness, balance, strength, timing and grace. As renowned dance photographer Camilla Jessel stated: “The trained dancer must not only have grace and elegance, but also the leap of an Olympic hurdler, the balance of a tight-rope walker and panther-like strength and agility.” Dancers who want to improve technique need helpful resources that they can practice alone, with their instructors, or in a group. During the 14-hour workshop, Diane demonstrated 64 memorable exercises for every part of the body and provided guides on how these exercises can resolve a dance movement challenge. The dancers were shown how to apply the tips to the sway movement of waltz, hip action of Latin dances, lengthening stride, and proper turning techniques that support the frame of leaders and followers.

“The tips and technique will carry everyone who attended to the next level of dance. I look forward to hosting another visit from her in the future,” Brian commented at the end of the successful weekend workshop. With Diane and her trusty companion, Anatoly, the dancers agreed that they look better, felt better, and left as better dancers than they were when they came — right down to the bone!

About the Author: Renata J. Maslowski is a News Journal blogger and writes on topics of local entertainment, health, and wellness. Check out her articles and join her on Twitter and LinkedIn.

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IN MEMORIAM
JOSEPH CHIAROLANZA

8/18/1925 - 5/3/2012
By Faryl Codispoti

It is with great sadness that I must inform you of the passing of one of our favorite dancers. Joe was not just a great dancer, but he was full of life, a fun guy to be around, an inspiration to all us young folks and a member of our dance family. I'll never forget the first time I met Joe and his partner, Rose. It was at the Sunnybrook Ballroom back before it closed in 2002. Joe and Rose impressed me as young dancers; those old cats even joined us for breakfast after the dance that night! I'll never forget how happy I was, the second time I ran into them. It was at our beloved Ballroom On High. When they walked through the doors, I said something like, "I was hoping you two would find me here!" They were regulars with us at The Ballroom On High until Rose started having some fainting spells. Half a year later, Joe became ill. Joe will be greatly missed by all of us. If you never met him, I wish you could have.

Joe, 86, was from Eagleville, born in Philadelphia and formerly of Germantown. He is survived by his loving companion of 26 years, Rose Carfagno. Joe worked as a cement mason for over 50 years and was a dedicated member of the Cement Masons Union Local No. 592. He was a longtime member of St. Francis of Assisi Church, Norristown. Joseph's greatest passion, however, was ballroom dancing. In addition to his companion, Joseph is survived by three children; 13 grandchildren; and 14 beloved great-grandchildren. Joe was preceded in death by his wife, Rosalie (Wilenchik) Chiarolanza, who died in 1985, and a son, George S. Chiarolanza, who died in 1993. He was also preceded in death by three brothers, Manuel, John, and Paul Chiarolanza. Joseph's Funeral Mass was celebrated Wednesday, May 9, at St. Stanislaus Catholic Church, Lansdale.

Donations may be made in Joseph's memory to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105. Photo courtesy of Faryl Codispoti.
Congratulations to Lana Roosiparg and her partner, Jan Paulovich, for winning a featured dance spot in the upcoming movie “The Silver Linings Playbook” starring Bradley Cooper, Robert DeNiro, Julia Stiles, and Jennifer Lawrence. The movie will be released on Nov. 21, 2012 for Thanksgiving.

PRIVATE LESSONS; GROUP CLASSES; TECHNIQUE WORKSHOPS; SHOWS
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TUESDAY GROUP CLASSES
NEW 8-WEEK SERIES STARTS MAY 22:
6:30-7:10 PM INTERMEDIATE/ADV. AMER. RUMBA
7:15-7:55 PM INTERMEDIATE/ADV. INT’L CHA CHA
8:00-8:40 PM INTERMED./ADVANCED SAMBA

Limited to 16 dancers - Register Early
$104 for 8-week series; $16 per class as walk-in
Deduct 10% if registered one week in advance
Classes in session pro-rated for remaining weeks
Limited private lessons available at $85 for 45 minutes

Location: North Penn YMCA
608 E. Main St., Lansdale, PA 19446

Don’t see the class you want? Call us. We will add a class whenever we have six or more people interested in the same class at the same time, providing we have a teacher and room available.

SATURDAY TECHNIQUE WORKSHOPS
2-3:30 PM will cover basic technique for all levels except brand new dancers. You do not need to know the dance, but should not be a new dancer. 4-5:30 PM will assume some knowledge of the dance (except for Paso Doble), as more advanced figures may be covered.

2-5:30 PM with 1/2 hour break at 3:30 PM

JUNE 9 - AMERICAN RUMBA
Limited to 20 Dancers - Register Early
$50 for 3 hrs. in advance; $56 at the door (if not sold out)
$25 for 1.5 hr. in advance; $28 at the door (if not sold out)

Limited private lessons available at $85 for 45 minutes

Location: LaCrest Health Center
624 E. Main St., Lansdale, PA 19446

Call 215-855-2711 or email info@blsdc.com for more information or to schedule private lessons.
Get a registration form at www.DancingAtTheYMCA.com. Mail in with payment.
Delaware Valley Dance Organizer Contact Information

Argen-Tango Dancers, Marlton, NJ, www.elbesitomilonga.com, 856-751-2770
Argentine Tango School, Philadelphia, PA, www.philadelphiaargentinoschool.com
Avalon Community Center, Avalon, NJ, 609-967-3066
Bill Sapp, Hockessin, DE, www.bs-bd.com, 302-897-5228
BlueBallRoom, Wilmington, DE, www.blueballroom.net, 302-290-2583
Broomall Ballroom w/Roberto, Broomall, PA, www.broomalballroom.com, 610-459-3564
Carousel Ballroom, West Chester, PA, www.carouselballet.com, 610-701-0600
Central Jersey Dance Society, Princeton, NJ, www-centraljerseydance.org, 609-945-1883
Coastline, Cherry Hill, NJ, 856-795-1773
Dance Nights, Wallingford, PA, 610-644-0828
DanceSport Academy, Ardmore, PA, www.dancesportspa.com, 610-642-2525
Delaware Valley Swing Club, Collingswood, NJ, www.delval.wordpress.com, 856-858-6753
Dupont Country Club, Wilmington, DE, 302-421-1747
Flaco’s Dance Factory/Painted Bride Art Center, maestroflaco@gmail.com
Guys & Dolls Ballroom Dance Club, Newtown, PA, guysanddolls@comcast.net, 267-364-5819
Kimberton Dance Society, Kimberton, PA, 610-935-2721
Lindy and Blues, Philadelphia, PA, www.lindyandblues.com
Living in Rhythm, Phila., PA, www.livinginrhythm-intl.com
Lynne Stevens, Lansdale, PA, lasdance13@comcast.net
Maria Aldrete & Steve Mason, Pennsauken, NJ, tengotango@verizon.net, 610-246-2043
Medalist DC, Bellmawr, NJ, miloshevv@aol.com, 856-905-6189
Michael’s Café, Bensalem, PA, 215-633-7171
Parx Casino Club 360, www.parxcasino.com, 888-588-PARX
Peppermint Dance Club, various Delaware Valley locations, www.peppermintdancelab.com, 610-558-4556
Rob Baen & Sheila Purkey, www.robandsheladance.com, 856-517-0793
Salsa in the Suburbs, Upper Darby, PA, 610-800-8182, www.salsainthesuburbs.com
Sangha Space, Media, PA, www.sanghaspace.com, 610-565-0300
Stardust Ballroom, Bellmawr, NJ, www.stardustbellmawr.com, 856-931-4000
Sweeney’s, Bala Cynwyd, PA, 610-896-5221, www.home.comcast.net/-sweeneydance
Tango Café, Philadelphia, PA, davidwalterp@verizon.net, 215-629-2344
### WEDNESDAYS (continued)

- **MIXX BAR & RESTAURANT**
  7:30-11 PM Latin Lesson & Dance
- **PHILADELPHIA ARGENTINE TANGO SCHOOL**
  7:30 PM-12:30 AM Arg. Tango Lesson & Practica

### THURSDAYS

**AD**: 6:30-9:30 PM INTERNATIONAL WALTZ AND FOXTROT CLASSES; three weeks starting Thursday, May 17 at the LaCrest Health Center in Lansdale. 215-855-2711

- **BRASIL’S w/La Luna & Estilo Dance Studios**
  9 PM-2 AM Salsa Lesson & Dance 1st Thur.
- **DANCE TIME OF NJ**
  9-10:30 PM Beginners’ Dance
- **LINDY AND BLUES @ Univ. City Arts League**
  8-11 PM Lindy/Balboa Lessons & Dance
- **LYNNE STEVENS @ 3rd & Walnut Banquet Hall**
  8:30-11 PM CA Mix Lesson & Dance
- **MASTERJAY MOVES DANCE STUDIO**
  9 PM-2 AM Latin Lesson & Dance
- **PARK CASINO CLUB 360**
  9:15 PM-1 AM Latin Dance
- **PEPPERMINT DANCE CLUB @ Ch. on the Mall**
  7:15-11 PM Latin Lesson & Dance

### FRIDAYS (continued)

- **AMERICAN BALLROOM COMPANY**
  8-11 PM Practice Party
- **ATRIUM DANCE STUDIO**
  8 PM-1 AM Hustle & WCS Lessons & Dance w/Brian Gallagher 2nd Fri.
- **BALLROOM, LATIN & SWING DANCE CENTER @ LaCrest Health Center**
  7:30-9:45 PM Practice Party (see ad)
- **BLUE MOON DANCESPORT**
  7-10 PM Dance 5/4, 5/11, 5/25
- **BRASIL’S w/La Luna Dance Studio**
  9 PM-1:30 AM Salsa Lesson & Dance
- **CENTRAL JERSEY DANCE SOCIETY**
  7:11-30 PM Swing/Lindy Lesson & Dance 5/18
- **DANCESPORT ACADEMY**
  9:15-11:30 PM Lesson & Dance 1st Fri.
- **DONNA BOYLE**
  8 PM Lesson & CA Mix Dance @ Ft. Wash. Holiday Inn 1st Fri.

### TUESDAYS

- **ADELPHIA RESTAURANT**
  8 PM Hustle Dance
- **DANCE NIGHTS**
  8-11 PM Lesson & Dance
- **DANCE TIME OF NJ**
  9-10:30 PM Dance
- **DANCERS UNLIMITED**
  7:30-11 PM Lesson & Dance
- **LESLEY MITCHELL & KELLY RAY**
  8:30-11 PM Argentine Tango Practica
- **LINDY AND BLUES @ Ethical Society**
  8 PM-12 AM Lindy/Blues Lesson & Dance
- **LIVING IN RHYTHM @ Reef Rest. & Lounge**
  9 PM-2 AM Salsa Lesson & Latin Dance
- **PEPPERMINT DANCE CLUB @ Prospector’s**
  7:10-7:30 PM Lesson & Dance
- **SOCIETY HILL DANCE ACADEMY Manayunk**
  8:15-10 PM Beginner Dance

### WEDNESDAYS

- **AMERICAN BALLROOM COMPANY**
  7-9 PM Newcomers’ Lesson & Dance
- **ARGEN-TANGO DANCERS**
  9-11 PM Argentine Tango Practica
- **ATRIUM DANCE STUDIO**
  8 PM-1 AM Latin Lesson & Dance
- **BRASIL’S w/La Luna Dance Studio**
  9 PM-2 AM Salsa Lesson & Dance
- **FIESTA BALLROOM DANCE CLUB**
  8-11 PM Lesson & Dance
- **MICHAEL’S CAFÉ**
  8:30 PM-12:30 AM Hustle Lesson & Dance
- **MILKBODY PHILADELPHIA**
  8:30 PM-1 AM Latin Dance & Lesson

### SOCIETY HILL DANCE ACADEMY

8:15-10 PM Beginner Dance

### CONTACT INFORMATION FOR EVENTS

Contact information for events listed here is on the previous page.

**MONDAYS**

- **LINDY AND BLUES @ The Adrienne**
  8:30-12 AM Blues Lesson & Dance
- **MASTERJAY MOVES DANCE STUDIO @ Vango Skye Bar & NC**
  8 PM-2 AM Salsa Lesson & Dance
- **PRINCETON TANGO CLUB**
  10:30 PM-12 AM Argentine Tango Practica
- **ROB BAEN & SHEILA PURKEY @ Dance Time of NJ**
  9-11 PM West Coast Swing Dance

### CONTACT INFORMATION FOR EVENTS

Contact information for events listed here is on the previous page.

**TUESDAYS**

- **AIDELPHIA RESTAURANT**
  8 PM Hustle Dance
- **DANCE NIGHTS**
  8-11 PM Lesson & Dance
- **DANCE TIME OF NJ**
  9-10:30 PM Dance
- **DANCERS UNLIMITED**
  7:30-11 PM Lesson & Dance
- **LESLEY MITCHELL & KELLY RAY**
  8:30-11 PM Argentine Tango Practica
- **LINDY AND BLUES @ Ethical Society**
  8 PM-12 AM Lindy/Blues Lesson & Dance
- **LIVING IN RHYTHM @ Reef Rest. & Lounge**
  9 PM-2 AM Salsa Lesson & Latin Dance
- **PEPPERMINT DANCE CLUB @ Prospector’s**
  7:10-7:30 PM Lesson & Dance
- **SOCIETY HILL DANCE ACADEMY Manayunk**
  8:15-10 PM Beginner Dance

### WEDNESDAYS

- **AMERICAN BALLROOM COMPANY**
  7-9 PM Newcomers’ Lesson & Dance
- **ARGENTANO TANGO DANCERS**
  9-11 PM Argentine Tango Practica
- **ATRIUM DANCE STUDIO**
  8 PM-1 AM Latin Lesson & Dance
- **BRASIL’S w/La Luna Dance Studio**
  9 PM-2 AM Salsa Lesson & Dance
- **FIESTA BALLROOM DANCE CLUB**
  8-11 PM Lesson & Dance
- **MICHAEL’S CAFÉ**
  8:30 PM-12:30 AM Hustle Lesson & Dance
- **MILKBODY PHILADELPHIA**
  8:30 PM-1 AM Latin Dance & Lesson

### FRIDAYS

- **DUPONT COUNTRY CLUB**
  8-11 PM Dance 6/29 (reservations required)
- **FLACO’S DANCE FACTORY @ Painted Bride Art Center**
  7PM-12:30 AM Salsa Dance w/live music 6/1
- **LA LUNA DANCE STUDIO**
  8 PM-2 AM Salsa Lesson & Dance 2nd, 4th Fri.
- **LESLEY MITCHELL & KELLY RAY**
  8:30-2 AM Arg. Tango Lessons & Milonga
- **PEPPERMINT DANCE CLUB @ Ch. on the Mall**
  6:45 PM-12 AM CA Mix Lesson & Dance exc. 1st Fri.
- **ROB BAEN & SHEILA PURKEY @ Dance Time of NJ**
  8 PM-12 AM CA Mix Dance 1st, 3rd Fri.
  8 PM-12 AM WCS Lesson & Dance 2nd, 4th Fri.
- **SOCIETY HILL DANCE ACADEMY Center City**
  8:30-10 PM Dance
- **STARDUST BALLROOM**
  7:30 PM Lesson & Dance exc. 3rd Fri.
  8 PM-1 AM CA Mix w/Donna Boyle 3rd Fri.
- **SWEENEYS @ Cynwyd Club**
  7:30-10 PM Lesson & Dance 5/11, 6/1, 6/15
- **SWING KAT ENTERTAINMENT**
  8 PM-12 AM WCS Lesson & CA Mix 1st Fri.
  8-11:30 PM Swing Lesson & Dance 2nd, 4th, 5th Fri.
  8 PM-Late Salsa Lesson & Dance 3rd Fri.
- **TAKE THE LEAD DANCE STUDIO**
  8-11:30 PM Latin Lesson & Dance 2nd Fri.
- **THE STUDIO AT TAKE THE LEAD ON PINE**
  8 PM-1 AM Salsa Lesson & Dance 2nd, 4th Fri.
- **TOP HAT DANCE STUDIO**
  8 PM Lesson & Dance 6/22

### SATURDAYS

- **ARGEN-TANGO DANCERS**
  9 PM-12:30 AM Lesson & Milonga 3rd Sat.
- **ATRIUM DANCE STUDIO**
  9 PM-2:30 AM Salsa Lesson & Latin Dance 1st, 3rd, 5th Sat.
- **BELLA ROSA BALLROOM**
  8-11 PM Couples’ Dance 5/12, 6/23
- **BLUEBALLROOM**
  8-11:30 PM Dance 5/19, 6/23
- **BLUE MOON DANCESPORT**
  8-10 PM Dance
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<th>SATURDAYS (continued)</th>
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<td>BRASIL’S w/Estilo Dance Studio</td>
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<td>SWING KAT ENTERTAINMENT</td>
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<td>9 PM-2 AM Salsa Lesson &amp; Dance</td>
<td>7:30-10:30 PM Couples’ Dance 2nd Sat.</td>
<td>7-10 PM Lesson &amp; Dance exc. 4th Sun.</td>
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<tr>
<td>BROOMALL BALLROOM</td>
<td>TAKE THE LEAD DANCE STUDIO</td>
<td>7-10 AM A. Tango Lesson &amp; Milonga 4th Sun.</td>
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<tr>
<td>8:30-11:30 PM Couples’ Dance 5, 6/16</td>
<td>8-11:30 PM Lesson &amp; Dance</td>
<td>TANGO CAFÉ @ Society Hill Dance Acad.</td>
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<tr>
<td>CAROUSEL BALLROOM</td>
<td>UNIVERSAL DANCE CENTER</td>
<td>3:30-7 PM Milonga 4th Sun.</td>
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<td>8-11 PM Lesson &amp; Dance</td>
<td>8-10:30 PM Dance See website</td>
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<tr>
<td>CENTRAL JERSEY DANCE SOCIETY</td>
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<td>7-11:30 PM Latin Lesson &amp; Dance 1st Sat.</td>
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<td>7-11:30 PM Lesson &amp; Dance 6/9</td>
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<td>7-11:30 PM CA Mix Lesson &amp; Dance 4th Sat.</td>
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<td>DANCES BY DIANE (ALCAYAVE)</td>
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<td>8-11 PM Lesson &amp; Dance See website</td>
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<td>DELAWARE VALLEY SWING CLUB</td>
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<td>7 PM-12:30 AM WCS/Shag Lesson &amp; Dance 3rd Sat.</td>
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<td>DUPONT COUNTRY CLUB</td>
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<td>5-9:30 PM Dance 5/12 (reservations required)</td>
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<td>GUYS &amp; DOLLS BALLROOM DANCE CLUB</td>
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<td>7:30-10:30 PM Lesson &amp; Dance 2nd, 4th Sat.</td>
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<td>JOY OF TANGO Milonga La Pausa</td>
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<td>9 PM-1 AM Milonga 1st Sat.</td>
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<td>KIMBERTON ARTS BLDG.</td>
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<td>7:30-10:30 PM Lesson &amp; Dance Call for dates</td>
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<td>PEPPERMINT DANCE CLUB @ Ch. on the Mall</td>
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<td>7:15 PM-12 AM Lessons &amp; Dance</td>
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<td>PHILA. ARGENTINE TANGO SCHOOL</td>
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<td>9 PM-2 AM Milonga 4th, 5th Sat.</td>
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<td>PHILA. SWING DANCE SOCIETY</td>
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<td>7 PM-12 AM Swing Lessons &amp; Dance 6/9, 6/23</td>
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<td>ROB BAEN &amp; SHEILA PURKEY @ Sangha Space</td>
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<td>8 PM-12 AM CA Mix Lesson &amp; Dance 4th Sat.</td>
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<td>SALSA IN THE SUBURBS @ Generations Restaurant</td>
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<td>8 PM-12 AM Salsa Dancing 6/2</td>
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<td>SANGHA SPACE</td>
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<td>9 PM-Late Argentine Tango Lesson &amp; Milonga 2nd Sat.</td>
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<td>STARDUST BALLROOM</td>
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<td>9 PM-2 AM Salsa Dance 2nd, 4th Sat.</td>
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<td>STARLITERS @ Take the Lead DS</td>
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<td>8-11:30 PM Lesson &amp; Dance 526, 6/23</td>
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<td>ATRIUM DANCE STUDIO</td>
<td>BALLROOM, LATIN &amp; SWING DANCE CENTER @ LaCrest Health Center</td>
<td>SWING KAT ENTERTAINMENT</td>
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<td>3-7 PM Dance</td>
<td>1:30-3:30 PM Practice Party (see ad)</td>
<td>7-10 PM Lesson &amp; Dance exc. 4th Sun.</td>
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<td>7-10 AM A. Tango Lesson &amp; Milonga 4th Sun.</td>
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<td>TANGO CAFÉ @ Society Hill Dance Acad.</td>
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<td>3:30-7 PM Milonga 4th Sun.</td>
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**FREE ADVERTISING**

If you run a dance that is open to the public, you can be listed here for free. Email your event information to dancespotlight@blsdc.com or send it to Vivian Beiswenger, Delaware Valley Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454 or call 215-855-2711. We reserve the right to limit inclusion due to space and time constraints. Preference will be given to advertisers and submissions received before the deadline.

Thanks to our advertisers for making this publication available free to everyone (online at www.blsdc.com) and at minimal cost for paper copies.

**Next Deadline: June 20**

Did you know that most of the Dance Spotlight advertisers, advertise year round and have been doing so for years. It must be working for them. Reach over 2800 dance households (mostly in the PA, NJ, DE area) for pennies each. See advertising rates on page 19.

Looking for a partner, trying to sell a costume, need a roommate? Try our personal ads.
Cruising and Dancing with the
Ballroom, Latin, and Swing Dance Center

Please join Vivian Beiswenger and dancers from around the country on one of our luxury cruises on the most famous ocean liners in the world and the number one river cruise line. We have chosen Cunard Cruise Line for our ocean cruises because, in our experience, it offers the best amenities for ballroom dancers: real ballrooms with the largest dance floors at sea, high quality dance teachers, male dance hosts on every cruise, and real ballroom, Latin, and swing dance bands and DJ’s. We chose Viking River Cruises because of the Viking way of first class luxury river cruising.

Our travel club rarely goes to the same place twice. Rather than visit the Caribbean over and over again, our goal is to see the world by dancing from location to location in luxury. Cruises marked with *** are official escorted dance cruises, but all Cunard cruises will have the usual ballroom dance amenities.

Viking cruises will provide first rate opportunities for luxury river cruising where larger ships can’t go. These smaller ships sell-out early, so book your 2013 cruise today with a $500 per person deposit. $100 per person cancellation penalty.

Here are our best choices for 2012/2013


***October 23, 2013 GRAND EUROPEAN TOUR: 15 magical days along the Rhine, Main, and Danube Rivers from Amsterdam to Budapest on Viking River Cruises “Odin” including Holland, Germany, Austria, Slovakia, and Hungary. This is Viking’s most popular itinerary and will sell out soon. Book today!

***Mar. 12, 2013 PANAMA CANAL DISCOVERY: 18-night LA to NY on Cunard’s Queen Elizabeth through the Panama Canal with stops in Puerto Vallarta, San Juan Del Sur (Nicaragua), Puntarenas (Costa Rica), Curacao, Grand Cayman, and Fort Lauderdale

***July 1, 2012 & 2013 FOURTH OF JULY GETAWAY: 5-night round-trip New York on Cunard’s Queen Mary 2, with stops in Halifax and Boston (overnight for the 4th of July).


***November 29, 2012 MEDITERRANEAN MOMENTS: 10-night Rome to London on Cunard’s Queen Elizabeth, starting in Southampton with stops in Florence/Pisa, Monte Carlo, Barcelona, Palma, and Seville.

***December 22, 2012 CHRISTMAS & NYE CARIBBEAN FIESTA: 12-night round-trip NY on Cunard’s Queen Mary 2 includes St. Thomas, Dominica, St. Lucia, Barbados, & St. Kitts.

January-April, 2013 WORLD AND EXOTIC CRUISES: on one of Cunard’s Queens, including 120-day round-trip NY (or 106-day round-trip London), 12-day Sidney to Sidney, 20-day Hong Kong to Dubai (including Singapore and India), and 36-day Pearls of the Pacific. Call for more options.

June 1-15, 2013 (to coincide with the end of the Blackpool Festival) Scandinavia, St. Petersburg, Estonia, and Germany: on Cunard’s Queen Victoria round-trip Southampton, 14-night canal city adventure.


While we have great group rates, regional promotions and past passenger discounts, as well as occasional flash sales, may get you an even better deal. When calling, supply all passengers names, World Club ID (if you have one), and your city of departure, as well as your preferred cabin type: inside, outside, balcony, or suite. Don’t forget contact info. We’ll help you to find a cabin mate. We currently have several men and women looking for a cabin mate on one or more of these cruises.

**CALL FOR CRUISE SALE DATES!**

Visit our website at www.DancingAtTheYMCA.com
SPECIAL EVENTS & UPCOMING COMPETITIONS


May 12, Sat. - Int./Adv. Tango Technique Workshop with Rita Gekhman, championship adjudicator, LaCrest Health Center, Lansdale, PA, 2-5:30 pm, $89 or $45 for first half; www.blisd.com, 215-530-3482 (see ad)


May 19, Sat. - Blue Moon DanceSport Spring Fling Dinner Dance, Exton East Shopping Center, Exton, PA, RSVP by 5/15, www.bluemoondancesport.com

May 19, Sat. - Fundraiser for USA Dance Chapter 3012, Universal Dance Center, Collingswood, NJ, www.dancehaddonfield.org

May 22, Tues. - Livestrong Fundraiser, hosted by Core Fitness and Starlilters Dance Studio, Timothy’s on the Waterfront, starliltersdance@gmail.com.


Jun. 2, Sat. - Dancing Classrooms 5th Annual Colors of the Rainbow Team Match, Temple University Performing Arts Center, Philadelphia, PA, free and open to the public.


June 3-8, Sun.-Fri. - Dance Vision Dance Camp Las Vegas, Paris Hotel & Casino, Las Vegas, NV, www.masterycamps.com, 800-851-2813 (see ad)

Jun. 3-10 - Dancing with the Stars Mexican Riviera Cruise w/Karina Smirnoff, Carnival “Splendor,” www.cruisingwiththestars.net

Jun 8-10, Fri.-Sun. - Disco America, Ramada Philadelphia Airport, Essington, PA, competitions, workshops, dinner dance and show, www.discoamerica.com


Jun. 9, Sat. - Int./Adv. American Rumba Technique Workshop w/Lana Rossiparg, former North American Champion, LaCrest Health Center, 624 E. Main St., Lansdale, PA, 2-5:30 pm, $56 or $28 for half; www.blisd.com, 215-530-3482 (see ad)


Jun. 15, Fri. - Big Band Dinner Dance w/Serenaders Orchestra, Cavaliers Country Club, Newark, DE, RSVP: 302-239-5159

Jun 16, Sat. - Int./Adv. Quickstep Technique Workshop w/Rita Gekhman, championship adjudicator, LaCrest Health Center, Lansdale, PA, 2-5:30 pm, $89 or $45 for first half; www.blisd.com, 215-530-3482 (see ad)


Jul. 4, Wed. - BLSDC Annual Pool & Patio Dance Pot Luck Picnic, Beiswengers, North Wales, PA, www.blisd.com, RSVP 215-855-2711 or info@blisd.com


Jul. 22-29, Sun.-Sun. - 12th NYC Tango Festival, 6th USA Tango Championship, 7th USA Tango Film Festival, www.celebratetangoweenyc.com, 212-725-1078 (see ad)

Aug. 4, Sat. - Three Rivers Ballroom Dance Challenge, Cheswick, PA, forteproductions@gmail.com, 412-656-3667


Nov. 16-18, Fri.-Sun. - Stardust Dance Weekend, Honor’s Haven Resort & Spa, Ellenville, NY, www.stardustdance.com, 800-537-2797 (see ad)


Feb. 16-17, Sat.-Sun. - Mid-Atlantic Championships, qualifying event for USA Dance Nationals, Bethesda North Marriott, Bethesda, MD, www.usadancencdc.org

Mar. 3-10, Sun.-Sun. - Stardust Cruise VIII, Royal Caribbean Adventure of the Seas, www.stardustdance.com, 800-537-2797 (see ad)


Apr. 5-7, Fri.-Sun. - USA Dance National DanceSport Championships, JW Marriott @ LA Live, Los Angeles, CA, www.usadancenationals.org


Listings are included here free of charge, space allowing. Preference is given to our advertisers and events that we assess to be of interest to dancers in the tri-state area surrounding Philadelphia. Send event and contact info to dancespotlight@blisd.com.
Stardust Dance
(90th Weekend Getaway)

Friday, June 8th to Sunday, June 10th, 2012
at the Elegant

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RESORT & SPA ELLENVILLE, NY 12428

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RATES INCLUDE:
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$375.00 pp

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September 14-16, 2012 • November 16-18, 2012

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Email to: info@stardustdance.com www.stardustdance.com

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Stardust Cruise VIII
March 3-10, 2013

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DANCEVISION
The personal proposal to restrict their members from participating in the events of the others. The people in the top positions in the WDSF have an opposing proposal to require WDSF members (e.g., USA Dance) to enforce the suspensions/bans within their own country. The nine-country proposal (listed inaccurately as a USA proposal in the WDSF June meeting agenda) asks for the opposite - that each country’s national governing body (e.g., USA Dance) have control over suspensions relative to domestic events.

For more information about USA Dance, visit www.usadance.org or call its main office at 800-447-9047.

For more information about the WDSF, go to www.worlddancesport.org. To see the proposed rules changes, click on “About WDSF,” then on the “Meeting Calendar,” “June 2012,” and, finally, the Berlin meeting. The agenda and the proposals are then available online.

Relative to the international bans, there is a lot of discussion happening on the Facebook site, “Freedom to Dance.”

I hope that the competitors, adjudicators, coaches, and organizations (such as USA Dance and the other eight WDSF member organizations who signed the motion to change the WDSF Rulebook) can use their voices and their votes (in whatever dance organizations to which they belong) to influence the few people at the top of these world organizations who are causing great damage to the sport by (to quote the nine-country motion) “overshadowing much of the progress and good work accomplished, consuming untold dollars and precious hours from everyone in the (WDSF), redirecting the growth of the Member Bodies, and hindering the growth of the Member Bodies, pulling (them) from the purpose stated (in the WDSF) statutes (#5) - to ensure the improvement and popularization of DanceSport.”
**ADVANCED BEGINNER BALLROOM & SWING DANCE CLASSES AT THE INDIAN VALLEY YMCA**  
890 Maple Ave., Harleysville, PA

**Sundays starting July 8 for eight weeks 5:15-6:40 PM**
Learn the basics of ballroom and swing dancing

$156 per person for eight weeks. Deduct 10% if pre-paid one week in advance. Refer a friend and get a $10 credit for each new student who registers.

To register, complete a registration form (available at the YMCA in the BLSDC brochure or at www.blsdc.com) and mail with payment as noted on the form.

For more information: call 215-855-2711 or 215-530-3482 or email info@blsdc.com or

**BALLROOM, LATIN, & SWING SOCIAL AND PRACTICE DANCE PARTIES**

**SOCIAL DANCE PARTIES EVERY FRIDAY NIGHT SINGLES AND COUPLES**

Instructor assisted dance party. At our Friday socials, we get you dancing even before you’ve had your first lesson! Expect a great mix of ballroom, Latin, swing, and hustle music!

7:30 - 9:45 PM (except holidays)
No partner needed! Have fun!
Get fit! Reduce Stress!

**MOST SUNDAY AFTERNOONS STRICTLY PRACTICE (call 215-855-2711)**
1:30-3:30 PM A few dances will be chosen for practice from those requested by attendees and the host at the LACREST HEALTH CENTER
Third Floor
624 E. Main St. (Route 63)
Lansdale, PA
$10 Per Person; Pay Party Host

For more information or to get on our mailing list for updates, call (215) 855-2711, email info@blsdc.com, or visit www.DancingAtTheYMCA.com

**STANDARD/SMOOTH CHAMPIONSHIP TECHNIQUE WORKSHOPS**

with 2007 North American Standard Champion: RITA GEKHMAN

**SATURDAYS:**

**JUNE 16 - QUICKSTEP**

2-5:30 PM with 1/2 hour break at 3:30 PM

Location: LaCrest Health Center, 624 E. Main St., Lansdale, PA

Limited to 20 Dancers - Register Early
$80 in advance; $89 at the door (if not sold out)
$40 for 1/2 session; $45 at the door (if not sold out)
Limited private lessons available at $130 for 45 minutes

Send checks payable to BLSDC to Vivian Beiswenger, 255 Hawthorne Circle, North Wales, PA 19454


**LATIN AND RHYTHM INTERMEDIATE TO ADVANCED TECHNIQUE WORKSHOPS**

with 2010 North American Latin Champion LANA ROOSIPARG

**SATURDAYS:**

**JUNE 9 - AM. RUMBA**

2-5:30 PM with 1/2 hour break at 3:30 PM

Location: LaCrest Health Center, 624 E. Main St., Lansdale, PA

Limited to 20 Dancers - Register Early
$50 in advance; $56 at the door (if not sold out)
$25 for 1/2 session in advance; $28 at the door (if not sold out)
Limited private lessons available at $85 for 55 minutes

Send checks payable to BLSDC to Vivian Beiswenger, 255 Hawthorne Circle, North Wales, PA 19454

Lana also teaches intermediate/advanced Latin classes every Tuesday night. See page 8 for schedule, location, and pricing.

<table>
<thead>
<tr>
<th>BEGINNER CLASSES STARTING SOON</th>
<th>INTERMEDIATE/ADVANCED CLASSES STARTING SOON</th>
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</thead>
<tbody>
<tr>
<td><strong>Starting May 30</strong></td>
<td><strong>Starting May 17</strong></td>
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<tr>
<td><strong>Intro to Club Dancing</strong></td>
<td><strong>Bronze International Waltz</strong></td>
</tr>
<tr>
<td>Wednesday Nights 7:15-8:40 PM</td>
<td>Thursday Nights 6:30-7:55 PM</td>
</tr>
<tr>
<td>$98 for 5 weeks</td>
<td>$59 per person for 3 weeks</td>
</tr>
<tr>
<td><strong>Beginner Hustle/Disco</strong></td>
<td><strong>Bronze International Foxtrot</strong></td>
</tr>
<tr>
<td>Wednesday Nights 7:15-7:55 PM</td>
<td>Thursday Nights 8:00-9:25 PM</td>
</tr>
<tr>
<td>$55 for 5 weeks</td>
<td>$59 per person for 3 weeks</td>
</tr>
<tr>
<td><strong>Beginner West Coast Swing</strong></td>
<td></td>
</tr>
<tr>
<td>Wednesday Nights 8:00-8:40 PM</td>
<td></td>
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<tr>
<td>$55 for 5 weeks</td>
<td></td>
</tr>
<tr>
<td><strong>Starting July 11</strong></td>
<td><strong>Starting May 22</strong></td>
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<tr>
<td><strong>Beginner Ballroom (Waltz &amp; Foxtrot)</strong></td>
<td>Tuesday Nights 6:30-7:10 PM</td>
</tr>
<tr>
<td>Wednesday Nights 7:15-8:40 PM</td>
<td>$104 per person for 8 weeks</td>
</tr>
<tr>
<td>$136 for 7 weeks</td>
<td><strong>Inter./Adv. Int’l Cha Cha</strong></td>
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<tr>
<td><strong>Beginner Waltz</strong></td>
<td>Tuesday Nights 7:15-7:55 PM</td>
</tr>
<tr>
<td>Wednesday Nights 7:15-7:55 PM</td>
<td>$104 per person for 8 weeks</td>
</tr>
<tr>
<td>$77 per 7 weeks</td>
<td><strong>Intermediate/Adv. Samba</strong></td>
</tr>
<tr>
<td><strong>Beginner Foxtrot</strong></td>
<td>Tuesday Nights 8:00-8:40 PM</td>
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<tr>
<td><strong>Starting July 18</strong></td>
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<tr>
<td><strong>Beginner Swing/Jitterbug</strong></td>
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<tr>
<td>Wednesday Nights 6:30-7:10 PM</td>
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<tr>
<td>$66 for 6 weeks</td>
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</tbody>
</table>

Register 1 week in advance and deduct 10% from price of any class. Get a registration form at www.blsdc.com

215-855-2711 or email info@blsdc.com
www.DancingAtTheYMCA.com
Congratulations to Daniel McGee and Ginny Carey, who became the two-time World Hustle Champions in April.

Congratulations to Dancing Classrooms Philly, who will be hosting their Fifth Annual Color of the Rainbow Team Match for Philadelphia fifth graders at 1 PM on Saturday, June 2 at Temple University Performing Arts Center. The event is free and open to the public.

Brian Wells’ Starliters Dance Studio and Core Fitness are once again sponsoring a fundraiser for Livestrong, the Lance Armstrong Foundation, on May 22. See our special events page for more information.

Vivian Beiswenger and BLSDC are sponsoring a post-Blackpool Dance Festival 2013 cruise on Cunard’s Queen Victoria to the Baltics. See enclosed ad.

Sandra Fortuna and Universal Dance Center are hosting a fundraiser dance for USA Dance Chapter 3012 on Saturday, May 19 at Universal Dance Studio in Collingswood, NJ.

Parents and coaches may be interested in the new Ballroom Dance Parents group on Facebook. See www.facebook.com/groups/ballroomdanceparents.

LATIN AND RHYTHM INTERMEDIATE TO ADVANCED TECHNIQUE WORKSHOPS
with 2010 North American Latin Champion
LANA ROOSIPARG

Saturdays:
JUNE 9 - AM. RUMBA
2-5:30 PM
with 1/2 hour break at 3:30 PM
Location: LaCrest Health Center, 624 E. Main St., Lansdale, PA

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255 Hawthorne Circle, North Wales, PA 19454

BEGINNER BALLROOM & SWING CLASSES
with Greg Collings
with the Ballroom, Latin & Swing Dance Center

See page 17 for summer class schedule
At the North Penn YMCA, 608 E. Main St., Lansdale, PA
215-855-2711 or www.blsdc.com

BITS AND PIECES
of News of Potential Interest to Delaware Valley Dancers

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ARIZONIAN INDEPENDENT CONSCIENT
Pure, Safe, Beneficial
Anti-aging | Skin, Body & Hair Care | Cosmetics
Health & Wellness | Detox
Gluten Free & Vegan Certified
Rebecca Hobbs, 10433463,
www.rebeccahobbs.arizonian.com 610-322-2017
Trainer for Professional Degree Exams
For the Imperial Society (ISTD)

Peter Kadel
Trainer
Highly Commended Fellow
Imperial Society of Teachers of Dancing

Peter has decades of experience in successfully training professional candidates for ISTD certification.

Peter will be teaching international standard dance classes at the Atrium Ballroom for five weeks starting July 1 from 3-4 pm followed by Atrium’s usual dance.

175 N. Lansdowne, Ave.
Lansdowne, PA 19050
(610) 622-0683
peter.kadel@rcn.com

Dance Spotlight Advertising Rates

Full Page Ad (7.5 wide x 10 high) $150
Half Page (Inside) $ 90
  Horizontal (7.5 wide x 4.5 high)
  Vertical (3.7 wide x 9.5 high)
Half Page Inside Cover (horizontal) $115
Quarter Page (3.5 wide x 4.5 high) $ 55
Banner Ad (7.5 wide x 2 high) $ 50
Business Card Ad (3.5 wide x 2 high) $ 30
Business Card (2 wide x 3.5 high) $ 35
Personal Ad (3.5 wide x 1 high) $ 20

Discounts for multiple pre-paid ads
(In the same or different issues)
  2 ads - 5%; 3 ads - 10%; 6 ads - 15%

Please include payment with copy and send to: Vivian Beiswenger, Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454. Make checks payable to BLSDC. 10% late fee applies for payments not received within 1 week after copy deadline. Additional fees for ads that are not camera ready may apply. 20% discount for non-profit organizations.

The deadline for each issue is usually the 20th of even months (e.g. June 20 for the July/August issue which will be available to readers by July 1st).

For more information, call (215) 855-2711, email: dancespotlight@blsdc.com, or fax (215) 855-3482.
ABOUT THE DELAWARE VALLEY DANCE SPOTLIGHT

The Delaware Valley Dance Spotlight is a publication of the Ballroom, Latin, and Swing Dance Center (BLSDC). It is distributed on our website (www.blsdc.com or www.DancingAtTheYMCA.com) free of charge with notification of each issue’s availability to all dancers on our email list (there is no charge to be on our mailing list). Published every two months, our goal is to provide the most current and complete information available at the time of publication about ballroom, Latin, swing, and hustle/disco dance and special events for the tri-state area surrounding Philadelphia, PA.

Check out our centerfold calendar of places to dance in the Delaware Valley. Listed on these pages are vendors who provide discounts to USA Dance or BLSDC members. On the page preceding the calendar, you can find contact information for each of these dance locations. We also list special events, such as dinner dances, dance weekends, dance competitions, dance cruises, and special workshops with visiting masters on our Special Events page(s). Organizers of these events are not charged for listings in order to make them as complete as possible for you, our readers. In fact, unlike many other dance listings, with the assistance of Diane Weinberg, we spend a considerable amount of time in collecting information and contacting organizers to make sure that the information that we provide is as accurate and complete as possible at the time of publication. We also provide articles of interest and a free voice for the Delaware Valley Chapter of USA Dance.

We encourage recipients to forward this information to others who might be interested and/or to post it on their websites unedited. Excerpts may be reprinted as long as credit is given to The Delaware Valley Dance Spotlight, including the issue months and year and a reference to our website (www.DancingAtTheYMCA.com) to get the complete publication. Exceptions, reprints of articles, or more information can be requested through the Editor, Vivian Beiswenger, at dancespotlight@blsdc.com or at 255 Hawthorne Circle, North Wales, PA 19454, or by calling 215-855-2711.

We invite submissions for publication, but reserve the right to edit the final documents for size, content, or interest to our readers. Note: We do not sell or re-distribute our mailing list to anyone. To receive or access your free copy of Dance Spotlight, click on the mailing list option on www.DancingAtTheYMCA.com, or send your email address to dancespotlight@blsdc.com, requesting to be added to our mailing list and/or our deadline notification list.

If you wish to receive a black and white paper copy of the Dance Spotlight mailed to you, please send a check or money order for $40 payable to BLSDC to Vivian Beiswenger, Dance Spotlight Editor, 255 Hawthorne Circle, North Wales, PA 19454 along with your name, address, phone number(s), and email address(s).